

KS / MO State PL/BP /PS Championships 5-9-98

| <u>Power Sports</u> | | | | | | | | | | | | |
|--------------------------|-------------|--------------|--------------|-----------|-----------------------------|------------|-----------------|--------------|----------------|----------------|----------------|----------------------|
| <u>Wt.Cl.</u> | <u>Meet</u> | <u>Bench</u> | <u>Power</u> | <u>PL</u> | <u><..... Name</u> | <u>St.</u> | <u>Tl. Lbs.</u> | <u>B.W.T</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>>Total<</u> |
| <u>Bench Only</u> | | | | | | | | | | | | |
| 205.00 | | | bpm4 | 1 | Earl Evatt | az | 281.09 | 204.00 | 0.00 | 127.50 | 0.00 | 127.50 |
| 205.00 | | | bpm5 | 1 | Earl Evatt | az | 281.09 | 204.00 | 0.00 | 127.50 | 0.00 | 127.50 |
| 205.00 | | | bpp | 1 | Earl Evatt | az | 281.09 | 204.00 | 0.00 | 127.50 | 0.00 | 127.50 |
| 280.00 | | | bpp | 1 | Spencer Helmke | ks | 380.29 | 280.00 | 0.00 | 172.50 | 0.00 | 172.50 |
| 187.00 | | | bpsm | 1 | Jerry Swank | mo | 303.13 | 183.70 | 0.00 | 137.50 | 0.00 | 137.50 |
| <u>Curls Only</u> | | | | | | | | | | | | |
| 205.00 | | | cm5 | 1 | Eddie White | mo | 148.81 | 201.30 | 67.50 | 0.00 | 0.00 | 67.50 |
| 205.00 | | | csm | 1 | Leroy Levins | mo | 154.32 | 198.40 | 70.00 | 0.00 | 0.00 | 70.00 |
| <u>PS Full Meet</u> | | | | | | | | | | | | |
| 154.30 | | | p | 1 | Matt Cairns | mo | 639.33 | 153.20 | 40.00 | 112.50 | 137.50 | 290.00 |
| 187.00 | | | sm | 1 | * Joe Stone | mo | 716.50 | 179.30 | 50.00 | 102.50 | 172.50 | 325.00 |
| <u>Squat Only</u> | | | | | | | | | | | | |
| 280.00 | | | sqbp | 1 | Spencer Helmke | ks | 584.22 | 280.00 | 265.00 | 0.00 | 0.00 | 265.00 |
| <u>Womens BP Only</u> | | | | | | | | | | | | |
| shw | | | wbpp | 1 | Lori Harms | mo | 220.46 | 193.10 | 0.00 | 100.00 | 0.00 | 100.00 |
| <u>Women's Curl Only</u> | | | | | | | | | | | | |
| shw | | | wcp | 1 | Lori Harms | mo | 110.23 | 193.10 | 50.00 | 0.00 | 0.00 | 50.00 |
| <u>Women's Full Meet</u> | | | | | | | | | | | | |
| 187.00 | | | wp | 1 | * Heather Debross | ks | 490.52 | 184.60 | 35.00 | 57.50 | 130.00 | 222.50 |
| 187.00 | | | wsm2 | 1 | Valerie Brunson | mo | 451.94 | 176.90 | 35.00 | 67.50 | 102.50 | 205.00 |
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| <u>Wt.Cl.</u> | <u>Meet</u> | <u>Bench</u> | <u>Power</u> | <u>PL</u> | <u><..... Name></u> | <u>St.</u> | <u>Tl. Lbs.</u> | <u>B.W.T</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>>Total<</u> |
|---------------|-------------|--------------|--------------|-----------|---------------------------------|------------|-----------------|--------------|----------------|----------------|----------------|----------------------|
| | | | | | <u>Powerlifting</u> | | | | | | | |
| | | | | | <u>High School</u> | | | | | | | |
| 138.80 | hs | | | 1 | Russell Winton | mo | 865.31 | 132.00 | 127.50 | 100.00 | 165.00 | 392.50 |
| 170.80 | hs | | | 1 | Josh Banta | mo | 854.28 | 167.70 | 152.50 | 92.50 | 142.50 | 387.50 |
| 187.00 | hs | | | 1 | Jason Hill | mo | 1223.55 | 187.00 | 217.50 | 120.00 | 217.50 | 555.00 |
| 187.00 | hs | | | 2 | Brian Lyster | mo | 1107.81 | 182.60 | 200.00 | 117.50 | 185.00 | 502.50 |
| 280.00 | hs | | | 1 | Jeremy Head | mo | 1251.11 | 254.20 | 220.00 | 127.50 | 220.00 | 567.50 |
| | | | | | <u>Intermediate</u> | | | | | | | |
| 187.00 | int | | | 1 | * Steve Ramage | mo | 1512.36 | 185.20 | 250.00 | 207.50 | 228.50 | 686.00 |
| | | | | | <u>Junior</u> | | | | | | | |
| 187.00 | jr | | | 1 | Gary Baker | mo | 1234.58 | 182.80 | 227.50 | 120.00 | 212.50 | 560.00 |
| 280.00 | jr | | | 1 | Bryan Rupp | ks | 1488.11 | 258.90 | 262.50 | 165.00 | 247.50 | 675.00 |
| | | | | | <u>Masters-1</u> | | | | | | | |
| 205.00 | m1 | | | 1 | Tom Bagby | mo | 981.05 | 198.00 | 167.50 | 117.50 | 160.00 | 445.00 |
| 250.20 | m1 | | | 1 | Ken Windholz | ks | 1499.13 | 248.90 | 242.50 | 175.00 | 262.50 | 680.00 |
| | | | | | <u>Masters-2</u> | | | | | | | |
| 205.00 | m2 | | | 1 | Gene Runge | ks | 1058.21 | 205.00 | 177.50 | 115.00 | 187.50 | 480.00 |
| | | | | | <u>Masters-5</u> | | | | | | | |
| 170.80 | m5 | | | 1 | David Priest | mo | 1162.93 | 169.80 | 207.50 | 112.50 | 207.50 | 527.50 |
| 205.00 | m5 | | | 1 | Eddie White | mo | 1455.04 | 201.30 | 230.00 | 155.00 | 275.00 | 660.00 |
| 250.20 | m5 | | | 1 | Ken Windholz | ks | 1499.13 | 248.90 | 242.50 | 175.00 | 262.50 | 680.00 |
| | | | | | <u>Natural</u> | | | | | | | |
| 170.80 | n | | | 1 | Daniel Martin | mo | 1212.53 | 165.50 | 192.50 | 160.00 | 197.50 | 550.00 |
| 250.20 | n | | | 1 | Rob Fuller | mo | 1471.57 | 245.10 | 237.50 | 195.00 | 235.00 | 667.50 |
| | | | | | <u>Pure</u> | | | | | | | |
| 187.00 | p | | | 1 | Brad Straub | mo | 1229.06 | 176.00 | 200.00 | 137.50 | 220.00 | 557.50 |
| 205.00 | p | | | 1 | Randall Henderson | ks | 1725.10 | 205.00 | 280.00 | 182.50 | 320.00 | 782.50 |
| 205.00 | p | | | 2 | Eddie White | mo | 1455.04 | 201.30 | 230.00 | 155.00 | 275.00 | 660.00 |
| 227.00 | p | | | 1 | * Brandon Cass | mo | 1813.28 | 227.00 | 317.50 | 200.00 | 305.00 | 822.50 |
| 227.00 | p | | | 2 | Peter Jackson | ks | 1708.57 | 226.30 | 287.50 | 182.50 | 305.00 | 775.00 |

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|---------------|-------------|--------------|--------------|-----------|----------------------------|------------|-----------------|--------------|----------------|----------------|----------------|----------------------|
| 280.00 | p | | | 1 | Christopher Ferri | mo | 1565.27 | 259.40 | 260.00 | 185.00 | 265.00 | 710.00 |
| 315.00 | p | | | 1 | Dennis Rohr | mo | 1625.89 | 302.90 | 292.50 | 210.00 | 235.00 | 737.50 |
| | | | | | | | | | | | | |
| | | | | | <u>Powerlifting</u> | | | | | | | |
| <u>Wt.Cl.</u> | <u>Meet</u> | <u>Bench</u> | <u>Power</u> | <u>PL</u> | <u><..... Name ></u> | <u>St.</u> | <u>Tl. Lbs.</u> | <u>B.W.T</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>>Total<</u> |
| | | | | | <u>Pure Novice</u> | | | | | | | |
| 154.30 | pn | | | 1 | Mark Summers | mo | 1173.95 | 150.40 | 187.50 | 127.50 | 217.50 | 532.50 |
| 187.00 | pn | | | 1 | Armando Quintana | mo | 1229.06 | 177.00 | 207.50 | 142.50 | 207.50 | 557.50 |
| 187.00 | pn | | | 2 | Shawn Curran | ks | 1201.51 | 178.30 | 200.00 | 127.50 | 217.50 | 545.00 |
| 187.00 | pn | | | 3 | Shannon Thomson | mo | 1014.12 | 173.50 | 175.00 | 117.50 | 167.50 | 460.00 |
| | | | | | | | | | | | | |
| 205.00 | pn | | | 1 | Jason Sigwald | mo | 1377.88 | 196.80 | 225.00 | 160.00 | 240.00 | 625.00 |
| | | | | | | | | | | | | |
| 280.00 | pn | | | 1 | Bryan Rupp | ks | 1488.11 | 258.90 | 262.50 | 165.00 | 247.50 | 675.00 |
| 280.00 | pn | | | 2 | Chris Jakubin | mo | 1444.01 | 257.30 | 232.50 | 172.50 | 250.00 | 655.00 |
| | | | | | | | | | | | | |
| | | | | | <u>Sub Masters-1</u> | | | | | | | |
| 170.80 | sm1 | | | 1 | Ron Cairns | mo | 1140.88 | 161.20 | 185.00 | 147.50 | 185.00 | 517.50 |
| | | | | | | | | | | | | |
| | | | | | <u>Sub Masters-2</u> | | | | | | | |
| 187.00 | sm2 | | | 1 | Brad Straub | mo | 1229.06 | 176.00 | 200.00 | 137.50 | 220.00 | 557.50 |
| | | | | | | | | | | | | |
| 205.00 | sm2 | | | 1 | Leroy Levins | mo | 1162.93 | 198.40 | 190.00 | 140.00 | 197.50 | 527.50 |
| | | | | | | | | | | | | |
| | | | | | <u>Teenage</u> | | | | | | | |
| 138.80 | t | | | 1 | Drew Evans | mo | 942.47 | 130.00 | 157.50 | 95.00 | 175.00 | 427.50 |
| 138.80 | t | | | 2 | Robert Beebe | mo | 771.61 | 133.00 | 105.00 | 102.50 | 142.50 | 350.00 |
| | | | | | | | | | | | | |
| 170.80 | t | | | 1 | Josh Banta | mo | 854.28 | 167.70 | 152.50 | 92.50 | 142.50 | 387.50 |
| | | | | | | | | | | | | |
| 187.00 | t | | | 1 | Brian Lyster | mo | 1091.28 | 182.60 | 192.50 | 117.50 | 185.00 | 495.00 |
| | | | | | | | | | | | | |
| | | | | | <u>Women's Masters-1</u> | | | | | | | |
| 127.80 | wm1 | | | 1 | Krista McGowan | ks | 672.40 | 122.90 | 102.50 | 72.50 | 130.00 | 305.00 |
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| <u>Wt.Cl.</u> | <u>Meet</u> | <u>Bench</u> | <u>Power</u> | <u>PL</u> | <u>Bench Press Only</u> <..... Name> | <u>St.</u> | <u>Tl. Lbs.</u> | <u>B.W.T</u> | <u>Best SQ</u> | <u>Best BP</u> | <u>Best DL</u> | <u>>Total<</u> |
|---------------|-------------|--------------|--------------|-----------|---|------------|-----------------|--------------|----------------|----------------|----------------|----------------------|
| | | | | | <u>High School</u> | | | | | | | |
| 127.80 | | hs | | 1 | Chris Carlin | mo | 176.37 | 125.30 | 0.00 | 80.00 | 0.00 | 80.00 |
| | | | | | <u>Intermediate</u> | | | | | | | |
| 187.00 | | int | | 1 | * Steve Ramage | mo | 457.45 | 185.20 | 0.00 | 207.50 | 0.00 | 207.50 |
| | | | | | <u>Junior</u> | | | | | | | |
| 227.00 | | jr | | 1 | Aaron Roberts | ks | 319.67 | 221.90 | 0.00 | 145.00 | 0.00 | 145.00 |
| | | | | | <u>Masters-1 (40-49)</u> | | | | | | | |
| 154.30 | | m1 | | 1 | Kevin Scott | mo | 341.71 | 150.10 | 0.00 | 155.00 | 0.00 | 155.00 |
| 205.00 | | m1 | | 1 | Bob Boyles | mo | 369.27 | 204.00 | 0.00 | 167.50 | 0.00 | 167.50 |
| 227.00 | | m1 | | 1 | Leonard Lewis | ks | 385.81 | 227.00 | 0.00 | 175.00 | 0.00 | 175.00 |
| | | | | | <u>Masters-2 (50-59)</u> | | | | | | | |
| 187.00 | | m2 | | 1 | Gerald Belka | ks | 352.74 | 180.40 | 0.00 | 160.00 | 0.00 | 160.00 |
| 205.00 | | m2 | | 1 | Gene Runge | ks | 253.53 | 205.00 | 0.00 | 115.00 | 0.00 | 115.00 |
| 227.00 | | m2 | | 1 | Tom Billings | ks | 319.67 | 208.70 | 0.00 | 145.00 | 0.00 | 145.00 |
| | | | | | <u>Masters-3 (60-69)</u> | | | | | | | |
| 205.00 | | m3 | | 1 | Earl Evatt | az | 281.09 | 204.00 | 0.00 | 127.50 | 0.00 | 127.50 |
| 205.00 | | m3 | | 2 | Gene Runge | ks | 253.53 | 205.00 | 0.00 | 115.00 | 0.00 | 115.00 |
| | | | | | <u>Masters-5 (pure)</u> | | | | | | | |
| 205.00 | | m5 | | 1 | Eddie White | mo | 341.71 | 201.30 | 0.00 | 155.00 | 0.00 | 155.00 |
| 205.00 | | m5 | | 2 | Earl Evatt | az | 281.09 | 204.00 | 0.00 | 127.50 | 0.00 | 127.50 |
| | | | | | <u>Natural</u> | | | | | | | |
| 170.80 | | n | | 1 | Daniel Martin | mo | 352.74 | 165.50 | 0.00 | 160.00 | 0.00 | 160.00 |
| | | | | | <u>Pure</u> | | | | | | | |
| 154.30 | | p | | 1 | Kevin Scott | mo | 341.71 | 150.10 | 0.00 | 155.00 | 0.00 | 155.00 |
| 205.00 | | p | | 1 | Earl Evatt | az | 281.09 | 204.00 | 0.00 | 127.50 | 0.00 | 127.50 |
| 227.00 | | p | | 1 | * Brandon Cass | mo | 440.92 | 227.00 | 0.00 | 200.00 | 0.00 | 200.00 |
| | | | | | <u>Pure Novice</u> | | | | | | | |
| 205.00 | | pn | | 1 | Earl Evatt | az | 281.09 | 204.00 | 0.00 | 127.50 | 0.00 | 127.50 |
| 227.00 | | pn | | 1 | Daniel Meeker | ks | 314.16 | 211.00 | 0.00 | 142.50 | 0.00 | 142.50 |
| 227.00 | | pn | | x | Tim Meeker | ks | -385.81 | 216.90 | 0.00 | -175.00 | 0.00 | -175.00 |

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| | | | | | | | | | | | | |
|---------------|-------------|--------------|--------------|-----------|------------------------------|------------|-----------------|--------------|----------------|----------------|----------------|----------------------|
| | | | | | <u>Sub Masters-1</u> | | | | | | | |
| 250.20 | | sm1 | | 1 | Eric Anderson | mo | 413.36 | 273.00 | 0.00 | 187.50 | 0.00 | 187.50 |
| 250.20 | | sm1 | | 2 | Phil Loyd | mo | 374.78 | 239.00 | 0.00 | 170.00 | 0.00 | 170.00 |
| | | | | | | | | | | | | |
| | | | | | <u>Sub Masters-2</u> | | | | | | | |
| 170.80 | | sm2 | | 1 | Bruce Parker | ks | 341.71 | 170.00 | 0.00 | 155.00 | 0.00 | 155.00 |
| 227.00 | | sm2 | | x | Marvin Lawson | ks | -358.25 | 218.90 | 0.00 | -162.50 | 0.00 | -162.50 |
| | | | | | | | | | | | | |
| | | | | | <u>Bench Press Only</u> | | | | | | | |
| Wt.Cl. | Meet | Bench | Power | PL | <..... Name | St. | Tl. Lbs. | B.W.T | Best SQ | Best BP | Best DL | >Total< |
| | | | | | <u>Women's Intermediate</u> | | | | | | | |
| 110.20 | | wint | | 1 | Katrina Fuller | mo | 115.74 | 106.20 | 0.00 | 52.50 | 0.00 | 52.50 |
| | | | | | | | | | | | | |
| | | | | | <u>Women's Master-1</u> | | | | | | | |
| 127.80 | | wm1 | | 1 | Krista McGowan | ks | 159.83 | 122.90 | 0.00 | 72.50 | 0.00 | 72.50 |
| | | | | | | | | | | | | |
| | | | | | <u>Women's Pure</u> | | | | | | | |
| 110.20 | | wp | | 1 | Katrina Fuller | mo | 115.74 | 106.20 | 0.00 | 52.50 | 0.00 | 52.50 |
| | | | | | | | | | | | | |
| | | | | | <u>Women's Sub Masters-2</u> | | | | | | | |
| 170.80 | | wsm2 | | 1 | Amorka Ouenking | mo | 209.44 | 158.90 | 0.00 | 95.00 | 0.00 | 95.00 |
| | | | | | | | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 |