

**NASA WV State PL/BP/PP/PS Championships 04-26-14**  
**Ravenswood, WV**

<b>Equipped Powerlifting</b>																				
Pl.	Wt.Cl.	Name	St.	Sex	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Paul Sutphin	WV	M	1.1436	204.60	7.4243	m2							1328.27	0.00	230.00	135.00	237.50	602.50
1	SHW	Zach Howerton	WV	M	1.4830	326.20	8.4692	jr							1862.89	0.00	300.00	272.50	272.50	845.00
<b>Uneq Powerlifitng</b>																				
Pl.	Wt.Cl.	Name	St.	Sex	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Mike Williams	WV	M	1.1720	215.20	7.9843				nov				1466.06	0.00	232.50	182.50	250.00	665.00
1	220.25	Mike Williams	WV	M	1.1720	215.20	7.9843				int				1466.06	0.00	232.50	182.50	250.00	665.00
1	220.25	Seth Bowling	KY	M	1.1606	211.40	7.8067				jr				1421.97	0.00	240.00	155.00	250.00	645.00
1	220.25	Brian Graham	WV	M	1.1776	217.40	5.6723				m1				1047.19	0.00	172.50	120.00	182.50	475.00
1	275.50	Booker Stephens	WV	M	1.2898	256.60	7.4800				sm				1488.11	0.00	227.50	175.00	272.50	675.00
<b>Push/Pull</b>																				
Pl.	Wt.Cl.	Name	St.	Sex	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	198.75	Brian Helmondollar	WV	M	1.0870	184.60	3.8620						m2		655.87	0.00	0.00	122.50	175.00	297.50
1	220.25	Kevin Hamm	WV	M	1.1606	211.00	4.8202						l/f		876.33	0.00	0.00	180.00	217.50	397.50
1	220.25	Kevin Hamm	WV	M	1.1606	211.00	4.8202						int		876.33	0.00	0.00	180.00	217.50	397.50
1	275.50	Booker Stephens	WV	M	1.2898	256.60	4.9589						sm		986.56	0.00	0.00	175.00	272.50	447.50
1	275.50	Shannon Stephens	WV	M	1.2590	246.00	3.4131						pure		666.89	0.00	0.00	120.00	182.50	302.50
<b>Power Sports</b>																				
Pl.	Wt.Cl.	Name	St.	Sex	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	95.00	Rebecca Van Hoose	SC	F	0.9000	93.60	0.3710			c-yth					38.58	17.50	0.00	0.00	0.00	17.50
1	198.75	Brian Helmondollar	WV	M	1.0870	184.60	4.5760			m2					777.12	55.00	0.00	122.50	175.00	352.50
1	275.50	Kyle Smith	WV	M	1.3262	269.60	2.2232			d-jr					451.94	0.00	0.00	0.00	205.00	205.00
<b>Bench Press</b>																				
Pl.	Wt.Cl.	Name	St.	Sex	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	SHW	Mark Miller	WV	M	1.4774	324.40	1.9077		m2						418.87	0.00	0.00	190.00	0.00	190.00
<b>Uneq Bench Press</b>																				
Pl.	Wt.Cl.	Name	St.	Sex	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	165.50	Ozzie Roach	WV	M	1.0190	160.90	1.1868				b-m3				187.39	0.00	0.00	85.00	0.00	85.00
1	198.75	Brian Helmondollar	WV	M	1.0870	184.60	1.5902				b-m2				270.06	0.00	0.00	122.50	0.00	122.50
1	220.25	Don Gibson	WV	M	1.1323	201.20	0.5273				b-m4				93.70	0.00	0.00	42.50	0.00	42.50
1	220.25	Mike Williams	WV	M	1.1720	215.20	2.1912				b-int				402.34	0.00	0.00	182.50	0.00	182.50