

National H. S. Powerlifting Championships 4-11/13-97

Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
Mens Fr.-So.												
119.00	mfs		1	Michael Denmon	LCM	tx	793.66	112.40	137.50	67.50	155.00	360.00
119.00	mfs		2	Drew Evans	CAHS	mo	633.82	113.80	97.50	67.50	122.50	287.50
127.80	mfs		1	Temish Wesley	HH	ok	837.75	124.80	150.00	80.00	150.00	380.00
127.80	mfs		2	Kip Ackerson	KCHS	mo	727.52	127.50	122.50	80.00	127.50	330.00
127.80	mfs		3	Philip Esposito	KCHS	mo	722.01	127.70	112.50	75.00	140.00	327.50
127.80	mfs		4	Jacob Ramirez	RHS	tx	628.31	127.80	97.50	60.00	127.50	285.00
138.80	mfs		1	Rocky Smith		tx	887.35	132.90	145.00	85.00	172.50	402.50
138.80	mfs		2	Adam Tom	HH	ok	848.77	132.70	165.00	70.00	150.00	385.00
138.80	mfs		3	Pete Shore		ok	804.68	136.30	142.50	67.50	155.00	365.00
138.80	mfs		4	Jerry Wakeley	HH	ok	733.03	133.40	130.00	67.50	135.00	332.50
138.80	mfs		5	Ben Allford	CHS	ok	556.66	136.90	92.50	47.50	112.50	252.50
154.30	mfs		1	Zachary Buck	HHS	ok	970.02	149.80	162.50	95.00	182.50	440.00
154.30	mfs		2	Shane Powell	HHS	ok	953.49	152.30	147.50	107.50	177.50	432.50
154.30	mfs		3	Chris Reznicek		tx	936.96	153.40	155.00	100.00	170.00	425.00
154.30	mfs		4	Joey Ellis	HHS	ok	920.42	150.30	160.00	90.00	167.50	417.50
154.30	mfs		5	Michael Hobbs	NDHS	tx	854.28	151.60	137.50	92.50	157.50	387.50
154.30	mfs		6	Greg Devalkenaere	PHHS	mo	744.05	150.10	122.50	80.00	135.00	337.50
170.80	mfs		1	Eric Censhaw	HHS	ok	1223.55	159.30	212.50	125.00	217.50	555.00
170.80	mfs		2	Matt Cooper		mo	898.37	168.50	150.00	102.50	155.00	407.50
170.80	mfs		3	Ken Roark	MCH	tn	881.84	163.30	160.00	82.50	157.50	400.00
170.80	mfs		4	Greg Daigle		la	870.82	163.70	137.50	82.50	175.00	395.00
170.80	mfs		5	Chris Harger	HHS	ok	815.70	167.70	125.00	82.50	162.50	370.00
170.80	mfs		6	Tony Bustos	NDHS	tx	716.50	166.40	115.00	62.50	147.50	325.00
170.80	mfs		x	Russel I Ingram	HHS	ok	0.00	170.10	-160.00	85.00	172.50	97.50
187.00	mfs		1	Damien Coleman	CHS	tx	1212.53	176.50	227.50	102.50	220.00	550.00
187.00	mfs		2	John Martinez	RHS	tx	1179.46	184.70	212.50	117.50	205.00	535.00
187.00	mfs		3	Josh Hiton	THS	ok	1168.44	187.00	192.50	90.00	247.50	530.00
187.00	mfs		4	Mike Conley	HHS	ok	1025.14	176.70	175.00	100.00	190.00	465.00
187.00	mfs		5	Mike Ainesworth	HH	ok	1025.14	173.60	162.50	112.50	190.00	465.00
187.00	mfs		6	Robin Sol		mo	848.77	178.80	132.50	92.50	160.00	385.00
187.00	mfs		7	Brian Davis		mo	843.26	175.50	155.00	77.50	150.00	382.50
187.00	mfs		8	Jimmy Sipes	HHS	ok	821.21	178.90	137.50	72.50	162.50	372.50
187.00	mfs		9	Luis Suarez	RHS	tx	788.14	185.00	147.50	77.50	132.50	357.50

National H. S. Powerlifting Championships 4-11/13-97

Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
				Mens Fr.-So. (cont)								
205.00	mfs		1	Tim Balderrama	HHS	ok	1025.14	197.60	182.50	92.50	190.00	465.00
205.00	mfs		2	Jason Lopez	RHS	tx	716.50	192.70	137.50	65.00	122.50	325.00
205.00	mfs		3	Curt Rawls	HHS	ok	407.85	198.90	72.50	40.00	72.50	185.00
205.00	mfs		4	Danny Sipes	HHS	ok	225.97	190.20	-127.50	67.50	162.50	102.50
227.00	mfs		1	Nathan Gallien	CHS	tx	1295.20	220.90	177.50	137.50	272.50	587.50
227.00	mfs		2	Jonathan Marsh	MCHS	tn	986.56	225.90	170.00	100.00	177.50	447.50
227.00	mfs		3	Joe Allford	HHS	ok	832.24	227.00	142.50	82.50	152.50	377.50
280.00	mfs		1	David Reyes		tx	1262.13	278.60	232.50	127.50	212.50	572.50
280.00	mfs		2	Frank Dela Rosa	RHS	tx	914.91	272.30	160.00	87.50	167.50	415.00
280.00	mfs		3	Jamie Glass	PHHS	mo	887.35	250.90	162.50	85.00	155.00	402.50
315.00	mfs		1	Damion Pickens	BHS	tx	1306.23	289.50	227.50	120.00	245.00	592.50
315.00	mfs		2	Adam Nash	MCHS	tn	1129.86	281.30	195.00	112.50	205.00	512.50
shw	mfs		1	Aaron Bradshaw	PHHS	mo	1080.25	320.10	195.00	105.00	190.00	490.00
				Mens Jr.-Sr.								
Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
127.80	mjs		1	Russell Winton	CAHS	mo	793.66	125.10	130.00	80.00	150.00	360.00
127.80	mjs		2	Jeremy Betz		tx	771.61	124.90	127.50	72.50	150.00	350.00
138.80	mjs		1	Mister Sam	CHCB	tx	936.96	132.40	157.50	80.00	187.50	425.00
138.80	mjs		2	Jeremiah Robles	RHS	tx	826.73	131.30	165.00	65.00	145.00	375.00
138.80	mjs		3	Chuck Wilmore	MCHS	?	733.03	137.90	112.50	100.00	120.00	332.50
154.30	mjs		1	Brian Smith	VHS	tx	1240.09	141.50	207.50	132.50	222.50	562.50
154.30	mjs		2	Gene Mask	HHS	ok	1240.09	154.30	205.00	117.50	240.00	562.50
154.30	mjs		3	Debrian Hughes	PHHS	mo	925.93	153.90	140.00	97.50	182.50	420.00
154.30	mjs		4	Ben Arnold	CAHS	tx	848.77	147.20	142.50	77.50	165.00	385.00

National H. S. Powerlifting Championships 4-11/13-97

Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
				Mens Jr.-Sr. (cont)								
170.80	mjs		1	Clifton Sneed	HHS	ok	1124.35	168.50	197.50	130.00	182.50	510.00
170.80	mjs		2	Manuel Recio	RHS	tx	1096.79	158.70	202.50	110.00	185.00	497.50
170.80	mjs		3	Ed Lacy		mo	975.54	167.70	165.00	110.00	167.50	442.50
170.80	mjs		4	Nick Wilowski	CAHS	mo	959.00	169.00	145.00	92.50	197.50	435.00
170.80	mjs		5	Clinton Landreth	HHS	ok	898.37	170.30	137.50	82.50	187.50	407.50
170.80	mjs		6	Joseph Barron	CAHS	mo	859.79	163.70	125.00	95.00	170.00	390.00
170.80	mjs		7	Marty Dillard	MCHS	tn	705.47	164.10	90.00	95.00	135.00	320.00
187.00	mjs		1	Victor Rubalcaba	LHS	la	1339.29	180.80	227.50	140.00	240.00	607.50
187.00	mjs		2	Josh Ales	CAHS	mo	1273.16	182.50	210.00	135.00	232.50	577.50
187.00	mjs		3	Christopher Tracy		mo	1146.39	184.00	192.50	130.00	197.50	520.00
187.00	mjs		4	Chad Hilton		mo	1140.88	185.40	195.00	127.50	195.00	517.50
187.00	mjs		5	Craig Gallard		la	1096.79	184.10	187.50	112.50	197.50	497.50
187.00	mjs		6	Derrick Dickens	MCHS	tn	1058.21	181.80	157.50	127.50	195.00	480.00
187.00	mjs		7	Anivar Garcia	RHS	tx	1014.12	186.90	170.00	107.50	182.50	460.00
187.00	mjs		8	Nathan Keller	MCHS	tn	881.84	181.20	130.00	105.00	165.00	400.00
187.00	mjs		x	Carlos Perez		tx	0.00	184.20	-205.00	132.50	0.00	0.00
205.00	mjs		1	Tory Robinson		mo	1405.43	201.10	227.50	150.00	260.00	637.50
205.00	mjs		2	Adam Hernandez	RHS	tx	1399.92	198.00	247.50	165.00	222.50	635.00
205.00	mjs		3	Bryan Noll		ks	1344.81	196.20	247.50	120.00	242.50	610.00
205.00	mjs		4	Tyson Meyers		ks	1278.67	201.30	250.00	125.00	205.00	580.00
205.00	mjs		5	Jubal Shields	CAHS	mo	1207.02	194.60	192.50	125.00	230.00	547.50
205.00	mjs		6	Eric Allen	CHS	tx	1151.90	202.40	195.00	127.50	200.00	522.50
205.00	mjs		7	Horace Akers	CHS	tx	1129.86	198.60	205.00	102.50	205.00	512.50
205.00	mjs		8	Tim Standley	CHS	ne	1030.65	201.50	172.50	97.50	197.50	467.50
205.00	mjs		9	Nicholas Pratt		mo	936.96	195.40	160.00	90.00	175.00	425.00
227.00	mjs		1	Bryan Mann		mo	1355.83	216.30	242.50	142.50	230.00	615.00
227.00	mjs		2	Brett Wondra		ks	1273.16	208.80	250.00	112.50	215.00	577.50
227.00	mjs		3	Steve Robertson	PHHS	mo	1179.46	212.50	202.50	125.00	207.50	535.00
227.00	mjs		4	Robert Arellano	RHS	tx	1080.25	210.80	177.50	127.50	185.00	490.00
227.00	mjs		5	Zeke Garcia	NDHS	tx	1052.70	218.10	192.50	102.50	182.50	477.50

National H. S. Powerlifting Championships 4-11/13-97

Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
				Mens Jr.-Sr. (cont)								
250.20	mjs		1	Travis Huff	HHS	ok	1377.88	238.10	267.50	137.50	220.00	625.00
250.20	mjs		2	Danny Capps	PHHS	mo	1322.76	247.80	227.50	145.00	227.50	600.00
250.20	mjs		3	Greg Shirhall	IHS	tx	1295.20	244.10	232.50	125.00	230.00	587.50
250.20	mjs		4	Mike Aguero	NDHS	tx	1080.25	239.70	182.50	122.50	185.00	490.00
250.20	mjs		5	Chris Riner	CHS	mo	1069.23	238.50	160.00	100.00	225.00	485.00
250.20	mjs		6	Seth Blankenship	MCHS	tn	1052.70	248.20	185.00	115.00	177.50	477.50
250.20	mjs		7	Michael Mitchell	NDHS	tx	909.40	237.70	145.00	92.50	175.00	412.50
250.20	mjs		8	Jesse Parra	NDHS	tx	793.66	240.60	135.00	75.00	150.00	360.00
250.50	mjs		9	Albert Epina	NDHS	tx	881.84	246.40	145.00	85.00	170.00	400.00
280.00	mjs		1	Kye Cox	HHS	ok	1262.13	277.90	222.50	102.50	247.50	572.50
280.00	mjs		2	Jeff Adams	PHHS	mo	1184.97	272.60	190.00	140.00	207.50	537.50
280.00	mjs		3	Jesse Lopez	RHS	tx	1091.28	275.40	192.50	117.50	185.00	495.00
280.00	mjs		4	Euseio Casarez	NDHS	tx	1069.23	258.90	205.00	95.00	185.00	485.00
280.00	mjs		x	Victor Arredondo	MHS	tx	0.00	266.40	-245.00	0.00	0.00	0.00
315.00	mjs		1	Wes Wilson	PHHS	mo	1339.29	280.30	242.50	137.50	227.50	607.50
315.00	mjs		2	Corry Woolfolk	PHHS	mo	1025.14	290.50	170.00	105.00	190.00	465.00
shw	mjs		1	Abel Dela Rosa	RHS	tx	1251.11	316.70	237.50	125.00	205.00	567.50
				Womens Fr. -So.								
Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
101.40	wfs		1	Kristin Abernathy	VHS	tx	518.08	97.12	95.00	40.00	100.00	235.00
101.40	wfs		2	Randi Nielson		ne	424.39	99.50	72.50	32.50	87.50	192.50
101.40	wfs		3	Arica Alexander		ne	418.87	88.00	72.50	30.00	87.50	190.00
110.20	wfs		1	Lindsey Roberts	VHS	tx	567.68	102.12	100.00	42.50	115.00	257.50
110.20	wfs		2	Mary Villegas	LHS	?	567.68	110.00	102.50	40.00	115.00	257.50
110.20	wfs		3	Dee Davillier	CHS	tx	496.04	104.25	92.50	30.00	102.50	225.00
110.20	wfs		4	Ashley Peveto	VHS	tx	473.99	106.12	90.00	37.50	87.50	215.00
110.20	wfs		5	Anna Avery		ne	418.87	108.00	70.00	27.50	92.50	190.00

National H. S. Powerlifting Championships 4-11/13-97

Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
Womens Fr.-So. (cont)												
119.00	wfs		1	Janell Peck	VHS	tx	512.57	113.00	90.00	42.50	100.00	232.50
119.00	wfs		2	Venessa Rodriguez	RHS	tx	496.04	118.00	92.50	42.50	90.00	225.00
119.00	wfs		3	Stephanie Williams	VHS	tx	462.97	111.40	82.50	37.50	90.00	210.00
127.80	wfs		1	Jami Courtney		ne	545.64	126.26	90.00	55.00	102.50	247.50
127.80	wfs		2	Brandi Leonard	VHS	tx	485.01	127.80	90.00	40.00	90.00	220.00
138.80	wfs		1	Allison Bush	VHS	tx	655.87	130.80	120.00	50.00	127.50	297.50
138.80	wfs		2	Rosalinda Gonzales	RHS	tx	600.75	130.00	107.50	42.50	122.50	272.50
138.80	wfs		3	Amanda Brown	SEHS	ne	589.73	138.80	90.00	55.00	122.50	267.50
138.80	wfs		4	Bristie Delao	VHS	tx	545.64	140.40	102.50	40.00	105.00	247.50
138.80	wfs		5	Amber Nelson	VHS	tx	485.01	135.80	92.50	37.50	90.00	220.00
154.30	wfs		1	Alicia Henderson	PHHS	mo	666.89	151.40	117.50	62.50	122.50	302.50
154.30	wfs		2	Sharon Smith	VHS	tx	545.64	152.40	95.00	45.00	107.50	247.50
154.30	wfs		3	Gina Perez	RHS	tx	485.01	138.30	92.50	37.50	90.00	220.00
170.80	wfs		1	Melinda McCarver	VHS	tx	606.27	158.75	110.00	45.00	120.00	275.00
Womens Jr.-Sr.												
Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
101.40	wjs		1	Amanda Stephens		tx	600.75	99.80	117.50	47.50	107.50	272.50
101.40	wjs		2	Misti Rincones	LHS	?	584.22	101.40	95.00	47.50	122.50	265.00
101.40	wjs		3	Lori Pierpont		tx	578.71	98.00	110.00	47.50	105.00	262.50
110.20	wjs		1	Jeri Skiles	VHS	tx	551.15	104.12	100.00	50.00	100.00	250.00
119.00	wjs		1	Sabrina Torres	LHS	?	633.82	118.12	117.50	50.00	120.00	287.50
119.00	wjs		2	Missy Tupper	VHS	tx	562.17	113.00	102.50	42.50	110.00	255.00
119.00	wjs		3	Haley Castilaw	VHS	tx	534.62	114.00	92.50	40.00	110.00	242.50
119.00	wjs		4	Shasta Stinson	VHS	?	473.99	118.12	77.50	42.50	95.00	215.00
119.00	wjs		5	Denise Martinez	RHS	tx	402.34	117.00	72.50	30.00	80.00	182.50

National H. S. Powerlifting Championships 4-11/13-97

Womens Jr.-Sr.												
Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
127.80	wjs		1	Julie Odom	VHS	tx	760.59	125.00	137.50	70.00	137.50	345.00
127.80	wjs		2	Tasha Gage	CHS	tx	672.40	127.50	122.50	55.00	127.50	305.00
138.80	wjs		1	Crystal Spoon		ks	744.05	132.00	125.00	60.00	152.50	337.50
138.80	wjs		2	Sonya Corey	LHS	tx	738.54	136.12	140.00	57.50	137.50	335.00
138.80	wjs		3	Mandy Evans	VHS	tx	716.50	136.00	122.50	62.50	140.00	325.00
138.80	wjs		4	Kendra Chatman	CHS	tx	622.80	136.40	105.00	42.50	135.00	282.50
138.80	wjs		5	Susan Wise	MCHS	tn	551.15	138.60	82.50	55.00	112.50	250.00
154.30	wjs		1	Leatrice Williams	CHS	tx	782.63	145.00	127.50	60.00	167.50	355.00
154.30	wjs		2	Jessica Zamarron	LHS	tx	744.05	141.00	135.00	72.50	130.00	337.50
154.30	wjs		3	Shauna White	VHS	tx	699.96	147.40	127.50	55.00	135.00	317.50
154.30	wjs		4	Christy Anne Perez	RHS	tx	683.43	154.10	120.00	52.50	137.50	310.00
170.80	wjs		1	Raquel Anderson	BHS	tx	837.75	157.00	140.00	60.00	180.00	380.00
170.80	wjs		2	Michelle Smith	VHS	tx	694.45	156.00	127.50	60.00	127.50	315.00
170.80	wjs		3	M. Rissa Broussard	BHS	tx	639.33	159.00	112.50	52.50	125.00	290.00
187.00	wjs		1	Renee Raines	VHS	tx	722.01	180.00	130.00	62.50	135.00	327.50
187.00	wjs		2	Tonya Jaskson	BHS	tx	661.38	175.00	105.00	57.50	137.50	300.00
187.00	wjs		3	Tabitha Phillips	SEHS	ne	650.36	184.00	115.00	67.50	112.50	295.00
205.00	wjs		1	Melinda Bradshaw	IPHS	tx	804.68	195.00	147.50	57.50	160.00	365.00
220.00	wjs		1	Cortney Williams	BHS	tx	821.21	220.00	167.50	60.00	145.00	372.50
220.00	wjs		2	Catrina Minnifield	BHS	tx	804.68	215.00	140.00	65.00	160.00	365.00
250.20	wjs		1	Lisa Boutte	VHS	tx	914.91	246.75	180.00	75.00	160.00	415.00
280.00	wjs		1	Jennifer Fulton	SEHS	ne	727.52	245.00	130.00	60.00	140.00	330.00
315.00	wjs		1	Taloue Chaney	JHS	tx	947.98	309.00	152.50	95.00	182.50	430.00

National H. S. Powerlifting Championships 4-11/13-97

Mens Bench Press Only												
Wt.Cl.	MT	BP	Pl.	Name	Team	St.	Tl. Lbs.	B.W.T.	Best SQ	Best BP	Best DL	Total
				Mens Fr.-So.								
119.00		mfs	1	Chase Powell	HH	ok	93.70	110.20	0.00	42.50	0.00	42.50
154.30		mfs	1	Shane Powell	HHS	ok	236.99	152.30	0.00	107.50	0.00	107.50
187.00		mfs	1	Jayson Janes	HHS	ok	259.04	173.40	0.00	117.50	0.00	117.50
				Mens Jr.-Sr.								
154.30		mjs	1	Brian Smith	VHS	tx	292.11	141.50	0.00	132.50	0.00	132.50
187.00		mjs	2	Chad Hilton		mo	281.09	185.40	0.00	127.50	0.00	127.50
187.00		mjs	3	Derrick Dickens	MCHS	tn	281.09	181.80	0.00	127.50	0.00	127.50
187.00		mjs	4	Craig Gallard		la	248.02	184.10	0.00	112.50	0.00	112.50
205.00		mjs	1	Adam Hernandez	RHS	tx	363.76	198.00	0.00	165.00	0.00	165.00
205.00		mjs	2	Seth Ford		tx	303.13	203.70	0.00	137.50	0.00	137.50
250.20		mjs	1	Danny Capps	PHHS	mo	319.67	247.80	0.00	145.00	0.00	145.00
250.20		mjs	2	Travis Huff	HHS	ok	303.13	238.10	0.00	137.50	0.00	137.50
250.20		mjs	3	Seth Blankenship	MCHS	tn	253.53	248.20	0.00	115.00	0.00	115.00
				Womens Fr.-So.								
127.80		wfs	1	Cathy Street		nm	88.18	127.00	0.00	40.00	0.00	40.00
				Womens Jr.-Sr.								
119.00		wjs	1	Shasta Stinson		?	93.70	118.12	0.00	42.50	0.00	42.50
127.80		wjs	1	Julie Odom	VHS	tx	154.32	125.00	0.00	70.00	0.00	70.00
138.80		wjs	1	Susan Wise	MCHS	tn	121.25	138.60	0.00	55.00	0.00	55.00
170.80		wjs	1	Raquel Anderson	BHS	tx	132.28	157.00	0.00	60.00	0.00	60.00
187.00		wjs	1	Tabitha Phillips	SEHS	ne	148.81	184.00	0.00	67.50	0.00	67.50
220.00		wjs	1	Catrina Minnifield	BHS	tx	143.30	215.00	0.00	65.00	0.00	65.00