

**NASA KY Regional
PL/BP/PS/PP Championships
10-18-08 Morehead, KY**

| Powerlifting | | | | | | | | | | | | | | | | |
|--------------------------------|---------------|---------------------------|------------|---------------|---------------|----------------|--------------|--------------|------------|--------------|-----------------|---------------|----------------|----------------|----------------|---------------|
| <u>Pl.</u> | <u>Wt.Cl.</u> | <u>Name</u> | <u>St.</u> | <u>Coef</u> | <u>B.W.T</u> | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>Tl. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 1 | 123.25 | Bob Lamb | KY | 0.9028 | 119.60 | 6.9478 | M2 | | | | 920.42 | 0.00 | 160.00 | 92.50 | 165.00 | 417.50 |
| 1 | 220.25 | Jason Figg | KY | 1.1380 | 202.60 | 8.2348 | Open | | | | 1466.06 | 0.00 | 250.00 | 197.50 | 217.50 | 665.00 |
| 1 | 220.25 | Richard Sapcut | KY | 1.1748 | 215.60 | 6.6971 | M1 | | | | 1229.06 | 0.00 | 212.50 | 150.00 | 195.00 | 557.50 |
| 1 | 220.25 | Richard Sapcut | KY | 1.1748 | 215.60 | 6.6971 | L/F | | | | 1229.06 | 0.00 | 212.50 | 150.00 | 195.00 | 557.50 |
| 1 | 242.50 | Matthew Haumesser | OH | 1.2338 | 237.20 | 8.8011 | SM | | | | 1692.03 | 0.00 | 300.00 | 195.00 | 272.50 | 767.50 |
| 1 | 242.50 | Matthew Haumesser | OH | 1.2338 | 237.20 | 8.8011 | SMP | | | | 1692.03 | 0.00 | 300.00 | 195.00 | 272.50 | 767.50 |
| 1 | 242.50 | Matthew Haumesser | OH | 1.2338 | 237.20 | 8.8011 | Pure | | | | 1692.03 | 0.00 | 300.00 | 195.00 | 272.50 | 767.50 |
| 1 | 275.50 | Richard Turner | OH | 1.2870 | 255.60 | 8.4920 | Pure | | | | 1686.52 | 0.00 | 272.50 | 230.00 | 262.50 | 765.00 |
| 1 | 275.50 | Richard Turner | OH | 1.2870 | 255.60 | 8.4920 | Nov | | | | 1686.52 | 0.00 | 272.50 | 230.00 | 262.50 | 765.00 |
| Unequipped Powerlifting | | | | | | | | | | | | | | | | |
| <u>Pl.</u> | <u>Wt.Cl.</u> | <u>Name</u> | <u>St.</u> | <u>Coef</u> | <u>B.W.T</u> | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>Tl. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 1 | 165.50 | Josh Martin | KY | 1.0218 | 162.00 | 5.8402 | U-HSP | | | | 925.93 | 0.00 | 152.50 | 95.00 | 172.50 | 420.00 |
| 1 | 165.50 | Bradley McClure | KY | 1.0161 | 160.40 | 6.8083 | U-Nov | | | | 1074.74 | 0.00 | 165.00 | 135.00 | 187.50 | 487.50 |
| 1 | 198.75 | Ty Fannin | KY | 1.1068 | 192.20 | 5.6177 | U-M1 | | | | 975.54 | 0.00 | 145.00 | 112.50 | 185.00 | 442.50 |
| 1 | 220.25 | Jason Cole | KY | 1.1550 | 208.80 | 4.7256 | U-Pure | | | | 854.28 | 0.00 | 102.50 | 127.50 | 157.50 | 387.50 |
| 1 | 242.50 | Letroy Higgins | KY | 1.2450 | 241.20 | 7.4535 | U-Int | | | | 1444.01 | 0.00 | 245.00 | 170.00 | 240.00 | 655.00 |
| 1 | 275.50 | Chad Shannon | KY | 1.2870 | 256.20 | 6.1187 | U-Pure | | | | 1218.04 | 0.00 | 185.00 | 132.50 | 235.00 | 552.50 |
| Power Sports | | | | | | | | | | | | | | | | |
| <u>Pl.</u> | <u>Wt.Cl.</u> | <u>Name</u> | <u>St.</u> | <u>Coef</u> | <u>B.W.T</u> | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>Tl. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 1 | 165.50 | Stephen Piercy, Jr | KY | 1.0275 | 164.40 | 4.8226 | | | | Pure | 771.61 | 52.50 | 0.00 | 112.50 | 185.00 | 350.00 |
| 1 | 165.50 | Stephen Piercy, Jr | KY | 1.0275 | 164.40 | 4.8226 | | | | Nat | 771.61 | 52.50 | 0.00 | 112.50 | 185.00 | 350.00 |
| 1 | 165.50 | Stephen Piercy, Jr | KY | 1.0275 | 164.40 | 4.8226 | | | | Jr | 771.61 | 52.50 | 0.00 | 112.50 | 185.00 | 350.00 |
| 1 | 181.25 | Tom Ballengee | OH | 1.0445 | 170.00 | 4.0975 | | | | M2 | 666.89 | 50.00 | 0.00 | 95.00 | 157.50 | 302.50 |
| 1 | 275.50 | Jeff Trent | KY | 1.3150 | 265.60 | 3.9840 | | | | SM | 804.68 | 67.50 | 0.00 | 115.00 | 182.50 | 365.00 |
| 1 | 242.50 | Rick Cornett | KY | 1.2422 | 239.60 | 1.7145 | | | | B-M2 | 330.69 | 0.00 | 0.00 | 150.00 | 0.00 | 150.00 |
| Bench Press | | | | | | | | | | | | | | | | |
| <u>Pl.</u> | <u>Wt.Cl.</u> | <u>Name</u> | <u>St.</u> | <u>Coef</u> | <u>B.W.T</u> | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>Tl. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 1 | 123.25 | Bob Lamb | KY | 0.9028 | 119.60 | 1.5393 | | M2 | | | 203.93 | 0.00 | 0.00 | 92.50 | 0.00 | 92.50 |
| 1 | 198.75 | Steve Martin | KY | 1.1181 | 196.40 | 1.7257 | | Nov | | | 303.13 | 0.00 | 0.00 | 137.50 | 0.00 | 137.50 |
| 1 | 198.75 | John Brooks | KY | 1.1238 | 198.20 | 2.8125 | | SM | | | 496.04 | 0.00 | 0.00 | 225.00 | 0.00 | 225.00 |
| 1 | 198.75 | John Brooks | KY | 1.1238 | 198.20 | 2.8125 | | SM2 | | | 496.04 | 0.00 | 0.00 | 225.00 | 0.00 | 225.00 |
| 1 | 220.25 | Mel Shuffett | KY | 1.1436 | 205.00 | 1.9370 | | M3 | | | 347.22 | 0.00 | 0.00 | 157.50 | 0.00 | 157.50 |
| 1 | 308.50 | Wayne Hall | KY | 1.3906 | 292.80 | 2.2249 | | SM | | | 468.48 | 0.00 | 0.00 | 212.50 | 0.00 | 212.50 |
| 1 | 220.25 | Oran Smith | KY | 1.1323 | 201.00 | 1.8318 | | U-Teen | | | 325.18 | 0.00 | 0.00 | 147.50 | 0.00 | 147.50 |
| Push/Pull | | | | | | | | | | | | | | | | |
| <u>Pl.</u> | <u>Wt.Cl.</u> | <u>Name</u> | <u>St.</u> | <u>Coef</u> | <u>B.W.T</u> | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>Tl. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 1 | 242.50 | Gregg Rentfrow | KY | 1.2254 | 234.40 | 2.7372 | | | Nov | | 523.59 | 0.00 | 0.00 | 90.00 | 147.50 | 237.50 |