

NASA Indiana Regional 2025 Results

PL	Weight Class (lb)	Lifter Name	St.	Sex	Coef	B.W.T	TL Coef	Meet	Bench	Power
	198.25	Bobby Mathis		m	0.9	195.4	1.5485		m2	
	308	Roy Johnson		m	0.9	300	1.3558		m3	
	242.5	Shawn Avery		m	0.9	228	0.5004			m1
					0.9					
					0.9					
	123.5	Lynn Flamino		f	0.9	122	2.7241			
	148.75	Anita Upchurch		f	0.9	148	3.7203			
	148.75	Anita Upchurch		f	0.9	148	3.7203			
	148.75	Deb Taylor		F	0.9	135.8	2.703			
	165	Rhonda Mann		f	0.9	161	2.8653			
	165	Rhonda Mann		f	0.9	161	2.8653			
	181	Christy Hook		f	0.9	171.6	3.2375			
	181	Vodkay Ward		f	0.9	176.4	2.7276			
	198.25	Bobby Mathis		m	0.9	195.4	5.4071			
	198.25	Carmen Piercy		f	0.9	197.7	2.0323			
	198.25	Erin Cooper		f	0.9	198	3.4322			
	198.25	Lydia Hughes		f	0.9	189.1	1.7575			
	220.5	Chuck Benkendorf		m	0.9	213	2.3288			
242+		Ashleigh Hendry		f	0.9	275	2.0383			
242+		Eva Marr		f	0.9	275	1.9661			
					0.9					
	132.25	Shelly Wieske		f	0.9	128	2.9452	wm3		
	198.25	Ginny Boling		f	0.9	192	2.7644	wnovice		
	220.25	Michelle Rawlins		f	0.9	213	1.4904	wm2		
	198.25	Lydia Hughes		f	0.9	189.1	1.8624			wm2
	275.5	Adam Whitney		m	0.9	267	2.2294			m2
	275.5	Chad Renbarger		m	0.9	247.3	2.1061			m1
	148.75	Amber Myers		f	0.9	144	1.0679			
	165	Rhonda Mann		f	0.9	161	2.1259			
	165	Susan Tooley		F	0.9	157.1	0.5683			
	198.25	Bobby Mathis		m	0.9	195.4	3.5286			
	198.25	Erin Cooper		f	0.9	198	2.2798			
	220.5	Chuck Benkendorf		m	0.9	213	1.7466			
	242.5	Vickie Bushard		F	0.9	221	0.7631			
	275.5	Chad Renbarger		m	0.9	247.3	2.6276			

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Uequip	PP U	PP	P Press	Tl. Lbs.	PC-1	PC-2	PC-3	Best PC	Curl-1	Curl-2	Curl-3	C-4ar
				336.2					0			
				451.94					0			
				126.76					0		57.5	
				0					0			
				0					0			
wo				369.27					0			
wpf				611.78					0			
wm3				611.78					0			
wm3				407.85					0			
wm3				512.57					0			
wretro				512.57					0			
wm2				617.29					0			
wp				534.62					0			
m2				1173.95					0			
wm2				446.43					0			
wi				755.08					0			
wm1				369.27					0			
m4				551.15					0			
wsm				622.8					0			
wm2				600.75					0			
				0					0			
				418.87					0			
				589.73					0			
				352.74					0			
				0					0			
				391.32					0	25	27.5	30
				661.38					0			50
				578.71					0			55
				0					0			
				0					0			
	wm2			170.86					0			
	wm3			380.29					0			
	wm4			99.21					0			
	m2			766.1					0			
	wi			501.55					0			
	m4			413.36					0			
	wm3			187.39					0			
	m2			722.01					0			
				0					0			

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Best-C	Squat 1 (kg)	Squat 2 (kg)	Squat 3 (kg)	SQ-4ar	Best SQ	Bench 1	Bench 2 (kg)	Bench 3 (kg)
0					0		145	152.5
0					0			205
57.5					0			
0					0			
0					0			
0	47.5	57.5	57.5		57.5			30
0	97.5	102.5	105		105		45	47.5
0	97.5	102.5	105		105		45	47.5
0			52.5		52.5		42.5	
0	47.5	55	65		65	40		
0	47.5	55	65		65	40		
0	90	100	107.5		107.5			45
0	77.5	80	92.5		92.5		40	
0	175	180	185		185		145	152.5
0	62.5		72.5		72.5	30		
0	100	107.5	115		115		70	
0	60	70			70			
0	50	62.5			62.5		57.5	
0	67.5	100			100			50
0	82.5	90	97.5		97.5		60	62.5
0					0			
0	57.5	62.5	67.5		67.5		42.5	
0	92.5	102.5			102.5			57.5
0	37.5	40			40			25
0					0			
30					0	50		
50					0		100	
55					0			
0					0			
0					0			
0					0			
0					0		45	
0					0			
0					0		145	152.5
0					0		70	
0					0		57.5	
0					0			
0					0		120	

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BP-4ar	Best BP	Sub TI	Dead-1	Dead-2	Dead-3	DL-4ar	Best DL	TL Kgs	Notes	Team
	152.5	152.5					0	152.5		
	205	205					0	205		
	0	57.5					0	57.5		
	0	0					0	0		
	0	0					0	0		
	30	87.5	67.5	72.5	80		80	167.5		FSF
	47.5	152.5	115	120	125		125	277.5		
	47.5	152.5	115	120	125		125	277.5		
	42.5	95	77.5	85	90		90	185		FSF
	40	105	115	120	127.5		127.5	232.5		FSF
	40	105	115	120	127.5		127.5	232.5		FSF
	45	152.5	117.5	127.5			127.5	280		FSF
	40	132.5	90	97.5	110		110	242.5		FSF
	152.5	337.5	182.5	190	195		195	532.5		
	30	102.5	85	92.5	100		100	202.5		FSF
	70	185	147.5	152.5	157.5		157.5	342.5		
	0	70		97.5			97.5	167.5		FSF
	57.5	120	107.5	120	130		130	250		FSF
	50	150	122.5	132.5			132.5	282.5		FSF
	62.5	160	102.5	107.5	112.5		112.5	272.5		
	0	0					0	0		
	42.5	110	72.5	80			80	190		
	57.5	160	87.5	95	107.5		107.5	267.5		FSF
	25	65	82.5	95			95	160		
	0	0					0	0		
	50	80		97.5			97.5	177.5		FSF
	100	150	137.5	150			150	300		FSF
	0	55	192.5	200	207.5		207.5	262.5		FSF
	0	0					0	0		
	0	0					0	0		
	0	0	72.5	77.5			77.5	77.5		FSF
	45	45	115	120	127.5		127.5	172.5		FSF
	0	0	35	40	45		45	45		FSF
	152.5	152.5	182.5	190	195		195	347.5		
	70	70	147.5	152.5	157.5		157.5	227.5		
	57.5	57.5	107.5	120	130		130	187.5		FSF
	0	0	72.5	75	85		85	85		FSF
	120	120	192.5	200	207.5		207.5	327.5		FSF