

**KY State PL/BP /PS Championships  
05-15-05**

| <b>Power Sports</b> |               |                      |            |               |               |                |             |              |            |              |                 |               |                |                |                |               |
|---------------------|---------------|----------------------|------------|---------------|---------------|----------------|-------------|--------------|------------|--------------|-----------------|---------------|----------------|----------------|----------------|---------------|
| <u>Pl.</u>          | <u>Wt.Cl.</u> | <u>Name</u>          | <u>St.</u> | <u>Coef</u>   | <u>B.W.T</u>  | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>TI. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 1                   | 148.00        | David England        | KY         | 0.9793        | 146.60        | 1.8777         |             |              |            | B-SMP        | 281.09          | 0.00          | 0.00           | 127.50         | 0.00           | 127.50        |
| 1                   | 148.00        | David England        | KY         | 0.9793        | 146.60        | 0.9941         |             |              |            | C-SMP        | 148.81          | 67.50         | 0.00           | 0.00           | 0.00           | 67.50         |
| 1                   | 148.00        | Mark Evans           | KY         | 0.9538        | 138.20        | 5.3634         |             |              |            | M5           | 777.12          | 52.50         | 0.00           | 110.00         | 190.00         | 352.50        |
| 1                   | 148.00        | Mark Evans           | KY         | 0.9538        | 138.20        | 5.3634         |             |              |            | Pure         | 777.12          | 52.50         | 0.00           | 110.00         | 190.00         | 352.50        |
| 1                   | 198.00        | Paul Titzer          | KY         | 1.1210        | 196.80        | 4.2068         |             |              |            | M2           | 738.54          | 52.50         | 0.00           | 100.00         | 182.50         | 335.00        |
| 1                   | 220.00        | Clint Poore          | KY         | 1.1550        | 209.20        | 6.2076         |             |              |            | SMP          | 1124.35         | 77.50         | 0.00           | 190.00         | 242.50         | 510.00        |
| 1                   | 242.00        | Derick Flinchum      | KY         | 1.2450        | 241.20        | 5.1777         |             |              |            | HSP          | 1003.09         | 72.50         | 0.00           | 142.50         | 240.00         | 455.00        |
| 1                   | <b>275.00</b> | <b>Jason Parman</b>  | <b>KY</b>  | <b>1.3066</b> | <b>263.20</b> | <b>6.5392</b>  |             |              |            | Pure         | <b>1317.25</b>  | <b>85.00</b>  | <b>0.00</b>    | <b>215.00</b>  | <b>297.50</b>  | <b>597.50</b> |
| 1                   | 308.00        | Jerry Allen          | KY         | 1.3598        | 282.00        | 4.4117         |             |              |            | Pure         | 914.91          | 82.50         | 0.00           | 172.50         | 160.00         | 415.00        |
| 1                   | SHW           | Bret Chamberlin      | KY         | 1.4522        | 314.80        | 1.8815         |             |              |            | B-L/F        | 407.85          | 0.00          | 0.00           | 185.00         | 0.00           | 185.00        |
| 1                   | SHW           | Bret Chamberlin      | KY         | 1.4522        | 314.80        | 1.8815         |             |              |            | B-M1         | 407.85          | 0.00          | 0.00           | 185.00         | 0.00           | 185.00        |
| <b>Powerlifting</b> |               |                      |            |               |               |                |             |              |            |              |                 |               |                |                |                |               |
| <u>Pl.</u>          | <u>Wt.Cl.</u> | <u>Name</u>          | <u>St.</u> | <u>Coef</u>   | <u>B.W.T</u>  | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>TI. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 1                   | 181.00        | Oscar Benefield      | KY         | 1.0728        | 179.60        | 6.7489         | HSP         |              |            |              | 1129.86         | 0.00          | 170.00         | 150.00         | 192.50         | 512.50        |
| 1                   | 198.00        | Nick Benefield       | KY         | 1.1181        | 196.40        | 5.6165         | M5          |              |            |              | 986.56          | 0.00          | 155.00         | 117.50         | 175.00         | 447.50        |
| 1                   | <b>242.00</b> | <b>David Blevins</b> | <b>KY</b>  | <b>1.2282</b> | <b>234.60</b> | <b>7.8772</b>  | <b>SMP</b>  |              |            |              | <b>1504.64</b>  | <b>0.00</b>   | <b>252.50</b>  | <b>175.00</b>  | <b>255.00</b>  | <b>682.50</b> |
| 1                   | SHW           | Tracy Bennett        | KY         | 1.4774        | 324.40        | 6.0744         | Pure        |              |            |              | 1333.78         | 0.00          | 242.50         | 152.50         | 210.00         | 605.00        |
| <b>Bench Only</b>   |               |                      |            |               |               |                |             |              |            |              |                 |               |                |                |                |               |
| <u>Pl.</u>          | <u>Wt.Cl.</u> | <u>Name</u>          | <u>St.</u> | <u>Coef</u>   | <u>B.W.T</u>  | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>TI. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 2                   | 198.00        | Brian Crowe          | KY         | 1.1238        | 198.25        | 2.0932         |             | SM           |            |              | 369.27          | 0.00          | 0.00           | 167.50         | 0.00           | 167.50        |
| 1                   | 198.00        | Bernie Lemay         | KY         | 1.1210        | 197.20        | 2.1305         |             | SM           |            |              | 374.78          | 0.00          | 0.00           | 170.00         | 0.00           | 170.00        |
| 1                   | <b>220.00</b> | <b>JT Hall</b>       | <b>KY</b>  | <b>1.1805</b> | <b>218.00</b> | <b>2.7159</b>  |             | <b>Nat</b>   |            |              | <b>501.55</b>   | <b>0.00</b>   | <b>0.00</b>    | <b>227.50</b>  | <b>0.00</b>    | <b>227.50</b> |
| 1                   | 220.00        | JT Hall              | KY         | 1.1805        | 218.00        | 2.7159         |             | Pure         |            |              | 501.55          | 0.00          | 0.00           | 227.50         | 0.00           | 227.50        |
| 1                   | 220.00        | James Meade          | KY         | 1.1578        | 209.80        | 1.8554         |             | SM           |            |              | 336.20          | 0.00          | 0.00           | 152.50         | 0.00           | 152.50        |
| 1                   | 220.00        | JT Hall              | KY         | 1.1805        | 218.00        | 2.7159         |             | SMP          |            |              | 501.55          | 0.00          | 0.00           | 227.50         | 0.00           | 227.50        |
| 2                   | 220.00        | Clint Poore          | KY         | 1.1550        | 209.20        | 2.6169         |             | SMP          |            |              | 473.99          | 0.00          | 0.00           | 215.00         | 0.00           | 215.00        |
| 1                   | 275.00        | James Turner         | KY         | 1.2506        | 242.80        | 1.7885         |             | M1           |            |              | 347.22          | 0.00          | 0.00           | 157.50         | 0.00           | 157.50        |
| 1                   | 275.00        | James Turner         | KY         | 1.2506        | 242.80        | 1.7885         |             | M5           |            |              | 347.22          | 0.00          | 0.00           | 157.50         | 0.00           | 157.50        |
| 1                   | 275.00        | Nick Jones           | KY         | 1.3038        | 262.20        | 2.0006         |             | Nov          |            |              | 402.34          | 0.00          | 0.00           | 182.50         | 0.00           | 182.50        |
| <b>Push Pull</b>    |               |                      |            |               |               |                |             |              |            |              |                 |               |                |                |                |               |
| <u>Pl.</u>          | <u>Wt.Cl.</u> | <u>Name</u>          | <u>St.</u> | <u>Coef</u>   | <u>B.W.T</u>  | <u>TL Coef</u> | <u>Meet</u> | <u>Bench</u> | <u>P/P</u> | <u>Power</u> | <u>TI. Lbs.</u> | <u>Best-C</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>TL Kgs</u> |
| 1                   | 198.00        | Jon Abney            | OH         | 1.1011        | 189.60        | 3.3608         |             |              | HSP        |              | 578.71          | 0.00          | 0.00           | 102.50         | 160.00         | 262.50        |
| 1                   | 198.00        | Kyle Abney           | OH         | 1.0983        | 188.80        | 2.8535         |             |              | JrHi       |              | 490.52          | 0.00          | 0.00           | 85.00          | 137.50         | 222.50        |
| 2                   | 220.00        | Justin Abnee         | KY         | 1.1776        | 216.80        | 2.7243         |             |              | SMP        |              | 501.55          | 0.00          | 0.00           | 102.50         | 125.00         | 227.50        |
| 1                   | <b>220.00</b> | <b>Clint Poore</b>   | <b>KY</b>  | <b>1.1550</b> | <b>209.20</b> | <b>5.5685</b>  |             |              | <b>SMP</b> |              | <b>1008.60</b>  | <b>0.00</b>   | <b>0.00</b>    | <b>215.00</b>  | <b>242.50</b>  | <b>457.50</b> |
| 1                   | 242.00        | David Blevins        | KY         | 1.2282        | 234.60        | 4.9629         |             |              | SMP        |              | 947.98          | 0.00          | 0.00           | 175.00         | 255.00         | 430.00        |
| 1                   | 275.00        | Antonio Thompson     | KY         | 1.3122        | 264.80        | 4.4518         |             |              | SM         |              | 898.37          | 0.00          | 0.00           | 172.50         | 235.00         | 407.50        |
| 1                   | 275.00        | Antonio Thompson     | KY         | 1.3122        | 264.80        | 4.4518         |             |              | SMP        |              | 898.37          | 0.00          | 0.00           | 172.50         | 235.00         | 407.50        |