

There were 44 entries at "THE BIG ONE," this past Saturday, at Southside Alliance Church in Sheboygan. The Event was the first Powerlifting Meet to be held in Sheboygan County in 23 years, and had in addition to the number of lifters involved, 177 spectators over the age of 12 in attendance, plus about another 25 to 30 children under the age of 12. The 8 nationally certified N.A.S.A. Referees, booth vendors, and Event support staff put the total crowd at well over 250 people. The Meet was sanctioned by the Natural Athlete Strength Association, which tests its lifters for the presence of Steroids, Growth Hormones, and Psychomotor Stimulants.

Sheboygan County School Board President, Juan Perez, led the crowd in the Pledge of Allegiance, followed by Sheboygan High School Student Justin Jacket, who sang the National Anthem.

The youngest lifter of the day was Samson Hou-Seye, age 5, whose participation made State Weightlifting history, as the youngest lifter ever to enter a sanctioned Weightlifting Event. Weighing in at 44 lbs., Samson won 1st Place in the Power Sports Youth Division, by Strict Curling 10 lbs., Benchpressing 25 lbs., and Deadlifting 50 lbs. Hou-Seye was successful on 6 of 9 attempts.

The oldest lifter of the day was Peter Jensen, age 74 who competed in the Masters IV, 198 lbs. Powerlifting Division. Peter finished in 1st Place with lifts that included a 250 lbs. Squat, a 215 lbs. Benchpress, and a 370 lbs. Deadlift. Jensen was successful on 8 of 9 attempts.

The Best Lifter of the day, with the highest coefficient of weight lifted compared to actual bodyweight, was Steven Korff, age 45, from Sheboygan Falls. Korff, who lifts at the Sheboygan YMCA, Squatted 600 lbs., Benchpressed 390 lbs., and Deadlifted 510 lbs., for an Event Total of 1500 lbs, taking 1st Place in the 198 lbs. Masters I Division. The Heaviest Total of the day was accomplished by Justin Cera, of Marshfield, who finished the day with 1645 lbs., in the 308 lbs. Weight Division. Veteran lifter and many time National Champion Marty Becker, age 41, finished with a 1640 lbs. Total, in the 220 Lbs. Masters I Division, for a 1st Place finish. Hou-Seye, Jensen, and Becker are all Sheboygan residents.

Meet Director Job Hou-Seye, 37, said that the Event ended up exceeding his expectations, stating, "All in all, people in the crowd kept telling me that they were very impressed with the location and conduct of the Meet." Hou-Seye added that although he himself was too busy to compete in the Meet, he was pleased with his son's performance. "Samson has never pulled 50 lbs. in his gym. The cheering of the crowd made him pull his 3rd Deadlift to completion, I'm convinced of that."

The Drug Free Event featured a 3 Hour Live Broadcast by WHBL's Nick Reed, and the walls were lined with booths by some of the Meet's sponsors, including Sentry Insurance, Market America, Willkommen Wagon, LiftingLarge.com, Crain's Muscle World, Natural Ovens Bakery, and Inzer Advanced Designs. A Multi-Media Screen flashed the names of many other sponsors for the duration of the Event. A concession stand was present all day, sponsored by the Sheboygan County Taxpayer's Alliance. Willkommen Wagon provided free fruit and gatorade, for "lifters only," throughout the Meet.

It was announced at the Meet, that later this Summer, Wisconsin may host the first ever Regional Umbrella Meet, which will invite Powerlifters from all of the nationally recognized Drug Free organizations to compete in one Absolute Championship Event. N.A.S.A., the AAU(Amateur Athletic Union), the USPF(United States Powerlifting), and the AAPF(Amateur American Powerlifting Federation) have come together to form an Umbrella Organization for a National Championship to determine who the Absolute Best Drug Free Powerlifters in America are. The tentative Regional Umbrella Meet would sanction anybody with a qualifying total to compete at the U.S. National Powerlifting Championships.

Job Hou-Seye thanked the Meet sponsors, lifters, officials, other support staff, and crowd for their attendance, concluding, "I want to thank everyone for coming today. You all contributed in making this a great Event for the City of Sheboygan." Local Sheboygan lifters accounted for nearly 40% of the Meet's entries.

Meet Results

Power Sports

Name, Division, City, Curl, Benchpress, Deadlift

Brian Mueller, 242 lbs. Open Division, Oshkosh, WI, 190 lbs., 330 lbs., 675 lbs.
Jonathan Anderson, 123 lbs. Teen Division, Green Bay, WI, 60 lbs., 110 lbs., 210 lbs.
Ronald Corey, 181 lbs. Masters III Division, Loves Park, IL, 90 lbs., 300 lbs., 170 lbs.
Charity Reynolds, 198+ Ladies Submaster Division, Sun Prairie, 85 lbs., 160 lbs., 295 lbs.
Samson Hou-Seye, 44 lbs. Youth Division, Sheboygan, WI, 10 lbs., 25 lbs., 50 lbs.

Powerlifting

Name, Division, City, Squat, Benchpress, Deadlift

Steven Korff, 198 lbs. Masters I Division, Sheboygan Falls, 600 lbs., 390 lbs., 510 lbs.
Steven Korff, 198 lbs. Masters Pure Div., Sheboygan Falls, 600 lbs., 390 lbs., 510 lbs.
Jerry Halverson, 220 lbs. Submaster II Div., Pardeeville, WI, 615 lbs., 375 lbs., 615 lbs.
Marty Becker, 220 lbs. Masters 1 Division, Sheboygan, WI, 650 lbs., 460 lbs., 530 lbs.
Marty Becker, 220 lbs. Lifetime Pure Div., Sheboygan, WI, 650 lbs., 460 lbs., 530 lbs.
David Anderson, 181 lbs. Masters 1 Div., Green Bay, WI, 520 lbs., 295 lbs., 480 lbs.
David Felton, 165 lbs. Masters 1 Div., Green Bay, WI, 340 lbs., 250 lbs., 555 lbs.
John Wink, 165 lbs. Masters 1 Division, Milwaukee, WI, 405 lbs., 210 lbs., 405 lbs.
Dale Alsteen, 198 lbs. Masters II Division, Sheboygan, WI, 420 lbs., 320 lbs., 450 lbs.
Rick Matthews, 220 lbs. Submaster II Div, Pleasant Prairie, 445 lbs., 280 lbs., 475 lbs.
Justin Cera, 308 lbs. Open Division, Marshfield, WI, 630 lbs., 415 lbs., 600 lbs.
Charles Anstead, 220 lbs. Lifetime Pure Div., Hobart, IN, 450 lbs., 300 lbs., 405 lbs.
John Wood, 275 lbs. Masters 1 Division, Manistique, MI, 500 lbs., 350 lbs., 475 lbs.
Wade Bemis, 242 lbs. Teen Division, Adell, WI, 450 lbs., 275 lbs., 490 lbs.
Mark Jacobs, 220 lbs. Novice Division, Sheboygan, WI, 385 lbs., 275 lbs., 465 lbs.
Dennis Ploetz, 181 lbs. Novice Division, Sheboygan, WI, 325 lbs., 285 lbs., 305 lbs.
Mike Sprangers, 242 lbs. Open Division, Sheboygan, WI, 415 lbs., 250 lbs., 455 lbs.
Kyle Roy, 220 lbs. Teen Division, Fredonia, WI, 315 lbs., 235 lbs., 405 lbs.

Peter Jensen, 198 lbs. Masters IV Div., Sheboygan, WI, 250 lbs., 215 lbs., 370 lbs.
Charity Reynolds, 198+ Ladies Submaster Div., Sun Prairie, 300 lbs., 160 lbs., 295 lbs.

Bench Only

Name, Division, City, Benchpress

Romeo Vongebouthone, 181 lbs. Open Division, Milwaukee, WI, 380 lbs.
Andrew Olsen, 148 lbs. Masters I Division, Orfordville, WI, 320 lbs.
Andrew Olsen, 148 lbs. Masters Pure Div., Orfordville, WI, 320 lbs.
Tim Aldag, 148 lbs. Masters I Division, Sheboygan, WI, 285 lbs.
Tim Aldag, 148 lbs. Masters Pure Div., Sheboygan, WI, 285 lbs.
Damien Thomas, 165 lbs. Teen Division, Racine, WI, 315 lbs.
Mitch Clark, 198 lbs. Teen Division, Green Bay, WI, 335 lbs.
David Aldag, 148 lbs. Masters I Division, Sheboygan, WI, 235 lbs.
Scott Pribyl, 198 lbs. Masters II Division, Green Bay, WI, 290 lbs.
Scott Pribyl, 198 lbs. Masters Pure Division, Green Bay, WI, 290 lbs.
Fernando Alvarez, 308 lbs. Open Division, Sheboygan, WI, 440 lbs.
Justin Jacket, 165 lbs. Teen Division, Sheboygan, WI, 230 lbs.
Brad Aldag, 132 lbs. Teen Division, Sheboygan, WI, 145 lbs.
Donald Murphy, 275 lbs. Masters IV Division, Spencer, WI, 285 lbs.(age 70)
Charity Reynolds, 198+ Ladies Submasters Division, Sun Prairie, WI, 160 lbs.

Deadlift Only

Name, Division, City, Deadlift

Chris Gorte, 275 lbs. Open Division, Valders, WI, 525 lbs.

Curl Only

Name, Division, City, Curl

Brad Eder, 275 lbs. Masters Pure Division, Shawano, WI, 160 lbs.

Push/Pull

Name, Division, City, Benchpress, Deadlift

Wade Bemis, 242 lbs. Teen Division, Adell, WI, 275 lbs., 490 lbs.