

**NASA WV Regional
PL/BP/PS/P-P Championships 11-4-06 Ravenswood, WV**

Power Sports																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	60.00	Austin Higgins	WV	0.9000	59.80	0.3650				Youth	24.25		11.00	0.00		0.00	0.00	11.00
1	165.25	Ken Samples	WV	1.0360	167.40	0.6822				C-M5	110.23		50.00	0.00		0.00	0.00	50.00
1	165.25	Garrett Ballengee	WV	1.0105	158.00	5.0054				Teen	782.63		70.00	0.00		115.00	170.00	355.00
1	181.75	Stephen Higgins	WV	1.0558	174.40	2.6693				B-SM	440.92	67.50	65.00	0.00	140.00	135.00	0.00	200.00
1	181.75	Stephen Higgins	WV	1.0558	174.40	2.6693				B-SMP	440.92		65.00	0.00	140.00	135.00	0.00	200.00
1	181.75	Stephen Higgins	WV	1.0558	174.40	2.6693				C-SM	440.92		65.00	0.00	140.00	135.00	0.00	200.00
1	181.75	Tom Ballengee	WV	1.0416	168.60	4.1200				M2	666.89		52.50	0.00		95.00	155.00	302.50
1	198.25	Daniel Davis	WV	1.1153	194.60	1.4214				B-HSP	248.02		0.00	0.00		112.50	0.00	112.50
1	198.25	Robert Boothe	WV	1.1125	194.20	1.8944				B-SM	330.69		0.00	0.00		150.00	0.00	150.00
1	198.25	Brian Helmandollar	WV	1.1153	195.40	4.5615				M5	799.17		52.50	0.00		125.00	185.00	362.50
1	198.25	Dana Stepp	WV	1.1238	198.20	5.5626				Nat	981.05		77.50	0.00		160.00	207.50	445.00
1	198.25	Taylor Mills	WV	1.1238	198.00	4.0979				Teen	722.01		55.00	0.00		110.00	162.50	327.50
1	220.25	Brian Reynolds	WV	1.1805	218.00	4.8051				L/F	887.35		62.50	0.00		130.00	210.00	402.50
1	220.25	Brian Reynolds	WV	1.1805	218.00	4.8051				M2	887.35		62.50	0.00		130.00	210.00	402.50
1	220.25	Denny Dolin	WV	1.1323	200.80	3.3565				M4	595.24		52.50	0.00		85.00	132.50	270.00
1	220.25	Brian Scott	WV	1.1663	212.60	5.1400				Pure	936.96		70.00	0.00	-150.00	145.00	210.00	425.00
1	242.50	Randy Litton	WV	1.2366	237.90	1.9481				B-M1	374.78		0.00	0.00		170.00	0.00	170.00
1	242.50	Randy Litton	WV	1.2366	237.90	1.9481				B-Pure	374.78		0.00	0.00		170.00	0.00	170.00
1	242.50	Jerry Payne	WV	1.2310	235.60	1.7566				B-SM	336.20		0.00	0.00		152.50	0.00	152.50
1	242.50	Jeff Briner	OH	1.2170	231.20	0.7833				C-M2	148.81		67.50	0.00		0.00	0.00	67.50
1	242.50	Cloyd Brua	WV	1.1946	223.40	3.5661				M2	666.89		60.00	0.00		105.00	137.50	302.50
1	275.50	Ethan Batton	WV	1.3402	275.00	4.0559				Teen	832.24		67.50	0.00		117.50	192.50	377.50
1	275.50	John Belue	WV	1.3206	268.00	1.7110				Youth	347.22		27.50	0.00		42.50	87.50	157.50
1	308.00	Aaron Nedeff	OH	1.3458	277.20	4.5757				L/F	942.47		77.50	0.00	-167.50	160.00	190.00	427.50
Powerlifting																		
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	165.25	Jeff Keseker	WV	1.0105	157.60	8.1632	Teen				1273.16		0.00	200.00		172.50	205.00	577.50
1	181.75	Ken Moody	WV	1.0671	177.60	7.6166	Pure				1267.65		0.00	210.00		130.00	235.00	575.00
1	198.25	Don Hall	WV	1.1210	197.00	6.1784	M2				1085.77		0.00	187.50		127.50	177.50	492.50
1	198.25	Kenney Hamrick,III	WV	1.0983	189.40	5.9127	Nat				1019.63		0.00	102.50		155.00	205.00	462.50
x	198.25	Shawn Burgraff	WV	1.1153	195.40	-2.8627	HSP				-501.55		0.00	-227.50		0.00	0.00	-227.50
x	198.25	Shawn Burgraff	WV	1.1153	195.40	-2.8627	Jr				-501.55		0.00	-227.50		0.00	0.00	-227.50
x	198.25	Shawn Burgraff	WV	1.1153	195.40	-2.8627	Teen				-501.55		0.00	-227.50		0.00	0.00	-227.50
1	220.25	Jim Rubenstein	WV	1.1861	219.80	6.9298	M5				1284.18		0.00	202.50		140.00	240.00	582.50
2	220.25	Jon Moore	WV	1.1720	215.00	5.7685	M5				1058.21		0.00	160.00		115.00	205.00	480.00
1	242.50	Mark Runyon	WV	1.2366	237.60	5.7370	L/F				1102.30		0.00	295.00		205.00	0.00	500.00
1	242.50	Jim Adkins	WV	1.2478	241.80	8.4472	M1				1636.92		0.00	277.50		215.00	250.00	742.50
1	242.50	Jim Adkins	WV	1.2478	241.80	8.4472	Pure				1636.92		0.00	277.50		215.00	250.00	742.50
1	242.50	Tab Brown	WV	1.2450	241.20	6.0596	1				1173.95		0.00	167.50		147.50	217.50	532.50
1	275.00	Todd Schott	OH	1.3066	262.80	10.0018	Int				2011.70		0.00	367.50		237.50	307.50	912.50
1	275.00	Todd Schott	OH	1.3066	262.80	10.0018	Nat				2011.70		0.00	367.50		237.50	307.50	912.50
1	275.00	Todd Schott	OH	1.3066	262.80	10.0018	Pure				2011.70		0.00	367.50		237.50	307.50	912.50
1	308.00	AJ Freda	WV	1.3878	291.60	8.2731	Jr				1738.33		0.00	308.50		200.00	280.00	788.50
1	SHW	Art Wooten	OH	1.4830	335.00	6.4656	M2				1460.55		0.00	245.00	-212.50	207.50	210.00	662.50

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Bench Only																		
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	P/P	Power	Tl. Lbs.	C-4ar	Best-C	Best SQ	BP-4ar	Best BP	Best DL	TL Kgs
1	114.00	Tyler O'Dell	WV	0.9000	108.60	0.8222		Jr			99.21		0.00	0.00	52.50	45.00	0.00	45.00
1	148.75	Zach Long	WV	0.9737	145.20	1.4784		Teen			220.46		0.00	0.00		100.00	0.00	100.00
1	165.25	Ken Samples	WV	1.0360	167.40	1.5008		M3			242.51		0.00	0.00		110.00	0.00	110.00
1	165.25	Ken Samples	WV	1.0360	167.40	1.5008		M5			242.51		0.00	0.00		110.00	0.00	110.00
1	181.75	Steve Martin	WV	1.0643	176.80	2.1898		Jr			363.76		0.00	0.00		165.00	0.00	165.00
1	181.75	Steve Martin	WV	1.0643	176.80	2.1898		Nat			363.76		0.00	0.00		165.00	0.00	165.00
1	198.25	Scott Cook	WV	1.1040	191.00	2.2300		L/F			385.81		0.00	0.00		175.00	0.00	175.00
1	198.25	Daniel Diaz	WV	1.1210	197.00	1.9758		SM2			347.22		0.00	0.00		157.50	0.00	157.50
1	198.25	Daniel Diaz	WV	1.1210	197.00	1.9758		SMP			347.22		0.00	0.00		157.50	0.00	157.50
1	242.50	Chris Asbury	WV	1.2058	227.00	3.0155		SMP			567.68		0.00	0.00		257.50	0.00	257.50
1	275.00	Scott Beatty	WV	1.2646	247.60	2.4490		M1			479.50		0.00	0.00		217.50	0.00	217.50
1	275.00	Scott Beatty	WV	1.2646	247.60	2.4490		M5			479.50		0.00	0.00		217.50	0.00	217.50
1	275.00	Scott Beatty	WV	1.2646	247.60	2.4490		Nat			479.50		0.00	0.00		217.50	0.00	217.50
1	275.00	Zach Howerton	WV	1.3262	269.80	1.2191		Teen			248.02		0.00	0.00		112.50	0.00	112.50
1	308.50	Tony Goudy	WV	1.4242	304.60	1.9585		M1			418.87		0.00	0.00		190.00	0.00	190.00
1	308.50	Kent Burgess	WV	1.3458	276.80	2.5993		M2			534.62		0.00	0.00		242.50	0.00	242.50
1	308.50	Kent Burgess	WV	1.3458	276.80	2.5993		Nat			534.62		0.00	0.00		242.50	0.00	242.50
1	308.50	Kent Burgess	WV	1.3458	276.80	2.5993		Pure			534.62		0.00	0.00		242.50	0.00	242.50
1	308.50	Andy Shields	VA	1.3682	284.80	3.2568		SM			677.91		0.00	0.00	-317.50	307.50	0.00	307.50
Push Pull																		
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	P/P	Power	Tl. Lbs.	C-4ar	Best-C	Best SQ	BP-4ar	Best BP	Best DL	TL Kgs
1	132.25	Deb Barnette	WV	0.9368	131.80	2.3505			W-M2		330.69		0.00	0.00		57.50	92.50	150.00
1	148.75	Phillip Sholes	WV	0.9822	148.20	4.6025			M1		694.45		0.00	0.00		117.50	197.50	315.00
1	181.75	Sam Brooks	WV	1.0586	175.40	4.6237			PN		766.10		0.00	0.00	-157.50	147.50	200.00	347.50
1	198.25	Kenney Hamrick, III	WV	1.0983	189.40	4.6023			Jr		793.66		0.00	0.00		155.00	205.00	360.00
1	198.25	Scott Cook	WV	1.1040	191.00	4.8104			L/F		832.24		0.00	0.00		175.00	202.50	377.50
x	242.50	Derrick Thomas	WV	1.2450	241.40	-1.9898			Jr		-385.81		0.00	0.00		-175.00	0.00	-175.00
1	275.50	Todd Schott	OH	1.3066	262.80	5.9737			Pure		1201.51		0.00	0.00		237.50	307.50	545.00
1	SHW	Brandon Sneed	WV	1.4830	396.00	3.1992			Jr		854.28		0.00	0.00		185.00	202.50	387.50
1	SHW	Art Wooten	OH	1.4830	335.00	4.0746			M2		920.42		0.00	0.00	-212.50	207.50	210.00	417.50