

Western States Nationals Championships 5-5-07

Powerlifting																	
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Uneq</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	308.00	Henry Thomason	tx	1.3738	286.60	8.9032	int					1857.38	0.00	365.00	187.50	290.00	842.50
1	308.00	Henry Thomason	tx	1.3738	286.60	8.9032	open					1857.38	0.00	365.00	187.50	290.00	842.50
1	198.25	Robert Phillips	az	1.1210	197.00	8.4992	sm2					1493.62	0.00	247.50	185.00	245.00	677.50
1	148.75	Spencer Westwood	ut	0.9793	147.00	8.3348	int					1251.11	0.00	220.00	135.00	212.50	567.50
1	148.75	Spencer Westwood	ut	0.9793	147.00	8.3348	nov					1251.11	0.00	220.00	135.00	212.50	567.50
1	148.75	Anthony Adame	az	0.9765	145.60	7.2819	jr					1085.77	0.00	160.00	117.50	215.00	492.50
1	148.75	Anthony Adame	az	0.9765	145.60	7.2819	teen					1085.77	0.00	160.00	117.50	215.00	492.50
1	181.75	Joseph Castelli	az	1.0615	176.00	7.2798	jr					1207.02	0.00	207.50	135.00	205.00	547.50
1	181.75	Joseph Castelli	az	1.0615	176.00	7.2798	nov					1207.02	0.00	207.50	135.00	205.00	547.50
1	181.75	Willie Kindred	az	1.0586	175.00	6.8347	m3					1129.86	0.00	185.00	117.50	210.00	512.50
2	148.75	Jon Garcia	az	0.9793	147.00	6.4255	nov					964.51	0.00	135.00	112.50	190.00	437.50
2	148.75	Jon Garcia	az	0.9793	147.00	6.4255	teen					964.51	0.00	135.00	112.50	190.00	437.50
1	242.50	Jeff Kessinger	az	1.2450	241.00	6.3493	m2					1229.06	0.00	227.50	135.00	195.00	557.50
1	165.25	Royce Lauck	az	1.0161	159.80	5.9577	hs					936.96	0.00	137.50	105.00	182.50	425.00
X	242.50	Scott Striepeke	nm	1.2478	242.00	0.0000	mp					0.00	0.00	227.50	0.00	0.00	0.00
PS Bench																	
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Uneq</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	198.25	Joseph Dickey	az	1.1238	198.00	2.0333			bopen			358.25	0.00	0.00	162.50	0.00	162.50
1	198.25	Joseph Dickey	az	1.1238	198.00	2.0333			bopen			358.25	0.00	0.00	162.50	0.00	162.50
1	198.25	Joseph Dickey	az	1.1238	198.00	2.0333			bpsm1			358.25	0.00	0.00	162.50	0.00	162.50
Power Sports																	
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Uneq</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	220.25	Keith Vohland	az	1.1578	210.00	5.6823			jr			1030.65	75.00	0.00	150.00	242.50	467.50
1	275.50	Stan Dickey	az	1.2982	260.00	5.0360			sm2			1008.60	65.00	0.00	165.00	227.50	457.50
1	275.50	Stan Dickey	az	1.2982	260.00	5.0360			smp			1008.60	65.00	0.00	165.00	227.50	457.50
1	165.25	Royce Lauck	az	1.0161	159.80	4.9764			hs			782.63	67.50	0.00	105.00	182.50	355.00
1	220.25	Randy Cheatheam	az	1.1635	212.00	4.9002			mp			892.86	62.50	0.00	145.00	197.50	405.00
1	148.75	Burton Ford	az	0.9765	146.20	4.8961			int			733.03	60.00	0.00	122.50	150.00	332.50
1	132.25	Jeff Dennehy	az	0.9368	132.00	4.2244			hs			595.24	52.50	0.00	85.00	132.50	270.00
2	132.25	Edgar Ruiz	az	0.9368	132.00	4.2244			hs			595.24	45.00	0.00	80.00	145.00	270.00
1	275.50	Johnny Salem	az	1.3038	262.20	4.1383			m1			832.24	62.50	0.00	140.00	175.00	377.50
1	165.25	Matt Knowlton	az	1.0303	165.00	3.7168			teen			595.24	47.50	0.00	85.00	137.50	270.00
1	148.75	Brandon Lunt	az	0.9737	145.00	3.7011			hs			551.15	42.50	0.00	70.00	137.50	250.00
1	148.75	Joe Kenn	az	0.9680	142.60	3.1053			teen			457.45	32.50	0.00	52.50	122.50	207.50
1	132.25	Jim Ramsey	nm	0.9312	130.40	2.8338			teen			396.83	32.50	0.00	52.50	95.00	180.00
1	181.75	Bertha Williams	nm	1.0473	171.00	2.3291			wm3			380.29	27.50	0.00	52.50	92.50	172.50
1	242.50	Trent Salem	az	1.2310	235.60	2.2174			youth			424.39	30.00	0.00	65.00	97.50	192.50
1	198+	Chris Kahle	nm	1.3402	275.00	2.1757			wm2			446.43	32.50	0.00	57.50	112.50	202.50
1	114.50	Kelsey Ishimatsu	az	0.9000	108.60	2.0554			wyouth			248.02	17.50	0.00	25.00	70.00	112.50
1	198.25	Joseph Dickey	az	1.1238	198.00	0.8759			copen			154.32	70.00	0.00	0.00	0.00	70.00
1	165.25	Mike Stainbrook	az	1.0190	160.60	0.5595			cm4			88.18	40.00	0.00	0.00	0.00	40.00

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Unequipped BP																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	308.00	Dillon Jenkins	az	1.3766	288.40	2.1835				bpjr		457.45	0.00	0.00	207.50	0.00	207.50
1	308.00	Mike Durso	az	1.3906	293.00	2.1450				bpmp		451.94	0.00	0.00	205.00	0.00	205.00
1	308.00	Mike Durso	az	1.3906	293.00	2.1450				bppure		451.94	0.00	0.00	205.00	0.00	205.00
1	272.50	Sam Robinson	az	1.3346	273.00	2.0477				bppure		418.87	0.00	0.00	190.00	0.00	190.00
1	181.75	James Martens	az	1.0728	180.00	1.4453				bpm3		242.51	0.00	0.00	110.00	0.00	110.00
1	165.25	Mike Stainbrook	az	1.0190	160.60	1.3289				bpm4		209.44	0.00	0.00	95.00	0.00	95.00
1	165.25	Mike Stainbrook	az	1.0190	160.60	1.3289				bppure		209.44	0.00	0.00	95.00	0.00	95.00
Unequipped PL																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Tim Pigeon	az	1.1493	207.00	8.0174				pure		1444.01	0.00	227.50	167.50	260.00	655.00
1	198.25	Rey Estrada	az	1.0983	189.20	7.9025				m1		1361.34	0.00	237.50	152.50	227.50	617.50
1	198.25	Rey Estrada	az	1.0983	189.20	7.9025				pure		1361.34	0.00	237.50	152.50	227.50	617.50
1	148.75	Anthony Adame	az	0.9765	145.60	7.2819				jr		1085.77	0.00	160.00	117.50	215.00	492.50
1	275.50	Zak Knight	az	1.3094	263.60	6.3516				open		1278.67	0.00	227.50	125.00	227.50	580.00
2	148.75	Nathan Weamer	az	0.9708	143.80	6.3254				jr		936.96	0.00	155.00	105.00	165.00	425.00
1	220.25	Karsten Walker	az	1.1635	211.60	6.1520				jr		1118.83	0.00	182.50	125.00	200.00	507.50
1	165.25	Sammie Rucker Jr.	az	1.0303	165.25	5.9448				hs		953.49	0.00	142.50	102.50	187.50	432.50
1	148.75	Alex Ramsey	nm	0.9765	146.00	5.6400				hs		843.26	0.00	145.00	85.00	152.50	382.50
3	148.75	Alex Ramsey	nm	0.9765	146.00	5.6400				jr		843.26	0.00	145.00	85.00	152.50	382.50
1	220.25	Dan Dominguez	az	1.1351	202.00	5.6367				hs		1003.09	0.00	142.50	115.00	197.50	455.00
1	181.75	Nathan Stine	az	1.0671	178.00	5.2535				hs		876.33	0.00	125.00	102.50	170.00	397.50
2	165.25	Jose Sanchez	az	0.9963	153.00	4.8451				hs		744.05	0.00	102.50	75.00	160.00	337.50
2	181.75	Humberto Marquez	az	1.0473	171.00	4.6920				hs		766.10	0.00	105.00	92.50	150.00	347.50
2	148.75	Jose Gutierrez	az	0.9850	148.75	4.4890				hs		677.91	0.00	115.00	75.00	117.50	307.50
Womens Unequipped PL																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
2	165.25	Brianna Koty	az	0.9850	149.40	3.5247				wnov		534.62	0.00	102.50	47.50	92.50	242.50
1	165.25	April Webb	az	1.0303	164.60	3.4844				wnov		556.66	0.00	95.00	52.50	105.00	252.50
1	165.25	April Webb	az	1.0303	164.60	3.4844				wopen		556.66	0.00	95.00	52.50	105.00	252.50
1	165.25	April Webb	az	1.0303	164.60	3.4844				wpure		556.66	0.00	95.00	52.50	105.00	252.50
1	165.25	April Webb	az	1.0303	164.60	3.4844				wsm2		556.66	0.00	95.00	52.50	105.00	252.50
1	123.50	Takysa Johnson	az	0.9000	118.60	3.3041				wpure		435.41	0.00	65.00	30.00	102.50	197.50
Push Pull																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	308.00	Henry Thomason	tx	1.3738	286.60	5.0460					int	1052.70	0.00	0.00	187.50	290.00	477.50
1	198.25	Michael Levasseur	az	1.1125	194.00	3.7611					hs	655.87	0.00	0.00	115.00	182.50	297.50
2	198.25	Edgar Garcia	az	1.1181	196.00	2.9869					hs	523.59	0.00	0.00	97.50	140.00	237.50
1	165.25	Mike Stainbrook	az	1.0190	160.60	2.5878					m4	407.85	0.00	0.00	95.00	90.00	185.00
1	114.50	Kelsey Ishimatsu	az	0.9000	108.60	1.7357					wyouth	209.44	0.00	0.00	25.00	70.00	95.00

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BP Only Equipped																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	198.25	Walt Sword	az	1.1238	198.00	2.0646		m2				363.76	0.00	0.00	165.00	0.00	165.00
1	148.75	Lance Janhunen	az	0.9737	145.20	1.2197		m3				181.88	0.00	0.00	82.50	0.00	82.50
1	181.75	James Martens	az	1.0728	180.00	1.4453		m3				242.51	0.00	0.00	110.00	0.00	110.00
1	165.25	Mike Stainbrook	az	1.0190	160.60	1.3289		m4				209.44	0.00	0.00	95.00	0.00	95.00
X	242.50	Damian Wadekamper	az	1.2170	231.40	0.0000		sm1				0.00	0.00	0.00	-195.00	0.00	0.00