

NASA KY Regional PL/BP/PP/PS Championships
Morehead, KY
10-15-11

Power Sports																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	55.00	Tanner Willis	KY	0.9000	43.00	1.2689			y-dl			60.63	0.00	0.00	0.00	27.50	27.50
1	132.25	Mark Evans	KY	0.9368	132.20	5.3116			open			749.56	50.00	0.00	97.50	192.50	340.00
1	132.25	Mark Evans	KY	0.9368	132.20	5.3116			m-2			749.56	50.00	0.00	97.50	192.50	340.00
1	148.50	Tristan Malloy	KY	0.9680	143.40	4.6878			teen			694.45	52.50	0.00	100.00	162.50	315.00
1	148.50	Tristan Malloy	KY	0.9680	143.40	4.6878			hsp			694.45	52.50	0.00	100.00	162.50	315.00
1	181.50	Tom Ballengee	KY	1.0501	172.20	3.9660			m-2			650.36	52.50	0.00	87.50	155.00	295.00
1	181.75	Frank Manis	KY	1.0445	170.00	4.2329			jr			688.94	65.00	0.00	110.00	137.50	312.50
1	220.25	Oran Smith	KY	1.1408	204.00	5.9177			pure			1058.21	70.00	0.00	182.50	227.50	480.00
1	220.25	Anthony Martin	KY	1.1720	215.40	4.1384			pn			760.59	70.00	0.00	150.00	125.00	345.00
1	275.50	Michael Helton	KY	1.2646	248.20	2.6958			hsp			529.10	40.00	0.00	87.50	112.50	240.00
1	275.50	Michael Helton	KY	1.2646	248.20	2.6958			teen			529.10	40.00	0.00	87.50	112.50	240.00
1	275.50	Michael Helton	KY	1.2646	248.20	2.6958			jr			529.10	40.00	0.00	87.50	112.50	240.00
1	275.50	Danny McAlamis	KY	1.3010	260.80	0.6049			c-m3			121.25	55.00	0.00	0.00	0.00	55.00
1	275.50	Robert Boyd	KY	1.2534	243.80	3.1735			m-2			617.29	57.50	0.00	82.50	140.00	280.00
1	275.50	Chris Simmons	WV	1.2870	256.00	4.8489			m-1			964.51	72.50	0.00	182.50	182.50	437.50
2	275.50	Jeff Trent	KY	1.3206	267.60	4.1071			m-1			832.24	75.00	0.00	132.50	170.00	377.50
1	SHW	Justin Spencer	KY	1.4466	312.60	3.7493			jr			810.19	70.00	0.00	127.50	170.00	367.50
1	SHW	Justin Spencer	KY	1.4466	312.60	3.7493			open			810.19	70.00	0.00	127.50	170.00	367.50
Unequipped PL																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	132.25	Mark Evans	KY	0.9368	132.20	6.3661				open		898.37	0.00	117.50	97.50	192.50	407.50
1	132.25	Mark Evans	KY	0.9368	132.20	6.3661				m-2		898.37	0.00	117.50	97.50	192.50	407.50
1	181.75	Christian Davis	KY	1.0756	181.40	5.8171				teen		981.05	0.00	160.00	102.50	182.50	445.00
1	181.75	Charles Hedgespeth	KY	1.0671	178.00	7.0708				int		1179.46	0.00	185.00	130.00	220.00	535.00
1	198.75	Tom Leach	KY	1.1040	191.20	6.1102				m-1		1058.21	0.00	162.50	112.50	205.00	480.00
1	198.75	Mike Bishop	TN	1.1238	198.20	8.5939				open		1515.66	0.00	242.50	172.50	272.50	687.50
1	220.50	Blake Dedas	KY	1.1351	202.20	8.5085				int		1515.66	0.00	267.50	165.00	255.00	687.50
1	242.50	Zach Wilson	KY	1.2086	227.60	7.6095				jr		1432.99	0.00	215.00	160.00	275.00	650.00
1	242.50	Josh White	KY	1.2478	242.00	7.5877				int		1471.57	0.00	227.50	165.00	275.00	667.50
1	308.50	Jon Whitlow	KY	1.4214	304.40	7.2318				int		1548.73	0.00	252.50	167.50	282.50	702.50
Powerlifting																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	148.75	Will Van Hoose	WV	0.9538	137.80	3.5478	teen					512.57	0.00	80.00	55.00	97.50	232.50
1	148.75	Will Van Hoose	WV	0.9538	137.80	3.5478	jrhi					512.57	0.00	80.00	55.00	97.50	232.50
1	198.75	Jason Figg	KY	1.1181	195.80	8.0886	open					1416.46	0.00	250.00	175.00	217.50	642.50
1	242.50	Samuel Sebok	WV	1.2478	242.40	8.9938	int					1747.15	0.00	290.00	225.00	277.50	792.50
Push Pull																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	165.50	Zach Cunningham	KY	1.0275	163.80	4.1142					teen	655.87	0.00	0.00	107.50	190.00	297.50
1	220.25	Jonathan Cornwell	KY	1.1465	205.80	4.2679					pure	766.10	0.00	0.00	142.50	205.00	347.50
1	242.50	Samuel Sebok	WV	1.2478	242.40	5.7027					int	1107.81	0.00		225.00	277.50	502.50
1	242.50	Clint Poore	KY	1.1890	220.60	4.9015					sm-2	909.40	0.00	0.00	182.50	230.00	412.50
1	275.50	Logan Foster	KY	1.2618	246.80	4.2831					teen	837.75	0.00	0.00	152.50	227.50	380.00

NASA KY Regional PL/BP/PP/PS Championships
Morehead, KY
10-15-11

Unequipped BP																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	242.50	Matt Brown	KY	1.2226	232.60	2.1148				bp-nov		402.34	0.00	0.00	182.50	0.00	182.50
1	242.50	Matt Brown	KY	1.2226	232.60	2.1148				bp-sm1		402.34	0.00	0.00	182.50	0.00	182.50
1	242.50	Clint Poore	KY	1.1890	220.60	2.1685				bp-sm2		402.34	0.00	0.00	182.50	0.00	182.50
1	308.50	Hubert Davis	TN	1.3570	280.80	1.7046				bp-m2		352.74	0.00	0.00	160.00	0.00	160.00
1	308.50	Hubert Davis	TN	1.3570	280.80	1.7046				bp-m5		352.74	0.00	0.00	160.00	0.00	160.00
1	SHW	Thomas Taylor	KY	1.4802	325.40	1.3789				bp-int		303.13	0.00	0.00	137.50	0.00	137.50
1	275.50	Chris Simmons	WV	1.2870	256.00	2.0227				bp-m1		402.34	0.00	0.00	182.50	0.00	182.50
Bench Press																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Sean Gentry	KY	1.1691	214.40	2.0737		m-1				380.29	0.00	0.00	172.50	0.00	172.50
1	220.25	Daniel Quinn	KY	1.1266	199.20	2.1508		int				380.29	0.00	0.00	172.50	0.00	172.50
1	242.50	Clint Poore	KY	1.1890	220.60	2.1685		sm-2				402.34	0.00	0.00	182.50	0.00	182.50
1	275.50	Greg Renfrow	KY	1.2814	254.00	1.3068		m-1				259.04	0.00	0.00	117.50	0.00	117.50