

## N.A.S.A. Michigan State Men's Unequipped Powerlifting Records

MEN'S 114.5	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 123.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 132.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

## N.A.S.A. Michigan State Men's Unequipped Powerlifting Records

<b>MEN'S 148.75</b>	<b>SQUAT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

<b>MEN'S 165.25</b>	<b>SQUAT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Blaine Rogers	157	346.028	Blaine Rogers	87.5	192.85	Blaine Rogers	205	451.82	Blaine Rogers	449.5	990.698
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

<b>MEN'S 181.75</b>	<b>SQUAT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Preston Martin	195	429.78	Preston Martin	137.5	303.05	Preston Martin	225	495.9	Preston Martin	557.5	1229.06
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

## N.A.S.A. Michigan State Men's Unequipped Powerlifting Records

MEN'S 198.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
BEGINNER	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 220.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Anthony Jacot	217.5	479.37	Anthony Jacot	125	275.5	Anthony Jacot	227.5	501.41	Anthony Jacot	570	1256.62
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 242.5	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

## N.A.S.A. Michigan State Men's Unequipped Powerlifting Records

<b>MEN'S 275.5</b>	<b>SQUAT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

<b>MEN'S 308.5</b>	<b>SQUAT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

<b>MEN'S SHW</b>	<b>SQUAT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

## N.A.S.A. Michigan State Women's Unequipped Powerlifting Records

WOMEN'S 114.5	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 123.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 132.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

## N.A.S.A. Michigan State Women's Unequipped Powerlifting Records

WOMEN'S 148.75	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 165.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 181.75	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

## N.A.S.A. Michigan State Women's Unequipped Powerlifting Records

WOMEN'S 198	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 198+	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

### N.A.S.A. Michigan State Men's Power Press Records

MEN'S 114	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			Open
OPEN	Open			Open
NOVICE	Open			Open
YOUTH	Open			Open
TEENAGE	Open			Open
HIGH SCHOOL	Open			Open
JUNIOR	Open			Open
INTERMEDIATE	Open			Open
SMPURE	Open			Open
SM-1	Open			Open
SM-2	Open			Open
M-1	Open			Open
M-2	Open			Open
M-3	Open			Open
M-4	Open			Open
M-5	Open			Open
MASTERS PURE	Open			Open
Police & Fire	Open			Open

MEN'S 123	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			Open
OPEN	Open			Open
NOVICE	Open			Open
YOUTH	Open			Open
TEENAGE	Open			Open
HIGH SCHOOL	Open			Open
JUNIOR	Open			Open
INTERMEDIATE	Open			Open
SMPURE	Open			Open
SM-1	Open			Open
SM-2	Open			Open
M-1	Open			Open
M-2	Open			Open
M-3	Open			Open
M-4	Open			Open
M-5	Open			Open
MASTERS PURE	Open			Open
Police & Fire	Open			Open

MEN'S 132	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			Open
OPEN	Open			Open
NOVICE	Open			Open
YOUTH	Open			Open
TEENAGE	Open			Open
HIGH SCHOOL	Open			Open
JUNIOR	Open			Open
INTERMEDIATE	Open			Open
SMPURE	Open			Open
SM-1	Open			Open
SM-2	Open			Open
M-1	Open			Open
M-2	Open			Open
M-3	Open			Open
M-4	Open			Open
M-5	Open			Open
MASTERS PURE	Open			Open
Police & Fire	Open			Open

MEN'S 148	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			Open
OPEN	Open			Open
NOVICE	Open			Open
YOUTH	Open			Open
TEENAGE	Open			Open
HIGH SCHOOL	Open			Open
JUNIOR	Open			Open
INTERMEDIATE	Open			Open
SMPURE	Open			Open
SM-1	Open			Open
SM-2	Open			Open
M-1	Open			Open
M-2	Open			Open
M-3	Open			Open
M-4	Open			Open
M-5	Open			Open
MASTERS PURE	Open			Open
Police & Fire	Open			Open



### N.A.S.A. Michigan State Men's Power Press Records

MEN'S 165	NAME	Wt. Kg.	Wt. Lbs.	
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			
Police & Fire	Open			

MEN'S 181	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Nick Dunwoody	205	451.82	MI State 7/20/19
SM-1	Nick Dunwoody	205	451.82	MI State 7/20/19
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			
Police & Fire	Open			

MEN'S 198	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			
Police & Fire	Open			

MEN'S 220	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Chris Montague	217.5	479.37	MI State 7/20/19
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Randy Hood	202.5	446.31	MI State 7/20/19
M-4	Open			
M-5	Open			
MASTERS PURE	Open			
Police & Fire	Open			

### N.A.S.A. Michigan State Men's Power Press Records

MEN'S 242	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			
Police and Fire	Open			

MEN'S 275	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			
Police and Fire	Open			

MEN'S 308	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			
Police and Fire	Open			

MEN'S SHW	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			
Police and Fire	Open			

## N.A.S.A. Michigan State Women's Power Press Records

WOMEN'S 114.5	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			

WOMEN'S 123.25	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Alisa Winslow	100	220.4	MI State 7/20/19
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			

WOMEN'S 132.25	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Davina Gutierrez	101	222.6	MI State 7/20/19
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			

WOMEN'S 148.75	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			

## N.A.S.A. Michigan State Women's Power Press Records

WOMEN'S 165.25	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Annika Bennett	108.5	239.1	MI State 7/20/19
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			

WOMEN'S 181.75	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			

WOMEN'S 198	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			

WOMEN'S 198+	NAME	Wt. Kg.	Wt. Lbs.	MEET and DATE
PURE	Open			
OPEN	Open			
NOVICE	Open			
YOUTH	Open			
TEENAGE	Open			
HIGH SCHOOL	Open			
JUNIOR	Open			
INTERMEDIATE	Open			
SMPURE	Open			
SM-1	Open			
SM-2	Open			
M-1	Open			
M-2	Open			
M-3	Open			
M-4	Open			
M-5	Open			
MASTERS PURE	Open			

## N.A.S.A. Michigan State Men's Power Sports Records

MEN'S 114.5		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	Open			Open			Open			Open			
YOUTH	Open			Open			Open			Open			
TEENAGE	Open			Open			Open			Open			
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

MEN'S 123.25		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	T. Giallombardo 6-25-16	35	77.14	T. Giallombardo 6-25-16	70	154.28	T. Giallombardo 6-25-16	117.5	258.97	T. Giallombardo 6-25-16	220	485.01	
YOUTH	Open			Open			Open			Open			
TEENAGE	T. Giallombardo 6-25-16	35	77.14	T. Giallombardo 6-25-16	70	154.28	T. Giallombardo 6-25-16	117.5	258.97	T. Giallombardo 6-25-16	220	485.01	
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

MEN'S 132.25		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	Open			Open			Open			Open			
YOUTH	Open			Open			Open			Open			
TEENAGE	Open			Open			Open			Open			
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

## N.A.S.A. Michigan State Men's Power Sports Records

MEN'S 148.75	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Ken Knott	116	255.7	Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 165.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 181.75	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Preston Martin 7/20/19	136	299.7	Preston Martin 7/20/19	221	487.1	Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Nick Dunwoody 7/20/19	60	132.2	Nick Dunwoody 7/20/19	112.5	248.0	Nick Dunwoody 7/20/19	192.5	424.3	Nick Dunwoody 7/20/19	365	804.5
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Jeff Fiel 7/20/19	206	454.0	Open		
Police and Fire	Open			Open			Open			Open		

**N.A.S.A. Michigan State Men's Power Sports Records**

MEN'S 198.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 220.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Lucas Muller 7/20/19	260	573.0	Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Chris Montague 7/20/19	65	143.3	Chris Montague 7/20/19	127.5	281.0	Chris Montague 7/20/19	192.5	424.3	Chris Montague 7/20/19	385	848.5
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Kevin Beebe 7/20/19	62.5	137.8	Kevin Beebe 7/20/19	130	286.5	Kevin Beebe 7/20/19	233.5	514.6	Kevin Beebe 7/20/19	423.5	933.4
Police and Fire	Open			Open			Open			Open		

MEN'S 242.5	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Chuck Armstrong 7/20/19	282.5	622.63	Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

**N.A.S.A. Michigan State Men's Power Sports Records**

MEN'S 275.5	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
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PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

<b>MEN'S 308.5</b>	<b>CURL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Taylor Carlston 7/20/19	186	409.9	Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Taylor Carlston 7/20/19	55	121.2	Taylor Carlston 7/20/19	117.5	259.0	Taylor Carlston 7/20/19	186	409.9	Taylor Carlston 7/20/19	358.5	790.1
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

<b>MEN'S SHW</b>	<b>CURL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		



## N.A.S.A. Michigan State Women's Power Sports Records

WOMEN'S 114.5	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 123.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 132.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Davina Gutierrez	28.5	62.8	Davina Gutierrez	56	123.4	Davina Gutierrez	112.5	248.0	Davina Gutierrez	197	434.2
OPEN	Open			Open			Open			Open		
NOVICE	Open			Davina Gutierrez	56	123.4	Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

## N.A.S.A. Michigan State Women's Power Sports Records

WOMEN'S 148.75	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 165.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Tammy Remsburg	28.5	62.8	Tammy Remsburg	52.5	115.7	Annika Bennett	130	286.5	Tammy Remsburg	196	432.0
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 181.75	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

### N.A.S.A. Michigan State Women's Power Sports Records

WOMEN'S 198	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
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PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

<b>WOMEN'S 198+</b>	<b>CURL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>BENCH PRESS</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>DEADLIFT</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>	<b>TOTAL</b>	<b>Wt. Kg.</b>	<b>Wt. Lbs.</b>
PURE	T. VandeVegte 6-29-13	36	79.37	T. VandeVegte 6-29-13	58.5	128.97	T. VandeVegte 6-29-13	138.5	305.3	T. VandeVegte 6-29-13	233	513.67
OPEN	Open			Open			Open			Open		
NOVICE	T. VandeVegte 6-29-13	36	79.37	T. VandeVegte 6-29-13	58.5	128.97	T. VandeVegte 6-29-13	138.5	305.3	T. VandeVegte 6-29-13	233	513.67
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	T. VandeVegte 3-14-20	48.5	106.70	T. VandeVegte 3-14-20	85	187.39	T. VandeVegte 6-22-19	175	385.7	T. VandeVegte 3-14-20	303.5	669.1
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	T. VandeVegte 3-14-20	48.5	106.70	T. VandeVegte 3-14-20	85	187.39	T. VandeVegte 6-22-19	175	385.7	T. VandeVegte 3-14-20	303.5	669.1

## N.A.S.A. Michigan State Men's Unequipped Bench Press Records

MEN'S 114.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 123.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 132.25	Wt. KGS	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 148.75	Wt. Kgs.	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 165.25	Wt. Kgs.	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1	130	286.6	Robert Fox	USA Nationals June 9-10 2012
M-2			OPEN	
M-3	97.5	214.9	Gary Gurizzian	MI State 7/20/19
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 181.75	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	112.5	248.0	Nick Dunwoody	MI State 7/20/19
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Men's Unequipped Bench Press Records

MEN'S 198.25	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE	117.5	259.04	Andrew Hatch	MI State 7/20/19
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 220.25	WT Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3	120	264.5	Randy Hood	MI State 7/20/19
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 242.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 275.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 308.5	Wt Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	117.5	258.97	Taylor Carlston	MI State 7/20/19
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S SHW	WT Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Men's Equipped Bench Press Records

MEN'S 114.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 123.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 132.25	Wt. KGS	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 148.75	Wt. Kgs.	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 165.25	Wt. Kgs.	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 181.75	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	112.5	248.0	Nick Dunwoody	MI State 7/20/19
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Men's Equipped Bench Press Records

MEN'S 198.25	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 220.25	WT Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	162.5	358.2	Cory Lutz	MI State 7/20/19
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 242.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 275.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 308.5	Wt Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	117.5	253.5	Taylor Carlston	MI State 7/20/19
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S SHW	WT Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Women's Unequipped Bench Press Records

WOMEN'S 114.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 123.5	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	47.5	104.7	Alisa Winslow	MI State 7/20/19
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 132.25	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 148.75	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	



## N.A.S.A. Michigan State Women's Unequipped Bench Press Records

WOMEN'S 165.25	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	52.5	115.7	Tammy Remsburg	MI State 7/20/19
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 181.75	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL	77.5	170.8	Lillii Armstrong	MI State 7/20/19
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198+	Wt. Kgs	Wt. Lbs.	NAME	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	58.5	129	Terri VandeVegte	Open Nats 6/29/13
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2	85	187.3	Terri VandeVegte	IN State 3/14/20
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE	62.5	137.8	Terri VandeVegte	UnEq Nats 10/14/17

## N.A.S.A. Michigan State Men's Unequipped Push Pull Records

MEN'S 114.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 123.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 132.25	Wt. KGS	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 148.75	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE	273.5	602.8	Ken Knott	MI State 7/20/19
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1	273.5	602.8	Ken Knott	MI State 7/20/19
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Men's Unequipped Push Pull Records

MEN'S 165.25	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 181.75	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE	282.5	622.6	Nate Procter	MI State 7/20/19
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE	311	685.4	Jeff Fiel	MI State 7/20/19

MEN'S 198.25	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 220.25	WT Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1	342.5	754.9	Anthony Jacot	MI State 7/20/19
SM-2			OPEN	
M-1	363.5	801.2	Kevin Beebe	MI State 7/20/19
M-2			OPEN	
M-3	320	705.3	Chris Montague	MI State 7/20/19
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Men's Unequipped Push Pull Records

MEN'S 242.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 275.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 308.5	Wt Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S SHW	WT Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Men's Equipped Push Pull Records

MEN'S 114.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 123.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 132.25	Wt. KGS	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 148.75	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Men's Equipped Push Pull Records

MEN'S 165.25	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 181.75	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 198.25	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 220.25	WT Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	387.5	854.1	Cory Lutz	MI State 7/20/19
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Men's Equipped Push Pull Records

MEN'S 242.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 275.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 308.5	Wt Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S SHW	WT Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Women's Unequipped Push Pull Records

WOMEN'S 114.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 123.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	162.5	358.15	Alisa Winslow	MI State 7/20/19
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 132.25	Wt. KGS	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 148.75	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	



## N.A.S.A. Michigan State Women's Unequipped Push Pull Records

WOMEN'S 165.25	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	183.5	404.4	Annika Bennett	MI State 7/20/19
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2	167.5	369.2	Tammy Remsburg	MI State 7/20/19
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 181.75	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL	237.5	523.5	Lillii Armstrong	MI State 7/20/19
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198.25	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198.25 +	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN	255	562.17	T. VandeVegte	Ohio Regional 11-9-19
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2	255	562.17	T. VandeVegte	Ohio Regional 11-9-19
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE	255	562.17	T. VandeVegte	Ohio Regional 11-9-19

## N.A.S.A. Michigan State Women's Equipped Push Pull Records

WOMEN'S 114.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 123.5	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 132.25	Wt. KGS	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 148.75	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

## N.A.S.A. Michigan State Women's Equipped Push Pull Records

WOMEN'S 165.25	Wt. Kgs.	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	183.5	404.4	Annika Bennett	MI State 7/20/19
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 181.75	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198.25	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198.25 +	Wt. Kgs	Wt. Lbs.	Name	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SM PURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	