

Virginia State PL/BP/PS Championships 3-29/30-97

<u>Power Sports</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	Name	St.	Tl. Lbs.	B.W.T	Best Curl	Best BP	Best DL	Total
BP Int.												
227.00			bpint	1	Gary Brown	va	336.20	218.20	0.00	152.50	0.00	152.50
BP Beg. Pure Novice												
227.00			bpn	1	Gary Brown	va	336.20	218.20	0.00	152.50	0.00	152.50
BP Pure												
187.00			bpp	1	Chuck Brooks	va	303.13	183.50	0.00	137.50	0.00	137.50
227.00			bpp	1	Gary Brown	va	336.20	218.20	0.00	152.50	0.00	152.50
BP Bure Novice												
187.00			bppn	1	Chuck Brooks	va	303.13	183.50	0.00	137.50	0.00	137.50
BP Sub Masters												
154.30			bpsm	1	Gregory Colas	va	281.09	153.70	0.00	127.50	0.00	127.50
187.00			bpsm	1	Chuck Brooks	va	303.13	183.50	0.00	137.50	0.00	137.50
BP Womens H.S.												
119.00			bpwhs	1	Stephanie Ridgeway	va	110.23	117.50	0.00	50.00	0.00	50.00
BP Womens Sub Masters												
187.00			bpwsm	1	Kimm McMillion	va	170.86	176.20	0.00	77.50	0.00	77.50
Curl Int.												
227.00			cint	1	Gary Brown	va	137.79	218.20	62.50	0.00	0.00	62.50
250.20			cint	1	John Wood	va	176.37	232.20	80.00	0.00	0.00	80.00
Curl Jr.												
280.00			cjr	1	John Gregory	va	137.79	292.90	62.50	0.00	0.00	62.50
Curl Pure												
154.30			cp	1	Larry Johnson	dc	110.23	149.80	50.00	0.00	0.00	50.00
205.00			cp	1	Robert Vorhees	va	154.32	199.90	70.00	0.00	0.00	70.00
227.00			cp	1	Gary Brown	va	137.79	218.20	62.50	0.00	0.00	62.50
Curl Sub Masters												
154.30			csm	1	Larry Johnson	dc	110.23	149.80	50.00	0.00	0.00	50.00
187.00			csm	1	Bruce Bryan	va	104.72	181.90	47.50	0.00	0.00	47.50
Curl Womens Masters												
138.80			cwm	1	Cynthia Stultz	va	55.12	135.00	25.00	0.00	0.00	25.00

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<u>Powerlifting</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DL	Total
Beg.												
138.80	beg			1	Keith Giunta	va	870.82	135.90	137.50	110.00	147.50	395.00
170.80	beg			1	Steve Attia	va	1080.25	160.70	175.00	102.50	212.50	490.00
170.80	beg			2	Ronald Smith Sr.	va	975.54	167.00	145.00	100.00	197.50	442.50
170.80	beg			3	Scott Tollar	va	959.00	170.00	137.50	97.50	200.00	435.00
170.80	beg			4	Nathan Justus	va	771.61	167.50	117.50	85.00	147.50	350.00
187.00	beg			1	Aaron Johnson	va	1212.53	186.80	182.50	152.50	215.00	550.00
205.00	beg			1	Charles Nichols	va	1317.25	197.10	207.50	155.00	235.00	597.50
205.00	beg			2	Patrick Grumpton	va	970.02	204.00	157.50	92.50	190.00	440.00
Beg. Pure Novice												
205.00	begpn			1	Robert Hill	va	1096.79	202.20	170.00	115.00	212.50	497.50
High School												
127.80	hs			1	Brandon Leonard	va	545.64	122.80	92.50	50.00	105.00	247.50
138.80	hs			1	Matthew Keene	va	744.05	131.50	127.50	97.50	112.50	337.50
154.30	hs			1	Jason Sisk	va	788.14	149.50	125.00	85.00	147.50	357.50
205.00	hs			1	Patrick Grumpton	va	970.02	204.00	157.50	92.50	190.00	440.00
205.00	hs			2	Matthew Bowers	va	755.08	205.00	102.50	70.00	170.00	342.50
Juniors												
154.30	jr			1	Scott Arnett	va	1085.77	150.10	172.50	110.00	210.00	492.50
170.80	jr			1	Dan Johnson	va	1306.23	165.60	212.50	152.50	227.50	592.50
187.00	jr			1	Aaron Johnson	va	1212.53	186.80	182.50	152.50	215.00	550.00
187.00	jr			2	Gregory Hypes	va	1124.35	165.20	172.50	125.00	212.50	510.00
Masters-1												
250.20	m1			1	Larry Bucchioni	va	1317.25	236.60	212.50	132.50	252.50	597.50
Masters-2												
187.00	m2			1	Jim Kiser	va	1256.62	182.20	230.00	135.00	205.00	570.00
205.00	m2			1	H.D. Campbell	va	1333.78	200.40	235.00	132.50	237.50	605.00
227.00	m2			1	Charles Lilly	va	1432.99	226.40	237.50	165.00	247.50	650.00
227.00	m2			2	Jay Allen	va	1251.11	222.00	215.00	142.50	210.00	567.50
250.20	m2			1	Ron Hardin	va	1405.43	238.30	232.50	165.00	240.00	637.50

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<u>Powerlifting</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DL	Total
Masters-5 (Pure)												
187.00	m5			1	Robert Nevins	va	1234.58	185.10	200.00	145.00	215.00	560.00
250.20	m5			1	Marvin Durrett	va	1526.69	233.10	265.00	172.50	255.00	692.50
250.20	m5			2	Larry Bucchioni	va	1317.25	236.60	212.50	132.50	252.50	597.50
Natural												
154.30	n			1	Larry Johnson	dc	1091.28	149.80	165.00	115.00	215.00	495.00
205.00	n			1	Robert Mello	va	1669.98	203.40	307.50	177.50	272.50	757.50
205.00	n			2	Kirk Hubbard	va	1306.23	204.20	210.00	127.50	255.00	592.50
250.20	n			1	John Leonard	va	1835.33	247.00	300.00	202.50	330.00	832.50
280.00	n			1	Terry Tsoursoutis	va	1576.29	274.20	262.50	207.50	245.00	715.00
315.00	n			1	Elliott Smith	va	1918.00	296.00	365.00	205.00	300.00	870.00
Womens Sub Masters-1												
119.00	wsm1			1	Demetria Harvin	va	753.97	115.80	135.00	77.00	130.00	342.00
Womens Beg.												
119.00	wbeg			1	Emily Garbee	va	424.39	118.50	60.00	40.00	92.50	192.50
Womens H.S.												
119.00	whs			1	Emily Garbee	va	424.39	118.50	60.00	40.00	92.50	192.50
Pure												
154.30	p			1	Larry Johnson	dc	1091.28	149.80	165.00	115.00	215.00	495.00
187.00	p			1	Sonny Johnson	va	1383.39	181.00	235.00	155.00	237.50	627.50
187.00	p			2	Doug Wagner	va	1350.32	183.50	227.50	157.50	227.50	612.50
187.00	p			3	Gregory Hypes	va	1124.35	165.20	172.50	125.00	212.50	510.00
205.00	p			1	Kevin Cash	va	1631.40	200.20	295.00	157.50	287.50	740.00
205.00	p			2	Charles Nichols	va	1317.25	197.10	207.50	155.00	235.00	597.50
205.00	p			3	Kirk Hubbard	va	1306.23	204.20	210.00	127.50	255.00	592.50
227.00	p			1	Mike Turner	va	1504.64	217.80	252.50	165.00	265.00	682.50
250.20	p			1	Rod Howell	nc	1675.50	241.30	295.00	190.00	275.00	760.00
250.20	p			2	Barry Hammel	va	1399.92	249.60	237.50	182.50	215.00	635.00

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<u>Bench Press Only</u>												
Wt.Cl.	Meet	Bench	Power	Pl.	Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DL	Total
Beg. Pure Novice												
154.30		begpn		1	Michael Coleman	va	242.51	148.70	0.00	110.00	0.00	110.00
High School												
170.80		hs		1	Bradford Osborne	va	281.09	169.70	0.00	127.50	0.00	127.50
170.80		hs		2	Nathan Justus	va	187.39	167.50	0.00	85.00	0.00	85.00
Intermediate												
187.00		int		1	Chris Stallings	nc	341.71	184.00	0.00	155.00	0.00	155.00
Juniors												
154.30		jr		1	Scott Arnett	va	242.51	150.10	0.00	110.00	0.00	110.00
170.80		jr		1	Dan Johnson	va	336.20	165.60	0.00	152.50	0.00	152.50
187.00		jr		1	Aaron Johnson	va	336.20	186.80	0.00	152.50	0.00	152.50
205.00		jr		1	Lee Short Jr.	nc	330.69	202.20	0.00	150.00	0.00	150.00
Masters-1												
170.80		m1		1	Tagg Shiley	va	308.64	167.20	0.00	140.00	0.00	140.00
205.00		m1		1	David Reid	va	242.51	196.50	0.00	110.00	0.00	110.00
250.20		m1		1	Larry Bucchioni	va	292.11	236.60	0.00	132.50	0.00	132.50
Masters-2												
187.00		m2		1	Clay Kimrey	va	330.69	174.70	0.00	150.00	0.00	150.00
Masters-5 (Pure)												
170.80		m5		1	Tagg Shiley	va	308.64	167.20	0.00	140.00	0.00	140.00
187.00		m5		2	Clay Kimrey	va	330.69	174.70	0.00	150.00	0.00	150.00
250.20		m5		1	Larry Bucchioni	va	292.11	236.60	0.00	132.50	0.00	132.50
Natural												
154.30		n		1	Larry Johnson	dc	253.53	149.80	0.00	115.00	0.00	115.00
205.00		n		1	Richard Cash	va	325.18	195.50	0.00	147.50	0.00	147.50

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Bench Press Only												
Wt.Cl.	Meet	Bench	Power	Pl.	Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DL	Total
Pure B.P.												
154.30		p		1	Larry Johnson	dc	253.53	149.80	0.00	115.00	0.00	115.00
187.00		p		1	Chris Stallings	nc	341.71	184.00	0.00	155.00	0.00	155.00
187.00		p		2	Chuck Brooks	va	303.13	183.50	0.00	137.50	0.00	137.50
205.00		p		1	Lee Short Jr.	nc	330.69	202.20	0.00	150.00	0.00	150.00
205.00		p		2	Richard Cash	va	325.18	195.50	0.00	147.50	0.00	147.50
Pure Novice BP												
127.80		pn		1	David Young	va	253.53	127.80	0.00	115.00	0.00	115.00
187.00		pn		1	Chris Stallings	nc	341.71	184.00	0.00	155.00	0.00	155.00
187.00		pn		2	Chuck Brooks	va	303.13	183.50	0.00	137.50	0.00	137.50
205.00		pn		1	Lee Short Jr.	nc	330.69	202.20	0.00	150.00	0.00	150.00
227.00		pn		1	Mark DeAngelis	va	374.78	216.60	0.00	170.00	0.00	170.00
227.00		pn		2	Jay Allen	va	314.16	222.00	0.00	142.50	0.00	142.50
Sub Masters-1 B.P.												
154.30		sm1		1	Larry Johnson	dc	253.53	149.80	0.00	115.00	0.00	115.00
170.80		sm1		1	Rob Bernhard	va	358.25	161.40	0.00	162.50	0.00	162.50
205.00		sm1		1	Richard Cash	va	325.18	195.50	0.00	147.50	0.00	147.50
Sub Masters-2 B.P.												
187.00		sm2		1	Chuck Brooks	va	303.13	183.50	0.00	137.50	0.00	137.50
Teen BP												
227.00		t		1	Robert Souza	va	347.22	212.60	0.00	157.50	0.00	157.50
Womens H.S. BP												
127.80		whs		1	Bailee Stanley	va	104.72	122.30	0.00	47.50	0.00	47.50
138.80		whs		1	Carrie Cole	va	82.67	134.50	0.00	37.50	0.00	37.50
138.80		whs		2	Traci Sellers	va	82.67	138.60	0.00	37.50	0.00	37.50