

**2013 NASA KY Regional PL/BP/PP/PS Championships
10-19-13**

Morehead, KY																											
Equipped Powerlifting																											
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	PC-1	PC-2	PC-3	Best PC	C-4ar	Best-C	SQ-4ar	Best SQ	BP-4ar	Best BP	DL-4ar	Best DL	TL Kgs
1	275.50	Jordan Browning	WV	1.3038	262.00	6.5825	Int							1322.76				0.00		0.00		212.50	-180.00	167.50		220.00	600.00
Unequipped Powerlifting																											
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	PC-1	PC-2	PC-3	Best PC	C-4ar	Best-C	SQ-4ar	Best SQ	BP-4ar	Best BP	DL-4ar	Best DL	TL Kgs
1	88.00	Rebecca Van Hoose	SC	0.9000	84.00	2.0668				wyouth				192.90				0.00		0.00		25.00		25.00	55.00	37.50	87.50
1	110.00	Sarah Van Hoose	SC	0.9000	107.80	1.5185				wyouth				181.88				0.00		0.00		22.50		22.50	55.00	37.50	82.50
1	132.20	Casey Burkhardt	KY	0.9283	129.20	4.9104				Teen				683.43				0.00		0.00	-115.00	110.00		60.00	142.50	140.00	310.00
1	220.25	Christian Davis	KY	1.1635	212.40	7.2761				Jr				1328.27				0.00		0.00		220.00		137.50	-252.50	245.00	602.50
2	220.25	Mason Castle	KY	1.1578	209.60	7.0327				Jr				1273.16				0.00		0.00		202.50		127.50		247.50	577.50
Power Sports																											
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	PC-1	PC-2	PC-3	Best PC	C-4ar	Best-C	SQ-4ar	Best SQ	BP-4ar	Best BP	DL-4ar	Best DL	TL Kgs
1	88.00	Rebecca Van Hoose	SC	0.9000	84.00	1.8306			wyouth					170.86				0.00		15.00		0.00		25.00	55.00	37.50	77.50
1	220.25	Eric Howard	OH	1.1776	217.40	4.7170			Int					870.82				0.00		70.00		0.00		137.50		187.50	395.00
1	275.50	Keith Underwood	KY	1.3066	262.60	3.3731			M1					677.91				0.00	92.50	87.50		0.00		185.00		35.00	307.50
1	275.50	Keith Underwood	KY	1.3066	262.60	3.3731			p+f					677.91				0.00	92.50	87.50		0.00		185.00		35.00	307.50
1	275.50	Danny McAlarnis	KY	1.3150	266.40	1.3059			bm3					264.55				0.00		0.00		0.00		120.00		0.00	120.00
1	275.50	Danny McAlarnis	KY	1.3150	266.40	0.5713			cm3					115.74				0.00		52.50		0.00		0.00		0.00	52.50
1	148.75	Michelle Euton	KY	0.9680	143.20	1.5648			wdm1					231.48				0.00		0.00		0.00		0.00		105.00	105.00
Push/Pull																											
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	PC-1	PC-2	PC-3	Best PC	C-4ar	Best-C	SQ-4ar	Best SQ	BP-4ar	Best BP	DL-4ar	Best DL	TL Kgs
1	181.75	Brandon Blair	KY	1.0586	174.60	4.1770						Teen		688.94				0.00		0.00		0.00		125.00		187.50	312.50
1	308.50	Zach Howerton	WV	1.3878	292.40	5.0748						Jr		1069.23				0.00		0.00		0.00		247.50		237.50	485.00
Unequipped Bench Press																											
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	PC-1	PC-2	PC-3	Best PC	C-4ar	Best-C	SQ-4ar	Best SQ	BP-4ar	Best BP	DL-4ar	Best DL	TL Kgs
1	220.25	Sean Gentry	KY	1.1606	210.60	2.1565				bm1				391.32				0.00		0.00		0.00		177.50		0.00	177.50
1	242.50	Clint Poore	KY	1.2170	231.40	2.4349				bpure				462.97				0.00		0.00		0.00		210.00		0.00	210.00
Equipped Bench Press																											
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	PC-1	PC-2	PC-3	Best PC	C-4ar	Best-C	SQ-4ar	Best SQ	BP-4ar	Best BP	DL-4ar	Best DL	TL Kgs
1	308.50	Zach Howerton	WV	1.3878	292.40	2.5897		Jr						545.64				0.00		0.00		0.00		247.50		0.00	247.50
Power Press																											
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uequip	PP U	PP	P Press	Tl. Lbs.	PC-1	PC-2	PC-3	Best PC	C-4ar	Best-C	SQ-4ar	Best SQ	BP-4ar	Best BP	DL-4ar	Best DL	TL Kgs
1	220.25	Eric Howard	OH	1.1776	217.40	2.8362							Int	523.59	77.50	88.50	100.00	100.00		0.00		0.00		137.50		0.00	237.50
1	220.25	Man of Steel Eric Howard	OH	1.1776	217.40	5.9112			Int					1091.28	77.50	88.50	100.00	100.00		70.00		0.00		137.50		187.50	495.00