

2005 NASA Sanctioned
1st Annual YMCA Great Lakes Regional
November 5, 2005

Power Sports															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	55.00	Samson Hou-Seye	WI	0.9000	47.80	2.3536			youth	125.00	24.00	0.00	38.00	63.00	125.00
1	114.50	Justin Phillips	IL	0.9000	101.00	2.9406			Teen	330.00	60.00	0.00	90.00	180.00	330.00
1	165.00	Jon Daszak		1.0190	161.00	3.4494			pure	545.00	85.00	0.00	135.00	325.00	545.00
1	181.00	David Grimm	IL	1.0756	181.00	0.0000			M1	0.00	0.00	0.00	0.00	0.00	0.00
1	220.00	Blake Odell	IL	1.1861	220.00	4.7174			M2	875.00	125.00	0.00	300.00	450.00	875.00
1	242.00	Rick Whitmire	IL	1.2226	233.40	5.1858			M2	990.00	170.00	0.00	460.00	360.00	990.00
1	275.00	Josh Whitmire	IL	1.3318	272.00	3.3295			pure	680.00	105.00	0.00	240.00	335.00	680.00
1	275.00	Anthony Dunn		1.2870	255.60	5.1611			M5	1025.00	180.00		385.00	460.00	1025.00
1	275.00	Anthony Dunn		1.2842	255.00	5.1620			M1	1025.00	180.00		385.00	460.00	1025.00
Curl only															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	198.00	Angelo Menza	IL	1.1238	198.00	0.7946			Natural	140.00	140.00	0.00	0.00	0.00	140.00
1	220.00	Robert Dalton	IL	1.1663	213.00	0.9308			pure	170.00	170.00	0.00	0.00	0.00	170.00
Power Sports Women															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	165.00	Bethany Schwaninger	IL	1.0218	162.40	3.5864			whs	570.00	80.00	0.00	155.00	335.00	570.00
Powerlifting															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	132.00	Joe Dement	IL	0.9368	132.00	7.1325			HSP	1005.00	0.00	385.00	240.00	380.00	1005.00
1	165.00	Michael Monroe	IL	1.0303	165.00	7.1497	smf			1145.00	0.00	405.00	240.00	500.00	1145.00
1	181.00	Erv Domanski	IL	1.0756	181.00	7.7550	Nat			1305.00	0.00	505.00	300.00	500.00	1305.00
1	181.00	Erv Domanski	IL	1.0756	181.00	7.7550	M1			1305.00	0.00	505.00	300.00	500.00	1305.00
1	198.00	Brian Cannon	IL	1.1238	198.00	7.9461	LawF			1400.00	0.00	535.00	405.00	460.00	1400.00
1	220.00	Mark Detolve	IL	1.1861	220.00	7.1436	Nat			1325.00	0.00	555.00	215.00	555.00	1325.00
1	220.00	Mark Detolve	IL	1.1861	220.00	7.1436	M2			1325.00	0.00	555.00	215.00	555.00	1325.00
1	220.00	Mark Detolve	IL	1.1861	220.00	7.1436	LawF			1325.00	0.00	555.00	215.00	555.00	1325.00
1	242.00	Chris Daloia	IL	1.2030	226.20	7.0733	jr			1330.00	0.00	495.00	315.00	520.00	1330.00
1	275.00	Patrick Diggins	IL	1.2702	249.80	7.5510	M5			1485.00	0.00	575.00	360.00	550.00	1485.00
1	275.00	Bryan McDowell	IL	1.3402	275.00	5.8969	LawF			1210.00	0.00	405.00	360.00	445.00	1210.00
Push - Pull Men															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Push Pull	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	148.00	Jame Olive	IL	0.9822	148.00	4.0814		SMP		615.00	0.00	0.00	240.00	375.00	615.00
1	165.00	Bethany Schwaninger	IL	1.0218	162.40	3.0201		jr		480.00	0.00	0.00	145.00	335.00	480.00
1	181.00	Ronald Corey	IL	1.0700	178.60	2.4264		jr		405.00	0.00	0.00	290.00	115.00	405.00
1	220.00	Jim Broadhurst	IL	1.1720	214.60	4.6421		M1		850.00	0.00	0.00	365.00	485.00	850.00
1	275.00	Patrick Diggins	IL	1.2702	249.80	4.6272		M5		910.00	0.00	0.00	360.00	550.00	910.00
Push - Pull Women															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Push Pull	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	165.00	Bethany Schwaninger	IL	1.0218	162.40	3.0830		jr	whs	490.00			155.00	335.00	490.00
Women's P/ing															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	198+	Sandra Calloway	IL	1.2534	244.00	4.2636		WN	NAT	830.00	0.00	275.00	205.00	350.00	830.00

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<u>Bench Only Women</u>															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	132.00	Susan Mies	IL	0.9340	131.00	1.0695		M2		150.00	0.00	0.00	150.00	0.00	150.00
1	132.00	Kathy Sladeh	IL	0.9198	126.40	0.8732		M1		120.00	0.00	0.00	120.00	0.00	120.00
1	148.00	Lisa Petergal	IL	0.9652	141.60	0.8520		M1		125.00	0.00	0.00	125.00	0.00	125.00
<u>Bench Only Men</u>															
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	TL Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	114.00	Ethan Reynolds	WI	0.9000	97.80	0.7362		HSP		80.00	0.00	0.00	80.00	0.00	80.00
X	148.00	Jacob Reynolds	WI	1.0000	148.00	-1.3851		HSP		-205.00	0.00	0.00	-205.00	0.00	-205.00
1	198.00	Paul Reynolds	WI	1.1238	198.00	1.5892		M2		280.00	0.00	0.00	280.00	0.00	280.00
1	308	Daniel Cotter	IL	1.3059	299.8	1.7641		Sm/SMP		405.00			405.00		405.00