



Western States Championships 7-9-05

Powerlifting															
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	181.75	Josh Rowell	az	179.50	2.9317	hs				490.52	0.00	165.00	-112.50	170.00	222.50
1	198.25	Calvin Clark	az	194.60	5.9385	hs				1036.16	0.00	165.00	112.50	192.50	470.00
1	275.50	Julien Demaric	az	247.40	6.9432	hs				1361.34	0.00	242.50	125.00	250.00	617.50
1	181.75	Dan Jones	az	178.00	4.9231	jr				821.21	0.00	132.50	85.00	155.00	372.50
1	242.50	Jay Carlisle	wa	241.00	8.0975	jr				1567.47	0.00	260.00	191.00	260.00	711.00
1	181.75	Arnie Fonseca Jr.	az	178.20	5.8747	m1				981.05	0.00	175.00	95.00	175.00	445.00
1	198.25	Marty Einstein	az	198.00	8.5400	m1				1504.64	0.00	250.00	192.50	240.00	682.50
1	198.25	Bill Hawkins	nm	196.40	6.0871	m1				1069.23	0.00	150.00	150.00	185.00	485.00
1	220.25	Jonathan Wiseman	az	217.00	8.7635	m1				1614.87	0.00	285.00	182.50	265.00	732.50
1	275.50	Marc Morin	az	256.00	7.7860	m1				1548.73	0.00	262.50	175.00	265.00	702.50
1	308.50	Roger Morton	az	283.40	5.7769	m1				1201.51	0.00	207.50	137.50	200.00	545.00
1	148.75	Lance Janhunen	az	147.00	5.6544	m3				848.77	0.00	127.50	85.00	172.50	385.00
1	198.25	Pat Harrity	az	185.00	7.1244	mp				1212.53	0.00	215.00	142.50	192.50	550.00
1	275.50	Marc Morin	az	256.00	7.7860	mp				1548.73	0.00	262.50	175.00	265.00	702.50
1	242.50	Jay Carlisle	wa	241.00	8.0975	open				1567.47	0.00	260.00	191.00	260.00	711.00
1	198.25	Bill Hawkins	nm	196.40	6.0871	p+f				1069.23	0.00	150.00	150.00	185.00	485.00
1	275.50	<b>Rich Kahle</b>	nm	271.40	<b>10.0669</b>	pure				<b>2055.79</b>	0.00	<b>355.00</b>	<b>265.00</b>	<b>312.50</b>	<b>932.50</b>
1	220.25	Donnie Hamblin	az	220.00	5.8240	sm2				1080.25	0.00	170.00	137.50	182.50	490.00
1	242.50	<b>Keith Mitchell</b>	az	237.20	<b>9.3458</b>	sm2				<b>1796.75</b>	0.00	<b>312.50</b>	<b>200.00</b>	<b>302.50</b>	<b>815.00</b>
2	242.50	Dan Wade	az	236.40	8.7535	sm2				1681.01	0.00	300.00	200.00	262.50	762.50
X	242.50	Thomas Burke	az	231.40	2.0001	sm2				380.29	0.00	-285.00	195.00	262.50	172.50
1	308.50	<b>Nico Feliciano</b>	az	305.00	<b>8.9047</b>	sm2				1906.98	0.00	320.00	280.00	265.00	865.00
X	shw	Don Kravoletz	az	336.00	0.0000	sm2				0.00	0.00	355.00	-272.50	0.00	82.50
1	242.50	Dan Wade	az	236.40	8.7535	sm2				1681.01	0.00	300.00	200.00	262.50	762.50
1	165.25	<b>Patrick Tucker</b>	az	152.00	<b>6.7005</b>	teen				<b>1025.14</b>	0.00	<b>182.50</b>	<b>117.50</b>	<b>165.00</b>	<b>465.00</b>
1	181.75	Brad Rach	az	172.20	4.7054	teen				771.61	0.00	110.00	85.00	155.00	350.00
1	220.25	David Ware	az	209.80	4.5319	teen				821.21	0.00	142.50	75.00	155.00	372.50
1	242.50	Jay Carlisle	wa	241.00	8.0975	teen				1567.47	0.00	260.00	191.00	260.00	711.00
1	132.25	<b>Storm Sermay</b>	nm	126.80	2.2058	wm3				303.13	0.00	0.00	50.00	87.50	137.50
1	198+	<b>Frances Guess</b>	az	203.40	3.7312	wnov				666.89	0.00	110.00	52.50	140.00	302.50
1	198+	Frances Guess	az	203.40	3.7312	wsm2				666.89	0.00	110.00	52.50	140.00	302.50
Push Pull															
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	242.50	<b>Keith Mitchell</b>	az	237.20	5.7623				sm2	1107.81	0.00	0.00	200.00	302.50	502.50
1	220.25	<b>Jonathan Wiseman</b>	az	217.00	5.3538				m1	986.56	0.00	0.00	182.50	265.00	447.50
1	132.25	<b>Storm Sermay</b>	nm	126.80	3.7299				wm3	512.57	0.00	95.00	50.00	87.50	232.50
1	181.75	Jack Cole	nm	180.20	3.5437				m3	595.24	0.00	0.00	95.00	175.00	270.00
1	132.25	Lynda D. Christopher	az	126.00	2.8566				wopen	391.32	0.00	0.00	60.00	117.50	177.50
1	132.25	Lynda D. Christopher	az	126.00	2.8566				wp+f	391.32	0.00	0.00	60.00	117.50	177.50