

Push-it Pull-it Lift-it
12-6-2007

Power Sports																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Uneq</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>DL-4ar</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	105.00	Vikki McCormack	nm	0.9000	100.50	3.1095		wm2			347.22	30.00	30.00		57.50	75.00	70.00	157.50
1	114.00	Juanita Najera	nm	0.9000	113.00	3.7312		wnov			468.48	33.50	32.50		62.50		117.50	212.50
1	114.00	Ana Donohue	nm	0.9000	112.00	2.7902		wm1			347.22		22.50		35.00		100.00	157.50
1	123.00	Teale Adelmann	nm	0.9085	122.00	4.1863		wsm2			562.17		40.00		80.00		135.00	255.00
1	123.00	Symie Sermay	nm	0.9085	122.00	1.2313		wm4			165.35		15.00		22.50		37.50	75.00
1	148.00	Jani Wood	nm	0.9793	147.00	2.6803		wm3			402.34		30.00		47.50		105.00	182.50
1	165.00	Elisabeth Keen	nm	0.9992	154.00	2.6463		wm2			407.85		22.50		55.00		107.50	185.00
1	148.00	Ryan Buehchele	nm	0.9765	145.50	3.9949		nov			595.24		47.50		80.00		142.50	270.00
1	165.00	Octavio Hinojos	nm	1.0133	159.00	4.8753		m1			765.00		60.00		112.00		175.00	347.00
1	165.00	Albert Gonzales	nm	1.0076	157.00	3.2896		m3			512.57		40.00		75.00		117.50	232.50
1	181.00	David Torrez	nm	1.0558	174.00	5.6518		sm1			931.44		67.50		152.50		202.50	422.50
1	181.00	Rodney Holz	nm	1.0416	169.00	3.5328		m2			573.20		50.00		70.00		140.00	260.00
1	181.00	Gerald Donohue	nm	1.0756	181.00	3.7665		m2			633.82		47.50		77.50		162.50	287.50
1	198.00	Washington Santana	nm	1.1238	198.00	4.3482		m2			766.10		50.00		112.50		185.00	347.50
1	220.00	Bob Koski	nm	1.1720	215.00	4.7770		sm			876.33		77.50		135.00		185.00	397.50
1	220.00	Matt Hunter	nm	1.1748	216.00	4.1967		sm2			771.61		55.00		115.00		180.00	350.00
1	220.00	Brian Long	nm	1.1521	208.00	5.8919		open			1063.72		75.00		190.00		217.50	482.50
1	shw	Tyler Norwood	nm	1.4606	318.00	3.8478		teen			837.75		57.50		130.00		192.50	380.00
				0.9000		#DIV/0!					0.00		0.00					0.00
Push Pull																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Uneq</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>DL-4ar</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	114.00	Ana Donohue	nm	0.9000	112.00	2.3916				wm1	297.62		0.00		35.00		100.00	135.00
1	123.00	Symie Sermay	nm	0.9085	122.00	0.9850				wm4	132.28		0.00		22.50		37.50	60.00
1	148.00	Jani Wood	nm	0.9793	147.00	2.2397				wm3	336.20		0.00		47.50		105.00	152.50
1	181.00	Berenice Gill	nm	1.1238	198.00	2.0646				wm2	363.76		0.00		55.00		110.00	165.00
1	181.00	Gerald Donohue	nm	1.0756	181.00	3.1442				m2	529.10		0.00		77.50		162.50	240.00
1	198.00	James Coates	nm	1.0955	188.00	5.4919				m5	942.47		0.00		150.00		277.50	427.50
1	220.00	Gary Schuster	nm	1.1521	208.00	4.3960				m2	793.66		0.00		150.00		210.00	360.00
1	220.00	Royce Finch	nm	1.1663	213.00	5.0398				int	920.42		0.00		185.00		232.50	417.50
1	242.00	Matt Allen	nm	1.2282	235.00	5.5594				open	1063.72		0.00		205.00		277.50	482.50
1	242.00	Matt Allen	nm	1.2282	235.00	5.5594				jr	1063.72		0.00		205.00		277.50	482.50
1	242.00	Christopher Anderson	nm	1.2226	233.00	5.7262				jr	1091.28		0.00	222.50	217.50		277.50	495.00
1	275.00	Derek Whitlow	nm	1.2926	258.00	4.8323				open	964.51		0.00		180.00		257.50	437.50
x	242.00	Jerry Whitlow	nm	1.2394	238.50	0.0000				pure	0.00		0.00					0.00
Bench Only																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Uneq</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>DL-4ar</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	105.00	Vikki McCormack	nm	0.9000	100.50	1.2339	wm2				137.79		0.00		62.50		0.00	62.50
1	198.00	Jeff Moskowitz	nm	1.1153	195.00	1.9544	m4				341.71		0.00		155.00		0.00	155.00
1	198.00	Calvin Barreras	nm	1.1238	198.00	1.7831	jr				314.16		0.00		142.50		0.00	142.50
1	198.00	Calvin Barreras	nm	1.1238	198.00	1.7831	teen				314.16		0.00		142.50		0.00	142.50
1	275.00	Bill Adams	nm	1.3010	261.00	2.5825	sm2				518.08		0.00		235.00		0.00	235.00
1	275.00	Bill Adams	nm	1.3010	261.00	2.5825	p&f				518.08		0.00		235.00		0.00	235.00
				0.9000		#DIV/0!					0.00		0.00				0.00	0.00

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Bench Un-Equipped																		
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Bench	Power	Uneq-BP	Push	Tl. Lbs.	C-4ar	Best-C	BP-4ar	Best BP	DL-4ar	Best DL	TL Kgs
1	165.00	Elisabeth Keen	nm	0.9992	154.00	0.7867			wm2		121.25		0.00		55.00		0.00	55.00
1	165.00	Gilbert Hernandez	nm	1.0161	160.00	1.4351			nov		225.97		0.00		102.50		0.00	102.50
1	165.00	Gilbert Hernandez	nm	1.0161	160.00	1.4351			int		225.97		0.00		102.50		0.00	102.50
1	165.00	Gilbert Hernandez	nm	1.0161	160.00	1.4351			open		225.97		0.00		102.50		0.00	102.50
1	181.00	David Torrez	nm	1.0558	174.00	2.0400			sm1		336.20		0.00		152.50		0.00	152.50
1	181.00	Joseph Conroy	nm	1.0445	170.00	1.7948			nov		292.11		0.00		132.50		0.00	132.50
1	220.00	Gary Schuster	nm	1.1521	208.00	1.8317			m2		330.69		0.00		150.00		0.00	150.00
x	242.00	Jerry Whitlow	nm	1.2394	238.50	0.0000			m3		0.00		0.00				0.00	0.00
				0.9000		#DIV/0!					0.00		0.00				0.00	0.00
				0.9000		#DIV/0!					0.00		0.00				0.00	0.00
2 Person deadlift-men																		
1		Brian/David 2.48X		950lbs														
2		Matt/Chris 2.34x		1100lbs														
3		Derek/Jerry 2.01X		1000lbs														
2 person deadlift- women																		
		Teale/Juanita 1.77x		420lbs														
Bench Rep Contest																		
1		Vikki McCormack		78														
		Juanita		44														
		Teale		54														
		Ryan		12														
		Octavio		24														
		Joseph		30														
		David		30														
		Calvin		14														
		Washington		14														
		Brian		33														
		Matt		20														
Team Champions																		
		Team TNT																