

# Bench Press National Championships 3.4.06

Power Sports															
Pl.	dc	Name	St.	Coef	B.W.T	TL Coef	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	165.50	Casey Claunch	co	1.0105	157.50	5.1981		int		810.19	57.50	0.00	115.00	195.00	367.50
1	165.25	Ken Kaiser	co	1.0246	162.50	4.9347		m1		782.63	70.00	0.00	120.00	165.00	355.00
1	220.25	Jeff Miller	co	1.1663	213.30	4.6108		m1		843.26	55.00	0.00	140.00	187.50	382.50
1	198.25	Tim Kerbs	co	1.1210	196.70	3.9891		m5		699.96	50.00	0.00	105.00	162.50	317.50
1	165.25	Ken Kaiser	co	1.0246	162.50	2.2936		d1m1		363.76	0.00	0.00	0.00	165.00	165.00
1	242.50	Dave Baize	wy	1.2086	228.00	2.1620		bpsm2		407.85	0.00	0.00	185.00	0.00	185.00
1	242.50	Dave Baize	wy	1.2086	228.00	2.1620		bpsmp		407.85	0.00	0.00	185.00	0.00	185.00
1	165.25	Sam Iannetta	co	1.0190	161.00	1.9186		bppure		303.13	0.00	0.00	137.50	0.00	137.50
1	242.50	Neil Miller	co	1.2058	227.00	1.9030		bpm2		358.25	0.00	0.00	162.50	0.00	162.50
X	242.50	Cy Hundley	co	1.2478	242.20	1.8741		bpopen		363.76	0.00	0.00	165.00	0.00	165.00
1	165.25	Ken Kaiser	co	1.0246	162.50	1.6681		bpm1		264.55	0.00	0.00	120.00	0.00	120.00
1	242.50	Kelly Losey	co	1.2478	241.50	1.6232		bpm1		314.16	0.00	0.00	142.50	0.00	142.50
1	242.50	Kelly Losey	co	1.2478	241.50	1.6232		bpm5		314.16	0.00	0.00	142.50	0.00	142.50
1	220.25	Robert Trujillo	mt	1.1720	215.00	1.4722		bpjr		270.06	0.00	0.00	122.50	0.00	122.50
1	148.75	Virgil Norton	mt	0.9793	146.80	1.3604		bpjr		203.93	0.00	0.00	92.50	0.00	92.50
1	198.25	Alannah McTighe	co	1.1181	196.00	1.1948		wbpm2		209.44	0.00	0.00	95.00	0.00	95.00
1	181.75	Josh Bina	mt	1.0473	170.80	1.1490		bpjr		187.39	0.00	0.00	85.00	0.00	85.00
1	181.75	Andre Harrell	co	1.0756	181.20	0.9815		csm		165.35	75.00	0.00	0.00	0.00	75.00
1	165.25	Ken Kaiser	co	1.0246	162.50	0.9730		cm1		154.32	70.00	0.00	0.00	0.00	70.00
1	181.75	Tim Prutch	co	1.0671	177.60	0.8279		chs		137.79	62.50	0.00	0.00	0.00	62.50
1	148.75	Mary Hetzel	co	0.9765	145.80	0.5168		wcm1		77.16	35.00	0.00	0.00	0.00	35.00
1	198.25	Lois Hintz	co	1.0841	184.40	0.3564		wcnov		60.63	27.50	0.00	0.00	0.00	27.50
1	198.25	Lois Hintz	co	1.0841	184.40	0.3564		wm5		60.63	27.50	0.00	0.00	0.00	27.50
1	198.25	Lois Hintz	co	1.0841	184.40	0.3240		wopen		55.12	25.00	0.00	0.00	0.00	25.00
X	181.75	Andre Harrell	co	1.0756	181.20	0.0000		bpsmp		0.00	0.00	0.00	0.00	0.00	0.00
X	242.50	Cy Hundley	co	1.2478	242.20	-1.8741		bpm1		-363.76	0.00	0.00	-165.00	0.00	-165.00
Men's BP															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	165.25	Jason Emmert	wy	1.0246	163.20	1.4187	teen			225.97	0.00	0.00	102.50	0.00	102.50
1	242.50	Tim Meeker	ks	1.2226	232.60	2.5204	smp			479.50	0.00	0.00	217.50	0.00	217.50
2	242.50	Craig Ford	wy	1.2310	235.50	2.2471	smp			429.90	0.00	0.00	195.00	0.00	195.00
3	242.50	Bob Muretta	mt	1.2450	241.00	1.7368	smp			336.20	0.00	0.00	152.50	0.00	152.50
1	275.50	James Whitbread	co	1.3010	260.90	2.6384	sm2			529.10	0.00	0.00	240.00	0.00	240.00
1	242.50	Craig Ford	wy	1.2310	235.50	2.2471	sm1			429.90	0.00	0.00	195.00	0.00	195.00
1	242.50	Jeff Nichols	ks	1.2366	238.20	2.2604	pure			435.41	0.00	0.00	197.50	0.00	197.50
2	242.50	Craig Ford	wy	1.2310	235.50	2.2471	pure			429.90	0.00	0.00	195.00	0.00	195.00
1	shw	Alan Borden	tx	1.4830	339.30	1.6381	pure			374.78	0.00	0.00	170.00	0.00	170.00
1	308.50	Jason Ehrhardt	co	1.3962	295.00	2.3738	p&f			501.55	0.00	0.00	227.50	0.00	227.50
1	242.50	Neil Miller	co	1.2058	227.00	2.2836	p&f			429.90	0.00	0.00	195.00	0.00	195.00
2	242.50	Kris Krekora	co	1.2170	231.10	1.8575	p&f			352.74	0.00	0.00	160.00	0.00	160.00
1	275.50	Rick Geller	co	1.3122	265.00	2.6200	open			529.10	0.00	0.00	240.00	0.00	240.00
1	181.75	Tom Cincich	co	1.0700	179.20	2.4024	open			402.34	0.00	0.00	182.50	0.00	182.50
1	242.50	Jeff Nichols	ks	1.2366	238.20	2.2604	open			435.41	0.00	0.00	197.50	0.00	197.50
2	275.50	John Lynn III	co	1.3262	270.00	2.2199	open			451.94	0.00	0.00	205.00	0.00	205.00
1	shw	Alan Borden	tx	1.4830	339.30	1.6381	m5			374.78	0.00	0.00	170.00	0.00	170.00
1	181.75	Tony Trujillo	co	1.0756	181.10	1.6367	m5			275.58	0.00	0.00	125.00	0.00	125.00
1	275.50	Howard Blackmon	co	1.2702	250.10	2.2393	m3			440.92	0.00	0.00	200.00	0.00	200.00
1	242.50	Neil Miller	co	1.2058	227.00	2.2836	m2			429.90	0.00	0.00	195.00	0.00	195.00
1	220.25	Mark Hammond	mo	1.1578	210.20	2.1554	m2			391.32	0.00	0.00	177.50	0.00	177.50
1	242.50	Lee Elliff	tx	1.2478	242.20	2.7827	m1			540.13	0.00	0.00	245.00	0.00	245.00
1	275.50	Rick Geller	co	1.3122	265.00	2.6200	m1			529.10	0.00	0.00	240.00	0.00	240.00
1	181.75	Tom Cincich	co	1.0700	179.20	2.4024	m1			402.34	0.00	0.00	182.50	0.00	182.50
1	198.25	Richard Martinez	co	1.1040	191.20	2.1640	m1			374.78	0.00	0.00	170.00	0.00	170.00
1	shw	Karl Painter	co	1.4830	329.30	2.1594	m1			479.50	0.00	0.00	217.50	0.00	217.50
2	198.25	Robert Roberto	co	1.1153	195.00	1.8599	m1			325.18	0.00	0.00	147.50	0.00	147.50
1	132.25	John Vincent	co	0.9312	130.10	1.7752	m1			248.02	0.00	0.00	112.50	0.00	112.50
2	shw	Alan Borden	tx	1.4830	339.30	1.6381	m1			374.78	0.00	0.00	170.00	0.00	170.00
X	220.25	Gregory Rutschmah	co	1.1465	205.90	-2.4551	m1			-440.92	0.00	0.00	-200.00	0.00	-200.00
X	198.25	Travis Bell	mi	1.1210	197.30	-2.5991	jr			-457.45	0.00	0.00	-207.50	0.00	-207.50
1	220.25	Jake Hammond	mo	1.1380	202.50	2.2301	int			396.83	0.00	0.00	180.00	0.00	180.00
1	198.25	Ryan Merkow	co	1.1011	189.90	2.1092	int			363.76	0.00	0.00	165.00	0.00	165.00
2	220.25	Justin Merkow	co	1.1380	203.30	2.0053	int			358.25	0.00	0.00	162.50	0.00	162.50
1	242.50	Kris Krekora	co	1.2170	231.10	1.8575	int			352.74	0.00	0.00	160.00	0.00	160.00
1	165.50	Casey Claunch	co	1.0105	157.50	1.6266	int			253.53	0.00	0.00	115.00	0.00	115.00
1	181.75	Tim Prutch	co	1.0671	177.60	1.8876	hs			314.16	0.00	0.00	142.50	0.00	142.50

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Women's BP															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	114.50	Heena Patel	co	0.9000	111.00	1.5641	wopen			192.90	0.00	0.00	87.50	0.00	87.50
1	114.50	Heena Patel	co	0.9000	111.00	1.5641	wpure			192.90	0.00	0.00	87.50	0.00	87.50
1	114.50	Heena Patel	co	0.9000	111.00	1.5641	wsm1			192.90	0.00	0.00	87.50	0.00	87.50
1	114.50	Heena Patel	co	0.9000	111.00	1.5641	wsm1			192.90	0.00	0.00	87.50	0.00	87.50
1	123.25	Krysti Hughes	co	0.9000	118.00	1.4461	wm1			189.60	0.00	0.00	86.00	0.00	86.00
1	123.25	Krysti Hughes	co	0.9000	118.00	1.4461	wm5			189.60	0.00	0.00	86.00	0.00	86.00
1	148.75	Mary Hetzel	co	0.9765	145.80	1.4027	wm1			209.44	0.00	0.00	95.00	0.00	95.00
1	148.75	Mary Hetzel	co	0.9765	145.80	1.4027	wmpure			209.44	0.00	0.00	95.00	0.00	95.00
1	198.25	Alannah McTighe	co	1.1181	196.00	1.1948	wm2			209.44	0.00	0.00	95.00	0.00	95.00
1	132.25	Mary Cencich	co	0.9340	131.00	1.1003	wpure			154.32	0.00	0.00	70.00	0.00	70.00
1	132.25	Mary Cencich	co	0.9340	131.00	1.1003	wsm2			154.32	0.00	0.00	70.00	0.00	70.00
1	105.50	Jessica Welton	co	0.9000	103.40	0.5277	whs			60.63	0.00	0.00	27.50	0.00	27.50
Push Pull															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	165.25	Sam Iannetta	co	1.0190	161.00	4.2558			m1	672.40	0.00	0.00	137.50	167.50	305.00
1	165.25	Sam Iannetta	co	1.0190	161.00	4.2558			open	672.40	0.00	0.00	137.50	167.50	305.00
1	165.25	Sam Iannetta	co	1.0190	161.00	4.2558			pure	672.40	0.00	0.00	137.50	167.50	305.00
1	114.50	Heena Patel	co	0.9000	111.00	4.1113			wopen	507.06	0.00	0.00	87.50	142.50	230.00
1	114.50	Heena Patel	co	0.9000	111.00	4.1113			wpure	507.06	0.00	0.00	87.50	142.50	230.00
1	114.50	Heena Patel	co	0.9000	111.00	4.1113			wsm1	507.06	0.00	0.00	87.50	142.50	230.00
1	114.50	Heena Patel	co	0.9000	111.00	4.1113			wsm1	507.06	0.00	0.00	87.50	142.50	230.00
1	165.25	Randy Theisen	co	0.9992	154.20	4.1071			hs	633.82	0.00	0.00	102.50	185.00	287.50
1	220.25	Nate Baldwin	co	1.1663	213.10	3.8309			hs	699.96	0.00	0.00	107.50	210.00	317.50
1	123.25	Krysti Hughes	co	0.9000	118.00	3.7581			wm1	492.73	0.00	0.00	86.00	137.50	223.50
1	123.25	Krysti Hughes	co	0.9000	118.00	3.7581			wmp	492.73	0.00	0.00	86.00	137.50	223.50
1	198.25	Richard Morgan	co	1.0813	182.60	3.6227			hs	611.78	0.00	0.00	107.50	170.00	277.50
1	220.25	Jack Robinson	co	1.1805	217.70	3.4669			m3	639.33	0.00	0.00	100.00	190.00	290.00
1	181.75	David Rivera	co	1.0700	178.70	3.3331			hs	556.66	0.00	0.00	107.50	145.00	252.50
2	198.25	Matt Schnitzler	co	1.1210	197.30	3.0375			hs	534.62	0.00	0.00	82.50	160.00	242.50
1	148.75	Brandon Donahue	co	0.9850	148.75	3.0292			hs	457.45	0.00	0.00	77.50	130.00	207.50
2	148.75	Kenny Murphy	co	0.9822	147.50	2.8994			hs	435.41	0.00	0.00	77.50	120.00	197.50
1	132.25	Laura Allen	co	0.9283	128.60	2.4269			whs	336.20	0.00	0.00	50.00	102.50	152.50