

Iowa State PL/BP /PS Championships 3-20-99

<u>Power Sports</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	<..... Name>	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DI	Total
<u>Bench Press Only</u>												
127.80			bpjr	1	Ben Wobschall	ia	132.28	124.80	0.00	60.00	0.00	60.00
187.00			bppn	1	Thomas Waldrep	ia	314.16	186.00	0.00	142.50	0.00	142.50
187.00			bpsm	1	Thomas Waldrep	ia	314.16	186.00	0.00	142.50	0.00	142.50
<u>Curls</u>												
119.00			chs	1	Brandon Millage	ia	49.60	112.40	22.50	0.00	0.00	22.50
250.20			cint	1	Doug Cupples	ia	176.37	239.30	80.00	0.00	0.00	80.00
127.80			cjr	1	Ben Wobschall	ia	77.16	124.80	35.00	0.00	0.00	35.00
227.00			cm1	1	Kevin Randal	ia	192.90	208.00	87.50	0.00	0.00	87.50
<u>Ful Meet</u>												
187.00			m2	1	Harry Ruhser	ia	826.73	186.00	62.50	142.50	170.00	375.00
227.00			m5	1	Danny Hoy	ia	501.55	209.50	55.00	110.00	62.50	227.50
<u>Squat Only</u>												
127.80			sqjr	1	Ben Wobschall	ia	154.32	124.80	70.00	0.00	0.00	70.00
138.80			sqpn	1	Health Hansen	ia	236.99	134.30	107.50	0.00	0.00	107.50

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<u>Powerlifting Meet</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	<.... Name>	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DI	Total
<u>High School</u>												
187.00	hs			1	Levi Larson	ia	760.59	183.00	127.50	80.00	137.50	345.00
<u>Intermediate</u>												
170.80	int			1	Corey Smith	ia	1311.74	157.80	230.00	145.00	220.00	595.00
187.00	int			1	James Reeves	ia	1019.63	175.00	152.50	110.00	200.00	462.50
205.00	int			1	Don Hayes	ia	1278.67	200.00	222.50	155.00	202.50	580.00
227.00	int			1	Mike Swieter	ia	1504.64	214.00	245.00	165.00	272.50	682.50
<u>Junior</u>												
170.80	jr			1	Clay Buster	ia	1278.67	169.00	232.50	120.00	227.50	580.00
170.80	jr			2	Eric Bueltel	ia	1008.60	166.80	142.50	110.00	205.00	457.50
205.00	jr			1	Darin Bueltel	ia	1151.90	194.20	177.50	125.00	220.00	522.50
<u>Masters-1</u>												
280.00	m1			1	Eric Ohnemus	ia	1477.08	258.70	265.00	155.00	250.00	670.00
<u>Masters-2</u>												
187.00	m2			1	Dale Rhoades	ia	1526.69	186.50	275.00	145.00	272.50	692.50
205.00	m2			1	James Ites	ia	1223.55	204.90	182.50	152.50	220.00	555.00
<u>Masters Pure</u>												
280.00	mp			1	Wayne Hammes	ia	1774.70	261.00	305.00	200.00	300.00	805.00
280.00	mp			2	Eric Ohnemus	ia	1477.08	258.70	265.00	155.00	250.00	670.00
<u>Pure</u>												
170.80	p			1	Corey Smith	ia	1311.74	157.80	230.00	145.00	220.00	595.00
227.00	p			1	Damon Stowell	ia	1609.36	227.00	285.00	185.00	260.00	730.00
250.20	p			1	Rich Brugman	ia	1388.90	254.50	222.50	165.00	242.50	630.00
280.00	p			1	Keith Kirchner	ia	1488.11	265.00	247.50	177.50	250.00	675.00
<u>Pure Novice</u>												
138.80	pn			1	Health Hansen	ia	766.10	134.30	132.50	70.00	145.00	347.50
187.00	pn			1	James Reeves	ia	1019.63	175.00	152.50	110.00	200.00	462.50
280.00	pn			1	Claude Frazier	ia	1107.81	266.00	190.00	107.50	205.00	502.50

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<u>Powerlifting Meet</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	<..... Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DI	Total
<u>Sub Masters</u>												
138.80	sm			1	Karl Schneider	ia	1014.12	135.50	167.50	115.00	177.50	460.00
170.80	sm			1	Bill Maynard	ia	1151.90	165.00	175.00	142.50	205.00	522.50
205.00	sm			1	Jeff Madsen	ia	1333.78	195.00	227.50	165.00	212.50	605.00
227.00	sm			1	Stewart Drake	ia	1631.40	225.00	280.00	190.00	270.00	740.00
227.00	sm			2	Damon Stowell	ia	1609.36	227.00	285.00	185.00	260.00	730.00
280.00	sm			1	Claude Frazier	ia	1107.81	266.00	190.00	107.50	205.00	502.50
<u>Women's</u>												
127.80	wp			1	Susan Andrews	ia	672.40	124.40	115.00	75.00	115.00	305.00
127.80	wsm			1	Susan Andrews	ia	672.40	124.40	115.00	75.00	115.00	305.00
<u>Iowa State 3-20-99</u>												
<u>Single Lift Bench Press</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	<..... Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DI	Total
<u>High School Pure</u>												
119.00		hsp		1	Brandon Millage	ia	148.81	112.40	0.00	67.50	0.00	67.50
170.80		hsp		1	Jacob Patterson	ia	209.44	158.00	0.00	95.00	0.00	95.00
187.00		hsp		1	Robert Tift	ia	214.95	183.00	0.00	97.50	0.00	97.50
<u>Intermediate</u>												
170.80		int		1	Scott Long	ia	303.13	163.70	0.00	137.50	0.00	137.50
205.00		int		1	Scott Wilson	ia	352.74	192.00	0.00	160.00	0.00	160.00
205.00		int		x	Jeff Farrell	ia	0.00	195.20	0.00	-150.00	0.00	0.00
227.00		int		1	Bill Good	ia	451.94	221.30	0.00	205.00	0.00	205.00
250.20		int		1	Doug Cupples	ia	385.81	239.30	0.00	175.00	0.00	175.00
<u>Junior</u>												
205.00		jr		1	Wayne Corley	ia	303.13	192.00	0.00	137.50	0.00	137.50
205.00		jr		2	Mike Sutter	ia	248.02	200.10	0.00	112.50	0.00	112.50

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<u>Single Lift Bench Press</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	<..... Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DI	Total
<u>Masters-1</u>												
227.00		m1		1	Larry Lipscomb	ia	462.97	221.50	0.00	210.00	0.00	210.00
250.20		m1		1	Tim McAtee	ia	352.74	250.00	0.00	160.00	0.00	160.00
<u>Masters-2</u>												
187.00		m2		1	Harry Ruhser	ia	314.16	186.00	0.00	142.50	0.00	142.50
3												
<u>Pure</u>												
170.80		p		1	Scott Long	ia	303.13	163.70	0.00	137.50	0.00	137.50
187.00		p		1	Sherwin Kuch	ia	369.27	187.00	0.00	167.50	0.00	167.50
205.00		p		1	Scott Wilson	ia	352.74	192.00	0.00	160.00	0.00	160.00
227.00		p		1	Bill Good	mn	451.94	221.30	0.00	205.00	0.00	205.00
227.00		p		2	Damon Stowell	ia	407.85	227.00	0.00	185.00	0.00	185.00
<u>Pure Novice</u>												
280.00		pn		1	John Dowd	ia	424.39	253.60	0.00	192.50	0.00	192.50
<u>Sub Masters</u>												
187.00		sm		1	Jerry Yakle	ia	407.85	185.00	0.00	185.00	0.00	185.00
187.00		sm		1	Sherwin Kuch	ia	369.27	187.00	0.00	167.50	0.00	167.50
<u>Teenage</u>												
205.00		t		1	Justin McAtee	ia	369.27	198.50	0.00	167.50	0.00	167.50
<u>Women's High School</u>												
119.00		whs		1	Amanda Patterson	ia	121.25	112.00	0.00	55.00	0.00	55.00