

POWERLIFTING

Pl. Weight/Act. Name St/Div Squat Bench Deadlift Lbs./Kgs. Coefficient

1 220.5/217.8 Jerry Halverson wi/smp 650 365 650 1665/756.5 9.0244
1 220.5/217.8 Jerry Halverson wi/sm2 650 365 650 1665/756.5 9.0244
1 198.2/196.5 Tom Conklin wi/m2 640 300 605 1545/702 8.8139
1 242.5/233.0 Brian Mueller wi/open 500(uneq) 350(raw) 725(raw)* 1575/715.5 8.2643
1 308.5/295.0 Tom Allred mi/m1 585 485 585 1655/752 7.8329
1 308.5/295.0 Tom Allred mi/open 585 485 585 1655/752 7.8329
1 181.7/167.4 Dave Felton wi/m1 405 255 565 1225/556.5 7.5812
1 242.5/234.1 Mark Jacobs wi/m1 475 335 525 1335/606.5 6.9880
1 242.5/240.0 Steve Behrens wi/m1 525 355 430 1310/595 6.7803
1 242.5/240.0 Steve Behrens wi/m5 525 355 430 1310/595 6.7803
1 198.2/197.5 Tony Monahos wi/teen 480 225 465 1170/531.5 6.6574
1 165.2/161.0 John Wink wi/m1 430 205 375 1010/459 6.3924
1 275.5/248.5 Rich Sadowski wi/m2 460 235 510 1195/543 6.0947
1 181.7/178.3 Dennis Ploetz wi/open 350 285 335 970/440.5 5.7721
1 181.7/178.3 Dennis Ploetz wi/m5 350 285 335 970/440.5 5.7721
1 242.5/239.0 Sean Mandli wi/open 275 195 375 845/384 4.3819
1 123.2/120.0 Stephanie Sitkawitz wi/teen 205 105 250 560/254.5 4.2130
1 198+/217.0 Suzanne Jackson wi/sm2 300 180 275 755/343 4.0971
1 97/95.0 Emily Kutchera wi/teen 135* 75* 165* 375/170* 3.5526
1 198.2/185.0 Heidi Uhrig wi/smp 170 115 240 525/238.5 3.0847
1 198.2/185.0 Heidi Uhrig wi/open 170 115 240 525/238.5 3.0847

16 Successful Totals. Powerlifters who did not total are not included.

* = New American Record

POWER SPORTS

Pl. Weight/Act. Name St/Div Curl Bench Deadlift Lbs./Kgs. Coefficient

1 242.5/233.0 Brian Mueller wi/open X 350 725* 1075/488.5 5.6407
1 165.2/158.3 Jacob Hoy wi/hs 160 225 435 820/372.5 5.2344
1 275.5/268.0 Michael Jackson wi/m2 125 230 400 755/343 3.7203
1 148.7/144.8 Jon Anderson wi/teen 95 140 290 525/238.5 3.5303
1 114.5/112.2 Zachary Clarke wi/open 41* 70* 146* 257/116.5* 2.061
1 55.0/52.3 Mitchell Jackson wi/youth 25 50 75 150/68 13.22Score
1 88.0/86.0 Caitlin Jackson wi/youth 35 40 130 205/93 11.30Score
1 114.5/112.2 Zachary Clarke wi/youth 41 60 146 247/116.5 11.00Score
2 55.0/49.7 Samson Hou-Seye wi/youth 20 30 55 105/47.5 8.33Score

* = New American Record

CURL-BENCH-DEADLIFT ONLY

Pl. Weight/Act. Name St/Div Curl Bench Deadlift Coefficient

1 242.5/234.0 Todd Deprey wi/deadlift 640 3.3515
1 198.2/195.2 Aaron Mickelson wi/plbenchopen 510* 2.9139

1 198.2/195.2 Aaron Mickelson wi/plbenchinter. 510* 2.9139
 1 198.2/197.5 Tony Monahos wi/squat 480(Squat) 2.7312
 1 220.5/212.5 John Klarkowski wi/plbenchsm1 450 2.4698
 1 148.7/147.8 Andrew Olsen wi/plbenchm5 335* 2.2262
 1 148.7/147.8 Andrew Olsen wi/plbenchopen 335* 2.2262
 1 shw/333.5 Jim Ray wi/psbenchm5 485* 2.1566
 1 242.5/240.4 Jerry Jones wi/plbenchm3 400 2.0668
 1 242.5/240.4 Jerry Jones wi/plbenchm5 400 2.0668
 2 148.7/147.7 Tim Aldag wi/plbenchm5 285 1.8952
 2 148.7/147.7 Tim Aldag wi/plbenchopen 285 1.8952
 1 275.5/271.0 Eugene Carlson wi/plbenchm2 380 1.8635
 1 148.7/145.5 Dennis Feld wi/psbenchm2 265* 1.7785
 1 148.7/145.5 Dennis Feld wi/psbenchopen 265 1.7785
 1 275.5/259.9 Erik Schlick wi/psbenchopen 320 1.5983
 1 181.7/174.0 Tyler Moe wi/plbenchteen 250 1.5169
 1 198.2/195.7 David Platkowski wi/plbenchteen 200 1.1426
 1 165.2/158.3 Jacob Hoy wi/curlhs 160 1.0213
 1 165.2/158.3 Jacob Hoy wi/curlop 160 1.0213
 1 148.7/147.0 Brenda Meyer wi/plbenchopen 145 0.9659
 1 132.2/131.5 Dawn Nehls wi/plbenchsmp 135 0.9617
 1 148.7/140.5 Garrett Moe wi/plbenchteen 135 0.9246
 1 114.5/112.0 Ethan Reynolds wi/plbenchopen 100 0.8035
 1 114.5/112.2 Zachary Clarke wi/psbenchonly 70 0.5614
 1 114.5/112.2 Zachary Clarke wi/plbenchonly 70 0.5614
 1 114.5/112.2 Zachary Clarke wi/ythbenchonly 70 2.67Score
 1 77.0/75.0 Isaac Klarkowski wi/yth-dlift 70 4.66Score

* = New American Record.

PUSH/PULL

Pl. Weight/Act. Name St/Div Bench Deadlift Lbs./Kgs. Coefficient
 1 181.7/167.4 Dave Felton wi/push/pullopen 255 565 820/372.5 5.0747
 1 242.5/234.1 Mark Jacobs wi/push/pullopen 335 525 860/390.5 4.5016
 1 148.7/147.5 Bill Harris wi/push/pullm2 210 315 525/238.5 3.4959
 1 114.5/112.2 Zachary Clarke wi/push/pullopenps 70 146 216/98 1.7326
 1 114.5/112.2 Zachary Clarke wi/push/pullopenpl 70 146 216/98* 1.7326
 1 114.5/112.2 Zachary Clarke wi/push/pullyouth 60 146 206/93.5 9.18Score

* = New American Record.