

NASA McDermott Invitational 12-17-05

**NASA McDermott Invitational 12.17.05**

National Referees: Glenn Morris, John McIntyre, Mary Hetzel, John Lynn Jr, John Lynn III Neil Miller,

Alannah McTighe, Jim McDermott

Hosted by The Lakewood Police Athletic League, Lakewood, CO Red = American Records

**NASA McDermott Invitational Championships 12.17.05**

		Power Sports					Power Sports Bench Press					BP				
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef		Bench	Power	TL Lbs.	Best-C	Best BP	Best DL	TL Kgs		
1	123.25	Krysti Hughes	co	0.9000	118.00	1.3031			bpwopen	170.86		77.50		77.50		
1	123.25	Krysti Hughes	co	0.9000	118.00	1.3031			bpwm1	170.86		77.50		77.50		
1	198.25	Alannah McTighe	co	1.1181	196.20	0.8920			bpwopen	156.53		71.00		71.00		
1	198.25	Alannah McTighe	co	1.1181	196.20	0.8920			bpwp	156.53		71.00		71.00		
1	198.25	Alannah McTighe	co	1.1181	196.20	0.8920			bpwm2	156.53		71.00		71.00		
1	198.25	Alannah McTighe	co	1.1181	196.20	0.8920			bpwmp	156.53		71.00		71.00		
1	181.75	Tom Cencich	co	1.0615	176.40	1.8905			bpopen	314.16		142.50		142.50		
1	181.75	Jim McDermott	co	1.0756	181.40	1.7124			bpopen	288.80		131.00		131.00		
1	181.75	Jim McDermott	co	1.0756	181.40	1.7124			bppure	288.80		131.00		131.00		
1	181.75	Jim McDermott	co	1.0756	181.40	1.7124			bpm2	288.80		131.00		131.00		
1	181.75	Jim McDermott	co	1.0756	181.40	1.7124			bpmp	288.80		131.00		131.00		
1	220.25	Greg Rutschman	co	1.1635	211.60	2.1214			bpm1	385.81		175.00		175.00		
1	308.50	Jason Ehrhardt	co	1.3906	293.40	2.1420			bppure	451.94		205.00		205.00		
1	308.50	Jason Ehrhardt	co	1.3906	293.40	2.1420			bpp+ f	451.94		205.00		205.00		
		Power Sports					Curl		Power		Curl		Power Sports		Curl	
1	114.50	Heena Patel	co	0.9000	112.00	0.6378			cwopen	79.37	36.00				36.00	
1	123.25	Krysti Hughes	co	0.9000	118.00	0.6894			cwopen	90.39	41.00				41.00	
1	123.25	Krysti Hughes	co	0.9000	118.00	0.6894			cwm1	90.39	41.00				41.00	
1	148.75	Mary Hetzel	co	0.9737	145.20	0.4953			cwopen	73.85	33.50				33.50	
1	148.75	Mary Hetzel	co	0.9737	145.20	0.4953			cwpure	73.85	33.50				33.50	
1	148.75	Mary Hetzel	co	0.9737	145.20	0.4953			cwm1	73.85	33.50				33.50	
1	148.75	Mary Hetzel	co	0.9737	145.20	0.4953			cwmp	73.85	33.50				33.50	
1	198.25	Lois Hintz	co	1.0870	184.80	0.3242			cwnov	55.12	25.00				25.00	
1	198.25	Lois Hintz	co	1.0870	184.80	0.3242			cwnat	55.12	25.00				25.00	
1	220.25	Greg Rutschman	co	1.1635	211.60	0.9819			cm1	178.57	81.00				81.00	
1	242.50	Neil Miller	co	1.2086	228.00	0.8473			copen	159.83	72.50				72.50	
1	242.50	Neil Miller	co	1.2086	228.00	0.8473			cpure	159.83	72.50				72.50	
1	242.50	Neil Miller	co	1.2086	228.00	0.8473			cp+ f	159.83	72.50				72.50	
1	242.50	Neil Miller	co	1.2086	228.00	0.8473			cm2	159.83	72.50				72.50	
1	242.50	Neil Miller	co	1.2086	228.00	0.8473			cmp	159.83	72.50				72.50	
		Power Sports					Meet		Power		Power Sports		Meet			
1	165.25	CaseyClaunch	co	1.0048	156.40	5.0989			int	793.66	55.00	117.50	187.50	360.00		
1	165.25	John Lynn IV	co	1.0190	161.20	1.9859			jr	314.16	32.50	45.00	65.00	142.50		
1	165.25	John Lynn IV	co	1.0190	161.20	1.9859			hs	314.16	32.50	45.00	65.00	142.50		
1	198.25	John Lynn Jr	co	1.1238	198.20	2.8125			m3	496.04	55.00	105.00	65.00	225.00		
		Powerlifting					Powerlifting									
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet			TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs	
1	242.50	Neil Miller	co	1.2086	228.00	4.5869	pure			865.31		65.00	170.00	157.50	392.50	
1	275.50	John Lynn III	co	1.3122	265.20	4.0088	nat			810.19		65.00	200.00	102.50	367.50	
1	275.50	Rick Geller	co	1.3150	266.00	7.1931	m1			1455.04		242.50	220.00	197.50	660.00	
		Bench Only					Bench Press									
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Bench			TL Lbs.		Best BP		TL Kgs		
1	275.50	Rick Geller	co	1.3150	266.00	2.3977	m1			485.01		220.00		220.00		
1	165.25	Tom Cencich	co	1.0615	176.40	2.3216	nat			385.81		175.00		175.00		
1	165.25	Tom Cencich	co	1.0615	176.40	2.3216	m1			385.81		175.00		175.00		
1	275.50	John Lynn III	co	1.3122	265.20	2.1817	sm2			440.92		200.00		200.00		
1	114.50	Heena Patel	co	0.9000	112.00	1.4615	wopen			181.88		82.50		82.50		
1	114.50	Heena Patel	co	0.9000	112.00	1.4615	wpure			181.88		82.50		82.50		
1	114.50	Heena Patel	co	0.9000	112.00	1.4615	wsm1			181.88		82.50		82.50		
1	114.50	Heena Patel	co	0.9000	112.00	1.4615	wsm2			181.88		82.50		82.50		

Push Pull																
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	275.50	Rick Geller	co	1.3150	266.00	4.5502				m1	920.42	0.00	0.00	220.00	197.50	417.50
UnEquipped Powerlifting																
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet				Tl. Lbs.		Best SQ	Best BP	Best DL	TL Kgs
1	242.50	Neil Miller	co	1.2086	228.00	4.5869	open				865.31		65.00	170.00	157.50	392.50
1	242.50	Neil Miller	co	1.2086	228.00	4.5869	pure				865.31		65.00	170.00	157.50	392.50
1	242.50	Neil Miller	co	1.2086	228.00	4.5869	m1				865.31		65.00	170.00	157.50	392.50
1	242.50	Neil Miller	co	1.2086	228.00	4.5869	mpure				865.31		65.00	170.00	157.50	392.50
1	242.50	Neil Miller	co	1.2086	228.00	4.5869	p+ f				865.31		65.00	170.00	157.50	392.50
UnEquipped Bench Press																
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef		Bench			Tl. Lbs.			Best BP		TL Kgs
1	123.25	Krysti Hughes	co	0.9000	118.00	1.3031		wm1			170.86			77.50		77.50
1	123.25	Krysti Hughes	co	0.9000	118.00	1.3031		wm5			170.86			77.50		77.50
1	198.25	Alannah McTighe	co	1.1181	196.20	0.9423		wopen			165.35			75.00		75.00
1	198.25	Alannah McTighe	co	1.1181	196.20	0.9423		wp			165.35			75.00		75.00
1	198.25	Alannah McTighe	co	1.1181	196.20	0.9423		wm2			165.35			75.00		75.00
1	198.25	Alannah McTighe	co	1.1181	196.20	0.9423		wmp			165.35			75.00		75.00
1	165.25	CaseyClaunch	co	1.0048	156.40	1.6642		int			259.04			117.50		117.50
1	181.75	Tom Cencich	co	1.0615	176.40	1.8905		m1			314.16			142.50		142.50
1	181.75	Jim McDermott	co	1.0756	181.40	1.7124		open			288.80			131.00		131.00
1	181.75	Jim McDermott	co	1.0756	181.40	1.7124		pure			288.80			131.00		131.00
1	181.75	Jim McDermott	co	1.0756	181.40	1.7124		m2			288.80			131.00		131.00
1	181.75	Jim McDermott	co	1.0756	181.40	1.7124		mp			288.80			131.00		131.00
1	198.25	John Lynn Jr	co	1.1238	198.20	1.3125		m3			231.48			105.00		105.00
1	198.25	John Lynn Jr	co	1.1238	198.20	1.3125		m5			231.48			105.00		105.00
1	220.25	Greg Rutschman	co	1.1635	211.60	2.1214		m1			385.81			175.00		175.00
1	242.50	Neil Miller	co	1.2086	228.00	1.9867		open			374.78			170.00		170.00
1	242.50	Neil Miller	co	1.2086	228.00	1.9867		pure			374.78			170.00		170.00
1	242.50	Neil Miller	co	1.2086	228.00	1.9867		m1			374.78			170.00		170.00
1	242.50	Neil Miller	co	1.2086	228.00	1.9867		mpure			374.78			170.00		170.00
1	242.50	Neil Miller	co	1.2086	228.00	1.9867		p+ f			374.78			170.00		170.00