

West Texas Regional Championships 12.9.06

Powerlifting																	
Pl.	4.00	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneg	Push	TI. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	275.50	Steve Cyranoski	tx	1.2730	250.60	8.8752	m1					1747.15	0.00	305.00	215.00	272.50	792.50
1	181.75	Chris Golden	tx	1.0388	167.98	8.2482	open					1333.78	0.00	210.00	167.50	227.50	605.00
1	181.75	Chris Golden	tx	1.0388	167.98	8.2482	p+f					1333.78	0.00	210.00	167.50	227.50	605.00
1	308.50	Henry Thomason	tx	1.3514	278.70	8.2313	open					1697.54	0.00	320.00	155.00	295.00	770.00
1	220.25	Clay Manross	tx	1.1266	198.70	7.3749	jr					1300.71	0.00	217.50	145.00	227.50	590.00
1	275.50	Tony Foster	tx	1.3234	269.00	7.2668	smp					1477.08	0.00	260.00	165.00	245.00	670.00
1	shw	Robin James	tx	1.4830	327.50	7.1628	p+f					1581.80	0.00	272.50	182.50	262.50	717.50
1	242.50	Erik Payson	tx	1.2366	238.10	6.7554	jr					1300.71	0.00	227.50	140.00	222.50	590.00
1	242.50	Ben Flores Jr.	tx	1.2198	231.70	6.6156	sm1					1256.62	0.00	195.00	167.50	207.50	570.00
1	165.25	Deborah James	tx	1.0076	157.45	4.7263	wint					738.54	0.00	132.50	57.50	145.00	335.00
Equipped BP Only																	
Pl.	4.00	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneg	Push	TI. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Andrew Wolf	nm	1.1493	207.40	2.8709		open				518.08	0.00	0.00	235.00	0.00	235.00
1	275.50	Neil Eddins	tx	1.2674	249.10	2.4397		m1				479.50	0.00	0.00	217.50	0.00	217.50
2	275.50	Steve Cyranoski	tx	1.2730	250.60	2.4078		m1				473.99	0.00	0.00	215.00	0.00	215.00
1	308.50	Robert Gains	tx	1.3794	288.60	2.3709		m1				496.04	0.00	0.00	225.00	0.00	225.00
1	242.50	Greg Alvarado	tx	1.2226	232.70	2.1139		open				402.34	0.00	0.00	182.50	0.00	182.50
1	242.50	Greg Alvarado	tx	1.2226	232.70	2.1139		sm1				402.34	0.00	0.00	182.50	0.00	182.50
X	181.75	Clyde Lynn	tx	1.0700	179.35	-1.6441		m3				-275.58	0.00	0.00	-125.00	0.00	-125.00
X	242.50	Ronnie Davis	tx	1.2338	236.70	-2.4994		nov				-479.50	0.00	0.00	-217.50	0.00	-217.50
X	242.50	Ronnie Davis	tx	1.2338	236.70	-2.4994		open				-479.50	0.00	0.00	-217.50	0.00	-217.50
X	242.50	Ronnie Davis	tx	1.2338	236.70	-2.4994		pure				-479.50	0.00	0.00	-217.50	0.00	-217.50
X	242.50	Ronnie Davis	tx	1.2338	236.70	-2.4994		sm1				-479.50	0.00	0.00	-217.50	0.00	-217.50
X	242.50	Ronnie Davis	tx	1.2338	236.70	-2.4994		smp				-479.50	0.00	0.00	-217.50	0.00	-217.50
X	275.50	Chad Beal	tx	1.2646	248.20	-2.5835		nov				-507.06	0.00	0.00	-230.00	0.00	-230.00
X	275.50	Chad Beal	tx	1.2646	248.20	-2.5835		open				-507.06	0.00	0.00	-230.00	0.00	-230.00
X	275.50	Chad Beal	tx	1.2646	248.20	-2.5835		pure				-507.06	0.00	0.00	-230.00	0.00	-230.00
X	275.50	Chad Beal	tx	1.2646	248.20	-2.5835		sm1				-507.06	0.00	0.00	-230.00	0.00	-230.00
X	275.50	Chad Beal	tx	1.2646	248.20	-2.5835		smp				-507.06	0.00	0.00	-230.00	0.00	-230.00
Power Sports																	
Pl.	4.00	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneg	Push	TI. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	242.50	Ben Flores Jr.	tx	1.2198	231.70	5.1648			sm1			981.05	70.00	0.00	167.50	207.50	445.00
1	242.50	Jeff Reeder	tx	1.2254	233.60	4.7415			sm2			903.89	65.00	0.00	140.00	205.00	410.00
1	242.50	Daniel Glenn	tx	1.1890	221.30	3.8200			nov			710.98	52.50	0.00	97.50	172.50	322.50
1	275.50	Tom Jonas	tx	1.2814	254.20	3.0006			nov			595.24	47.50	0.00	92.50	130.00	270.00
1	308.50	Chris Spurrison	tx	1.3906	293.30	2.0382			bpm1			429.90	0.00	0.00	195.00	0.00	195.00
1	308.50	Chris Spurrison	tx	1.3906	293.30	2.0382			bpopen			429.90	0.00	0.00	195.00	0.00	195.00
1	308.50	Chris Spurrison	tx	1.3906	293.30	0.9930			cm1			209.44	95.00	0.00	0.00	0.00	95.00
1	308.50	Chris Spurrison	tx	1.3906	293.30	0.9930			copen			209.44	95.00	0.00	0.00	0.00	95.00
Unequipped BP																	
Pl.	4.00	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneg	Push	TI. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	181.75	Brian Warren	tx	1.0501	172.10	6.9949						1146.39	0.00	200.00	120.00	200.00	520.00
1	148.75	Jared Victor	tx	0.9822	147.70	6.2674						942.47	0.00	165.00	97.50	165.00	427.50
1	181.75	Eric Cyranoski	tx	1.0558	174.40	5.8391						964.51	0.00	165.00	102.50	170.00	437.50
1	242.50	James Moody	tx	1.2170	230.80	4.7080						892.86	0.00	142.50	120.00	142.50	405.00
1	165.25	C.M. Fowler	tx	1.0048	155.65	3.6647						567.68	0.00	102.50	50.00	105.00	257.50
1	123.25	Anita Burke	tx	0.9000	117.50	0.7599						99.21	0.00	0.00	45.00	0.00	45.00
Push Pull																	
Pl.	4.00	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneg	Push	TI. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	198.25	Bobby Warren	tx	1.1011	190.10	6.5444						1129.86	0.00	192.50	132.50	187.50	512.50
1	308.50	Henry Thomason	tx	1.3514	278.70	4.8105						992.07	0.00	0.00	155.00	295.00	450.00
1	242.50	Greg Alvarado	tx	1.2226	232.70	4.7490						903.89	0.00	0.00	182.50	227.50	410.00
1	242.50	Greg Alvarado	tx	1.2226	232.70	4.7490						903.89	0.00	0.00	182.50	227.50	410.00
1	shw	Robin James	tx	1.4830	327.50	4.4424						981.05	0.00	0.00	182.50	262.50	445.00
1	165.25	Deborah James	tx	1.0076	157.45	2.8569						446.43	0.00	0.00	57.50	145.00	202.50
X	181.75	Clyde Lynn	tx	1.0700	179.35	-1.6441						-275.58	0.00	0.00	-125.00	0.00	-125.00