

N.A.S.A. Michigan State Men's Unequipped Powerlifting Records

MEN'S 114.5	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 123.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 132.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 148.75	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 165.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 181.75	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 198.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
BEGINNER	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 220.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police & Fire	Open			Open			Open			Open		

MEN'S 242.5	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 275.5	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 308.5	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S SHW	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

N.A.S.A. Michigan State Women's Unequipped Powerlifting Records

WOMEN'S 114.5	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 123.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 132.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 148.75	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
----------------	-------	---------	----------	-------------	---------	----------	----------	---------	----------	-------	---------	----------

PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 165.25	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 181.75	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 198	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 198+	SQUAT	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

N.A.S.A. Michigan State Men's Power Sports Records

MEN'S 114.5		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	Open			Open			Open			Open			
YOUTH	Open			Open			Open			Open			
TEENAGE	Open			Open			Open			Open			
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

MEN'S 123.25		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	T. Giallombardo 6-25-16	35	77.14	T. Giallombardo 6-25-16	70	154.28	T. Giallombardo 6-25-16	117.5	258.97	T. Giallombardo 6-25-16	220	485.01	
YOUTH	Open			Open			Open			Open			
TEENAGE	T. Giallombardo 6-25-16	35	77.14	T. Giallombardo 6-25-16	70	154.28	T. Giallombardo 6-25-16	117.5	258.97	T. Giallombardo 6-25-16	220	485.01	
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

MEN'S 132.25		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	Open			Open			Open			Open			
YOUTH	Open			Open			Open			Open			
TEENAGE	Open			Open			Open			Open			
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

MEN'S 148.75		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	Open			Open			Open			Open			
YOUTH	Open			Open			Open			Open			
TEENAGE	Open			Open			Open			Open			
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

MEN'S 165.25		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	Open			Open			Open			Open			
YOUTH	Open			Open			Open			Open			
TEENAGE	Open			Open			Open			Open			
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

MEN'S 181.75		CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open			
OPEN	Open			Open			Open			Open			
NOVICE	Open			Open			Open			Open			
TEENAGE	Open			Open			Open			Open			
HIGH SCHOOL	Open			Open			Open			Open			
JUNIOR	Open			Open			Open			Open			
INTERMEDIATE	Open			Open			Open			Open			
SMPURE	Open			Open			Open			Open			
SM-1	Open			Open			Open			Open			
SM-2	Open			Open			Open			Open			
M-1	Open			Open			Open			Open			
M-2	Open			Open			Open			Open			
M-3	Open			Open			Open			Open			
M-4	Open			Open			Open			Open			
M-5	Open			Open			Open			Open			
MASTERS PURE	Open			Open			Open			Open			
Police and Fire	Open			Open			Open			Open			

MEN'S 198.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 220.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 242.5	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 275.5	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S 308.5	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

MEN'S SHW	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		
Police and Fire	Open			Open			Open			Open		

N.A.S.A. Michigan State Women's Power Sports Records

WOMEN'S 114.5	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 123.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 132.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 148.75	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 165.25	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 181.75	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 198	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	Open			Open			Open			Open		
OPEN	Open			Open			Open			Open		
NOVICE	Open			Open			Open			Open		
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	Open			Open			Open			Open		
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	Open			Open			Open			Open		

WOMEN'S 198+	CURL	Wt. Kg.	Wt. Lbs.	BENCH PRESS	Wt. Kg.	Wt. Lbs.	DEADLIFT	Wt. Kg.	Wt. Lbs.	TOTAL	Wt. Kg.	Wt. Lbs.
PURE	T. VandeVegte 6-29-13	36	79.37	T. VandeVegte 6-29-13	58.5	128.97	T. VandeVegte 6-29-13	138.5	305.3	T. VandeVegte 6-29-13	233	513.67
OPEN	Open			Open			Open			Open		
NOVICE	T. VandeVegte 6-29-13	36	79.37	T. VandeVegte 6-29-13	58.5	128.97	T. VandeVegte 6-29-13	138.5	305.3	T. VandeVegte 6-29-13	233	513.67
YOUTH	Open			Open			Open			Open		
TEENAGE	Open			Open			Open			Open		
HIGH SCHOOL	Open			Open			Open			Open		
JUNIOR	Open			Open			Open			Open		
INTERMEDIATE	Open			Open			Open			Open		
SMPURE	Open			Open			Open			Open		
SM-1	Open			Open			Open			Open		
SM-2	Open			Open			Open			Open		
M-1	Open			Open			Open			Open		
M-2	T. VandeVegte 6-25-16	40	88.16	T. VandeVegte 6-25-16	68.5	151.02	T. VandeVegte 6-25-16	147.5	325.1	T. VandeVegte 6-25-16	256	564.38
M-3	Open			Open			Open			Open		
M-4	Open			Open			Open			Open		
M-5	Open			Open			Open			Open		
MASTERS PURE	T. VandeVegte 6-25-16	40	88.16	T. VandeVegte 6-25-16	68.5	151.02	T. VandeVegte 6-25-16	147.5	325.1	T. VandeVegte 6-25-16	256	564.38

N.A.S.A. Michigan State Men's Unequipped Bench Press Records

MEN'S 114.5	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 123.5	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 132.25	Wt. KGS	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 148.75	Wt. Kgs.	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 165.25	Wt. Kgs.	Wt. Lbs.	BENCH PRESS	MEET and DATE
--------------	----------	----------	-------------	---------------

MEN'S 181.75	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
--------------	---------	----------	-------------	---------------

PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1	130	286.6	Robert Fox	USA Nationals June 9-10 2012
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 198.25	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 220.25	WT Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 242.5	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	

MEN'S 275.5	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	

OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 308.5	Wt Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S SHW	WT Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

N.A.S.A. Michigan State Women's Unequipped Bench Press Records

WOMEN'S 114.5	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 123.5	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 132.25	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 148.75	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 165.25	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 181.75	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198+	Wt. Kgs	Wt. Lbs.	BENCH PRESS	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE	58.5	128.97	T. VandeVegte	Open Nats 6/29/13
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2	68.5	151.02	T. VandeVegte	Open Nats 6/25/16
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE	52.5	115.74	T. VandeVegte	USA Nats 6/6/14

N.A.S.A. Michigan State Men's Unequipped Push Pull Records

MEN'S 114.5	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 123.5	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 132.25	Wt. KGS	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 148.75	Wt. Kgs.	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 165.25	Wt. Kgs.	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 181.75	Wt. Kgs.	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 198.25	Wt. Kgs.	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 220.25	WT Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 242.5	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 275.5	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S 308.5	Wt Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

MEN'S SHW	WT Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

N.A.S.A. Michigan State Women's Unequipped Push Pull Records

WOMEN'S 114.5	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 123.5	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 132.25	Wt. KGS	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 148.75	Wt. Kgs.	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 165.25	Wt. Kgs.	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 181.75	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198.25	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2			OPEN	
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE			OPEN	

WOMEN'S 198.25 +	Wt. Kgs	Wt. Lbs.	TOTAL	MEET and DATE
PURE			OPEN	
OPEN			OPEN	
NOVICE			OPEN	
YOUTH			OPEN	
TEENAGE			OPEN	
HIGH SCHOOL			OPEN	
JUNIOR			OPEN	
INTERMEDIATE			OPEN	
SMPURE			OPEN	
SM-1			OPEN	
SM-2			OPEN	
M-1			OPEN	
M-2	216	476.19	T. VandeVegte	Open Nats 6-25-16
M-3			OPEN	
M-4			OPEN	
M-5			OPEN	
MASTERS PURE	200	440.92	T. VandeVegte	IL Regional 12-15-15