



# AZ Regional PL/BP /PS Championships 11-20/21-99

<b>Bench Press</b>													
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>&lt;..... Name .....</u>	<u>St.</u>	<u>B.W.T</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>&gt;Total&lt;</u>	<u>Lbs.</u>
1	227.00	Steve Pena	ca	218.50		int		396.83	0.00	180.00	0.00	180.00	
1	187.00	Peter Glenn	az	187.00		jr		225.97	0.00	102.50	0.00	102.50	
1	250.20	Ron Sampson	ia	239.00		m1		457.45	0.00	207.50	0.00	207.50	
1	205.00	Leon Mclean	ar	202.70		m2		358.25	0.00	162.50	0.00	162.50	
1	250.20	Ron Sampson	ia	239.00		mpure		457.45	0.00	207.50	0.00	207.50	
1	170.80	Mark Laurel	ca	166.50		novice		297.62	0.00	135.00	0.00	135.00	
1	205.00	Timothy Kidd	az	202.30		novice		363.76	0.00	165.00	0.00	165.00	
1	227.00	Steve Pena	ca	218.50		novice		396.83	0.00	180.00	0.00	180.00	
1	154.30	Ronald Coleman	az	154.20		pure		303.13	0.00	137.50	0.00	137.50	
1	170.80	Rich Galvin	az	167.10		pure		314.16	0.00	142.50	0.00	142.50	
1	187.00	John Pena	az	187.00		pure		363.76	0.00	165.00	0.00	165.00	
1	205.00	Roland Walker	az	202.30		pure		385.81	0.00	175.00	0.00	175.00	
1	250.20	Ron Sampson	ia	239.00		pure		457.45	0.00	207.50	0.00	207.50	
1	170.80	Mark Yates	az	167.00		sm2		319.67	0.00	145.00	0.00	145.00	
2	170.80	Mark Laurel	ca	166.50		sm2		297.62	0.00	135.00	0.00	135.00	