

NASA VA State PL/BP/PS/PP Championships Wytheville, VA
02-25-06

Powerlifting																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	132.25	Karl Hale	WV	0.9255	127.80	5.5479	HSP				766.10	0.00	112.50	90.00	145.00	347.50
2	132.25	Blake White	WV	0.9368	131.80	5.0143	HSP				705.47	0.00	100.00	65.00	155.00	320.00
1	165.25	Jacob Mann	WV	0.9907	151.40	4.8688	HSP				744.05	0.00	112.50	80.00	145.00	337.50
1	181.75	Jeff Wren	WV	1.0586	175.40	5.4885	HSP				909.40	0.00	137.50	92.50	182.50	412.50
1	181.75	Robert Maggi	VA	1.0473	171.20	6.8781	Pure				1124.35	0.00	175.00	145.00	190.00	510.00
1	198.75	Roger Maggi	VA	1.1238	198.20	6.2813	U-SM				1107.81	0.00	162.50	150.00	190.00	502.50
1	242.50	Russell Elm	WV	1.2030	226.40	5.0665	HSP				953.49	0.00	145.00	97.50	190.00	432.50
2	242.50	Mike Dye	WV	1.2338	236.60	4.6560	HSP				892.86	0.00	142.50	102.50	160.00	405.00
1	275.00	Justin Shimel	WV	1.3262	269.60	4.6361	HSP				942.47	0.00	145.00	102.50	180.00	427.50
Power Sports																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	198.75	Roger Maggi	VA	1.1238	198.20	4.9376				SM2	870.82	55.00	0.00	150.00	190.00	395.00
1	220.25	Miles Thomas	VA	1.1238	198.40	1.4985				B-Jr	264.55	0.00	0.00	120.00	0.00	120.00
1	220.25	Miles Thomas	VA	1.1238	198.40	0.7805				C-Jr	137.79	62.50	0.00	0.00	0.00	62.50
1	220.25	Rossie Mitchum	WV	1.1578	209.60	4.7798				PN	865.31	65.00	0.00	135.00	192.50	392.50
1	220.25	Rossie Mitchum	WV	1.1578	209.60	4.7798				Pure	865.31	65.00	0.00	135.00	192.50	392.50
1	308.00	Andy Shields	VA	1.3850	291.00	2.2559				B-SM	473.99	0.00	0.00	215.00	0.00	215.00
1	132.25	Deb Barnette	WV	0.9142	124.40	1.0531				D-M2	143.30	0.00	0.00	0.00	65.00	65.00
Push Pull																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	148.75	Phillip Sholes	WV	0.9765	146.20	4.3807			M1		655.87	0.00	0.00	112.50	185.00	297.50
1	132.25	Deb Barnette	WV	0.9142	124.40	-0.7696			M2		-104.72	0.00	0.00	-47.50		-47.50
Bench Only																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	132.25	Aaron Phillips	WV	0.9312	129.80	1.6211		PN			225.97	0.00	0.00	102.50	0.00	102.50
1	132.25	Katrina Hamby	TN	0.9170	125.00	1.2534		Pure			170.86	0.00	0.00	77.50	0.00	77.50
1	181.75	Herb Dunn	TN	1.0615	176.00	1.7285		M3			286.60	0.00	0.00	130.00	0.00	130.00
1	242.50	David Smith	TN	1.2114	229.00	2.6532		M5			501.55	0.00	0.00	227.50	0.00	227.50
1	242.50	John Nelson	TN	1.2310	235.80	2.1004		SMP			402.34	0.00	0.00	182.50	0.00	182.50