

NASA WV Regional PL/BP/PS/PP Championships
Ravenswood, WV 11-8-08

Unequipped Powerlifting																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Sub TI</u>	<u>Best DL</u>	<u>TL Kgs</u>	<u>Total Lbs.</u>
1	99.00	Will Van Hoose	WV	0.9000	96.40	2.2641	U-Youth				242.51	0.00	27.50	20.00	47.50	62.50	110.00	242.51
1	165.25	Meredith Woodworth	OH	1.0303	165.00	3.3383	U-Jr				534.62	0.00	75.00	50.00	125.00	117.50	242.50	534.62
1	165.25	Mark Woodworth	OH	1.0218	161.80	7.9706	U-MP				1262.13	0.00	217.50	135.00	352.50	220.00	572.50	1262.13
1	181.75	Russ Marr	OH	1.0700	178.60	6.3398	U-M2				1058.21	0.00	155.00	115.00	270.00	210.00	480.00	1058.21
1	220.25	Cory Gregory	OH	1.1380	202.80	6.2473	U-Pure				1113.32	0.00	185.00	137.50	322.50	182.50	505.00	1113.32
1	242.50	Tab Brown	WV	1.2534	244.40	6.3598	U-Int				1240.09	0.00	192.50	150.00	342.50	220.00	562.50	1240.09
1	308.50	Jonathan Whorley	VA	1.3514	279.00	6.8876	U-Int				1421.97	0.00	215.00	210.00	425.00	220.00	645.00	1421.97
Equipped Powerlifting																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Sub TI</u>	<u>Best DL</u>	<u>TL Kgs</u>	<u>Total Lbs.</u>
1	181.75	Titus Russell	WV	1.0700	179.00	8.3682	Teen				1399.92	0.00	272.50	140.00	412.50	222.50	635.00	1399.92
1	220.25	Rocky Roach	WV	1.1833	219.40	6.7774	M2				1256.62	0.00	212.50	130.00	342.50	227.50	570.00	1256.62
1	242.50	Sean Burgraff	WV	1.2254	233.60	9.0783	Teen				1730.61	0.00	292.50	210.00	502.50	282.50	785.00	1730.61
x	275.50	Andy Shields	VA	1.3374	273.80	3.4190	SM				699.96	0.00	317.50	0.00	317.50	0.00	317.50	699.96
Equipped Bench																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Sub TI</u>	<u>Best DL</u>	<u>TL Kgs</u>	<u>Total Lbs.</u>
x	148.75	Steven Falbo	WV	0.9708	144.00	-2.0436		Jr			-303.13	0.00	0.00	-137.50	-137.50	0.00	-137.50	-303.13
1	165.25	Kevin Trippett	WV	1.0246	163.40	2.2810		SMP			363.76	0.00	0.00	165.00	165.00	0.00	165.00	363.76
1	198.25	Matt Poulton	OH	1.0870	185.40	1.8419		Jr			314.16	0.00	0.00	142.50	142.50	0.00	142.50	314.16
1	198.25	MJ Metts	OH	1.1153	195.20	2.3303		L/F			407.85	0.00	0.00	185.00	185.00	0.00	185.00	407.85
1	242.50	Samuel Sebok	WV	1.2366	237.80	2.3502		Int			451.94	0.00	0.00	205.00	205.00	0.00	205.00	451.94
1	242.50	Adam Petry	WV	1.2394	239.40	1.8832		Jr			363.76	0.00	0.00	165.00	165.00	0.00	165.00	363.76
1	242.50	Adam Petry	WV	1.2394	239.40	1.8832		L/F			363.76	0.00	0.00	165.00	165.00	0.00	165.00	363.76
1	242.50	JT Hall	KY	1.1890	220.60	2.6438		Open			490.52	0.00	0.00	222.50	222.50	0.00	222.50	490.52
1	275.50	Jeremy Frazier	WV	1.2814	254.40	2.7761		Open			551.15	0.00	0.00	250.00	250.00	0.00	250.00	551.15
1	275.50	Jeremy Frazier	WV	1.2814	254.40	2.7761		Pure			551.15	0.00	0.00	250.00	250.00	0.00	250.00	551.15
1	242.50	Matthew Koffenbarger	OH	1.2422	240.00	1.9398		Jr			374.78	0.00	0.00	170.00	170.00	0.00	170.00	374.78
x	275.50	Andy Shields	VA	1.3374	273.80	0.0000		SM			0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Unequipped Bench																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Sub TI</u>	<u>Best DL</u>	<u>TL Kgs</u>	<u>Total Lbs.</u>
1	181.75	Joshua Garza	OH	1.0643	176.80	1.8912		U-Jr			314.16	0.00	0.00	142.50	142.50	0.00	142.50	314.16
1	242.50	Jason McCown	KY	1.2366	238.20	1.9170		U-Int			369.27	0.00	0.00	167.50	167.50	0.00	167.50	369.27
1	242.50	JT Hall	KY	1.1890	220.60	2.6438		U-Open			490.52	0.00	0.00	222.50	222.50	0.00	222.50	490.52
1	242.50	JT Hall	KY	1.1890	220.60	2.6438		U-Pure			490.52	0.00	0.00	222.50	222.50	0.00	222.50	490.52
2	242.50	Greg Simpson	OH	1.2450	240.80	1.8807		U-SMP			363.76	0.00	0.00	165.00	165.00	0.00	165.00	363.76
1	242.50	JT Hall	KY	1.1890	220.60	2.6438		U-SMP			490.52	0.00	0.00	222.50	222.50	0.00	222.50	490.52

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Push/Pull																			
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	P/P	Power	Tl. Lbs.	Best-C	Best SQ	Best BP	Sub TI	Best DL	TL Kgs	Total Lbs.	
1	198.25	Tyler Hitt	WV	1.0870	184.60	4.5760			jr		777.12	0.00	0.00	150.00	150.00	202.50	352.50	777.12	
1	242.50	Samuel Sebok	WV	1.2366	237.80	4.9583			Int		953.49	0.00	0.00	205.00	205.00	227.50	432.50	953.49	
2	242.50	Jason McCown	KY	1.2366	238.20	4.3205			Int		832.24	0.00	0.00	167.50	167.50	210.00	377.50	832.24	
1	308.50	Aaron Nedeff	OH	1.3850	291.00	4.5643			SM1		959.00	0.00	0.00	200.00	200.00	235.00	435.00	959.00	
Power Sports																			
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	P/P	Power	Tl. Lbs.	Best-C	Best SQ	Best BP	Sub TI	Best DL	TL Kgs	Total Lbs.	
1	99.00	Will Van Hoose	WV	0.9000	96.40	2.0068				Youth	214.95	15.00	0.00	20.00	35.00	62.50	97.50	214.95	
1	165.25	Kevin Trippett	WV	1.0246	163.40	1.0022				C-SMP	159.83	72.50	0.00	0.00	72.50	0.00	72.50	159.83	
1	181.75	Joshua Garza	OH	1.0643	176.80	2.6874				C-Jr	446.43	60.00	0.00	142.50	202.50	0.00	202.50	446.43	
1	181.75	Tom Ballengee	OH	1.0615	175.60	4.0314				M2	666.89	50.00	0.00	92.50	142.50	160.00	302.50	666.89	
1	181.75	James Menear	WV	1.0558	174.40	4.1040				PN	677.91	62.50	0.00	92.50	155.00	152.50	307.50	677.91	
1	198.25	Waylon Garza	OH	1.1040	191.00	0.9239				C-Int	159.83	72.50	0.00	0.00	72.50	0.00	72.50	159.83	
1	198.25	Waylon Garza	OH	1.1040	191.00	0.9239				C-Open	159.83	72.50	0.00	0.00	72.50	0.00	72.50	159.83	
1	242.50	Greg Simpson	OH	1.2450	240.80	0.8264				C-Pure	159.83	72.50	0.00	0.00	72.50	0.00	72.50	159.83	
1	242.50	Michael Menear	WV	1.2058	227.00	5.1819				Int	975.54	85.00	0.00	145.00	230.00	212.50	442.50	975.54	
1	275.50	Regal Summers	OH	1.2870	255.80	1.7193				B-M1	341.71	0.00	0.00	155.00	155.00	0.00	155.00	341.71	
1	275.50	Regal Summers	OH	1.2870	255.80	0.8042				C-M1	159.83	72.50	0.00	0.00	72.50	0.00	72.50	159.83	
1	308.50	Aaron Nedeff	OH	1.3850	291.00	3.1478				C-SM1	661.38	87.50	0.00	0.00	87.50	212.50	300.00	661.38	
1	SHW	Matt Jones	WV	1.4606	317.50	4.8934				SM	1063.72	80.00	0.00	177.50	257.50	225.00	482.50	1063.72	
1	SHW	Matt Jones	WV	1.4606	317.50	4.8934				SMP	1063.72	80.00	0.00	177.50	257.50	225.00	482.50	1063.72	