

Colorado Regional Championships 11.10.07

POWERLIFTING																	
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Uequip</u>	<u>PP</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	198.25	Nate Rietfors	co	1.1153	194.70	7.5140	jr					1311.74	0.00	205.00	147.50	242.50	595.00
1	198.25	Nate Rietfors	co	1.1153	194.70	7.5140	open					1311.74	0.00	205.00	147.50	242.50	595.00
1	148.75	Justin Herstein	wy	0.9822	147.60	7.2985	jr					1096.79	0.00	160.00	115.00	222.50	497.50
1	181.75	Joe Herstein	wy	1.0671	178.40	6.2308	smp					1041.67	0.00	142.50	130.00	200.00	472.50
1	275.50	Sean Wojahn	co	1.3262	270.00	5.9287	sm1					1207.02	0.00	227.50	25.00	295.00	547.50
1	220.25	Jack Robinson	co	1.1748	216.40	5.4456	m4					1003.09	0.00	170.00	100.00	185.00	455.00
1	165.25	Whitney Balzan	wy	1.0303	165.10	4.7464	wjr					760.59	0.00	120.00	80.00	145.00	345.00
1	198.25	Tom O'keefe	co	1.0983	188.90	4.3261	m4					744.05	0.00	102.50	95.00	140.00	337.50
1	132.25	Lexi Tyson	wy	0.9312	130.20	4.1390	whs					578.71	0.00	85.00	52.50	125.00	262.50
		Bench Only															
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Uequip</u>	<u>PP</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
X	181.75	Tom Cencich	co	1.0643	177.40	-2.5791		m1				-429.90	0.00	0.00	-195.00	0.00	-195.00
1	242.50	Rich Strang	co	1.2282	234.70	2.0189		m1				385.81	0.00	0.00	175.00	0.00	175.00
1	272.50	John Lynn III	co	1.2702	250.00	2.2402		m1				440.92	0.00	0.00	200.00	0.00	200.00
1	220.25	Charlie Doggett	co	1.1833	219.30	1.3799		m4				255.73	0.00	0.00	116.00	0.00	116.00
1	242.50	Lou Fossceso	co	1.2142	229.60	1.8362		nov				347.22	0.00	0.00	157.50	0.00	157.50
1	272.50	John Lynn III	co	1.2702	250.00	2.2402		open				440.92	0.00	0.00	200.00	0.00	200.00
1	220.25	Cliff Rainbolt	co	1.1748	215.80	1.9203		sm2				352.74	0.00	0.00	160.00	0.00	160.00
2	123.25	Mary Cencich	co	0.9057	121.40	1.2335		wm1				165.35	0.00	0.00	75.00	0.00	75.00
1	123.50	Krysti Hughes	co	0.9000	118.00	1.5133		wm1				198.41	0.00	0.00	90.00	0.00	90.00
1	shw	Allannah McTighe	co	1.1408	204.00	1.2637		wm2				225.97	0.00	0.00	102.50	0.00	102.50
1	123.50	Krysti Hughes	co	0.9000	118.00	1.5133		wmpure				198.41	0.00	0.00	90.00	0.00	90.00
1	shw	Allannah McTighe	co	1.1408	204.00	1.2637		wmpure				225.97	0.00	0.00	102.50	0.00	102.50
1	114.50	Heena Patel	co	0.9000	111.80	1.8812		wopen				233.69	0.00	0.00	106.00	0.00	106.00
1	123.50	Krysti Hughes	co	0.9000	118.00	1.5133		wopen				198.41	0.00	0.00	90.00	0.00	90.00
1	114.50	Heena Patel	co	0.9000	111.80	1.8812		wpure				233.69	0.00	0.00	106.00	0.00	106.00
1	123.50	Krysti Hughes	co	0.9000	118.00	1.5133		wpure				198.41	0.00	0.00	90.00	0.00	90.00
1	shw	Allannah McTighe	co	1.1408	204.00	1.2637		wpure				225.97	0.00	0.00	102.50	0.00	102.50
1	114.50	Heena Patel	co	0.9000	111.80	1.8812		wsm2				233.69	0.00	0.00	106.00	0.00	106.00
1	114.50	Heena Patel	co	0.9000	111.80	1.8812		wsm1				233.69	0.00	0.00	106.00	0.00	106.00

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Power Sports																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
X	220.25	Alex Herrera	co	1.1578	209.60	-0.6698			bphs			-121.25	0.00	0.00	-55.00	0.00	-55.00
1	220.25	Shelby Erickson	co	1.1521	208.30	1.7681			bpm1			319.67	0.00	0.00	145.00	0.00	145.00
1	242.50	Rocky Cundiff	co	1.2338	237.10	1.8642			bpm1			358.25	0.00	0.00	162.50	0.00	162.50
1	220.25	Charlie Price	co	1.1720	214.80	1.6239			bpm2			297.62	0.00	0.00	135.00	0.00	135.00
1	165.25	Ken Kaiser	co	1.0190	160.60	1.6086			bpmp			253.53	0.00	0.00	115.00	0.00	115.00
1	220.25	Shelby Erickson	co	1.1521	208.30	1.7681			bpnov			319.67	0.00	0.00	145.00	0.00	145.00
1	220.25	Alex Herrera	co	1.1578	209.60	0.3958			chs			71.65	32.50	0.00	0.00	0.00	32.50
1	220.25	Shelby Erickson	co	1.1521	208.30	0.8535			cm1			154.32	70.00	0.00	0.00	0.00	70.00
1	220.25	Charlie Price	co	1.1720	214.80	0.7518			cm2			137.79	62.50	0.00	0.00	0.00	62.50
1	165.25	Ken Kaiser	co	1.0190	160.60	1.0491			cmp			165.35	75.00	0.00	0.00	0.00	75.00
1	165.25	Blake Knoll	co	1.0275	164.20	1.8969			dlhs			303.13	0.00	0.00	0.00	137.50	137.50
1	165.25	Ken Kaiser	co	1.0190	160.60	2.3430			dlmp			369.27	0.00	0.00	0.00	167.50	167.50
1	165.25	Blake Knoll	co	1.0275	164.20	3.3799			hs			540.13	42.50	0.00	65.00	137.50	245.00
1	165.25	Casey Claunch	co	1.0076	157.00	5.0228			int			782.63	57.50	0.00	130.00	167.50	355.00
1	181.75	Ryan DeLong	co	1.0615	176.30	5.3095			int			881.84	70.00	0.00	137.50	192.50	400.00
1	114.50	Colten Hood	co	0.9000	111.50	3.1141			jr			385.81	30.00	0.00	55.00	90.00	175.00
1	148.75	Justin Allor	co	0.9708	143.90	4.0901			jr			606.27	52.50	0.00	80.00	142.50	275.00
1	148.75	Casey Brown	co	0.9822	148.20	6.0271			m1			909.40	60.00	0.00	122.50	230.00	412.50
1	220.25	Jeff Miller	co	1.1465	206.30	4.7170			m1			848.77	60.00	0.00	135.00	190.00	385.00
1	242.50	Rocky Cundiff	co	1.2338	237.10	4.8470			m1			931.44	55.00	0.00	162.50	205.00	422.50
1	242.50	David Riethmann	co	1.3262	270.20	4.1118			m3			837.75	57.50	0.00	122.50	200.00	380.00
1	220.25	Jeff Miller	co	1.1465	206.30	4.7170			mp			848.77	60.00	0.00	135.00	190.00	385.00
1	165.25	Ken Kaiser	co	1.0190	160.60	5.0007			mpure			788.14	75.00	0.00	115.00	167.50	357.50
1	148.75	Justin Allor	co	0.9708	143.90	4.0901			nov			606.27	52.50	0.00	80.00	142.50	275.00
1	242.50	Thomas Firsyth	co	1.2002	225.00	4.9391			nov			925.93	70.00	0.00	130.00	220.00	420.00
1	181.75	Dan Wagman	co	1.0756	180.70	6.7582			open			1135.37	87.50	0.00	192.50	235.00	515.00
1	242.50	Thomas Firsyth	co	1.2002	225.00	4.9391			open			925.93	70.00	0.00	130.00	220.00	420.00
1	123.25	John Hood	co	0.9057	121.20	4.5717			smp			611.78	45.00	0.00	95.00	137.50	277.50
1	181.75	Kurt Weaver	nd	1.0615	175.50	5.6004			smp			925.93	70.00	0.00	155.00	195.00	420.00
1	165.25	Jessica Blystone	co	1.0275	164.20	1.3106			wdlnov			209.44	0.00	0.00	0.00	95.00	95.00
1	105.50	Ruth Jackson	co	0.9000	101.80	4.1807			wm1			472.89	38.50	0.00	62.50	113.50	214.50
1	181.75	Dan Wagman	co	1.0756	180.70	1.1482			copen			192.90	87.50	0.00	0.00	0.00	87.50
1	181.75	Dan Wagman	co	1.0756	180.70	2.5261			sqopen			424.39	0.00	192.50	0.00	0.00	192.50

Colorado Regional Championships 11.10.07

Unequipped PL																	
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Uequip</u>	<u>PP</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	148.70	Raudel Lucero	co	0.9822	148.20	5.4791				hs		826.73	0.00	122.50	92.50	160.00	375.00
2	148.75	Casey Hood	co	0.9595	140.20	4.5263				hs		661.38	0.00	80.00	85.00	135.00	300.00
1	123.25	James Hood	co	0.9113	122.70	3.8478				jr		518.08	0.00	67.50	65.00	102.50	235.00
1	165.25	Timothy Rickett	co	1.0246	162.50	7.0545				m1		1118.83	0.00	167.50	152.50	187.50	507.50
2	165.25	Chris Bukowski	co	1.0275	163.70	6.4691				m1		1030.65	0.00	175.00	117.50	175.00	467.50
3	165.25	Pat Butler	co	1.0133	158.90	4.7799				m1		749.56	0.00	110.00	85.00	145.00	340.00
1	198.25	Dennis Peterson	co	1.0813	183.30	5.5922				m1		947.98	0.00	175.00	100.00	155.00	430.00
1	220.25	Jeff Miller	co	1.1465	206.30	6.2179				m1		1118.83	0.00	182.50	135.00	190.00	507.50
1	275.50	Charlie Redmond	co	1.3122	264.60	6.5871				m1		1328.27	0.00	215.00	147.50	240.00	602.50
1	198.25	Mark Lockwood	co	1.1040	191.40	5.8177				m2		1008.60	0.00	160.00	115.00	182.50	457.50
1	165.25	Chris Bukowski	co	1.0275	163.70	5.8810				mpure		936.96	0.00	175.00	75.00	175.00	425.00
2	165.25	Ken Kaiser	co	1.0190	160.60	5.9100				mpure		931.44	0.00	140.00	115.00	167.50	422.50
3	165.25	Pat Butler	co	1.0133	158.90	4.7799				mpure		749.56	0.00	110.00	85.00	145.00	340.00
1	275.50	Charlie Redmond	co	1.3122	264.60	6.5871				mpure		1328.27	0.00	215.00	147.50	240.00	602.50
1	165.25	Timothy Rickett	co	1.0246	162.50	7.0545				open		1118.83	0.00	167.50	152.50	187.50	507.50
2	165.25	Chris Bukowski	co	1.0275	163.70	5.8810				open		936.96	0.00	175.00	75.00	175.00	425.00
1	181.75	Scott Matz	co	1.0388	168.25	6.7377				open		1091.28	0.00	175.00	115.00	205.00	495.00
1	242.50	Jimmy Randall	co	1.1890	221.10	6.8762				open		1278.67	0.00	190.00	155.00	235.00	580.00
1	242.50	Jimmy Randall	co	1.1890	221.10	6.8762				pure		1278.67	0.00	190.00	155.00	235.00	580.00
1	242.50	Jimmy Randall	co	1.1890	221.10	6.8762				sm1		1278.67	0.00	190.00	155.00	235.00	580.00
Unequipped BP																	
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Uequip</u>	<u>PP</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	308.50	Jason Ehrhardt	co	1.3962	295.20	2.4086				bopen		509.26	0.00	0.00	231.00	0.00	231.00
1	181.75	Kurt Weaver	nd	1.0615	175.50	2.0668				bpsmp		341.71	0.00	0.00	155.00	0.00	155.00
1	242.50	Howard Blackmon	co	1.2506	242.50	1.7623				bpm3		341.71	0.00	0.00	155.00	0.00	155.00
1	198.25	Tony Trujillo	co	1.1011	190.20	1.7549				bpmpure		303.13	0.00	0.00	137.50	0.00	137.50
1	198.25	Tony Trujillo	co	1.1011	190.20	1.7549				bpm1		303.13	0.00	0.00	137.50	0.00	137.50
1	220.25	Charlie Doggett	co	1.1833	219.30	1.3977				bpm4		259.04	0.00	0.00	117.50	0.00	117.50
1	148.70	Raudel Lucero	co	0.9822	148.20	1.3515				bpbs		203.93	0.00	0.00	92.50	0.00	92.50
1	198.25	Dennis Peterson	co	1.0813	183.30	1.3005				bpm1		220.46	0.00	0.00	100.00	0.00	100.00
1	165.25	Jessica Blystone	co	1.0275	164.20	0.5863				bpwpure		93.70	0.00	0.00	42.50	0.00	42.50
Push Pull																	
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Uequip</u>	<u>PP</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	215.80	Cliff Rainbolt	co	1.1748	215.80	5.1907					smp	953.49	0.00	0.00	160.00	272.50	432.50
1	198.25	Richard Byars	co	1.1153	195.40	4.9704					mpure	870.82	0.00	0.00	175.00	220.00	395.00
1	198.25	Richard Byars	co	1.1153	195.40	4.9704					pure	870.82	0.00	0.00	175.00	220.00	395.00
1	132.25	Robert Triillo	co	0.9340	130.90	4.8764					m3	683.43	0.00	0.00	112.50	197.50	310.00
1	198.25	Tom O'keefe	co	1.0983	188.90	3.0122					m4	518.08	0.00	0.00	95.00	140.00	235.00
1	148.75	María Herrera	co	0.9793	147.40	1.9041					wnov	286.60	0.00	0.00	40.00	90.00	130.00