

**WV State  
PL/BP /PS/PP Championships  
Ravenswood, WV 04-16-11**

<b>Powerlifting</b>																
<b>Pl.</b>	<b>Wt.CI.</b>	<b>Name</b>	<b>St.</b>	<b>Coef</b>	<b>B.W.T</b>	<b>TL Coef</b>	<b>Meet</b>	<b>Bench</b>	<b>P/P</b>	<b>Power</b>	<b>Tl. Lbs.</b>	<b>Best-C</b>	<b>Best SQ</b>	<b>Best BP</b>	<b>Best DL</b>	<b>TL Kgs</b>
1	123.25	Deb Barnette	WV	0.9085	122.20	4.5892	M2				617.29	0.00	97.50	50.00	132.50	280.00
1	132.50	Will Van Hoose	WV	0.9227	127.00	3.2835	JrHi				451.94	0.00	65.00	45.00	95.00	205.00
1	165.50	Dusty Tenney	WV	1.0246	162.60	7.1891	Open				1140.88	0.00	172.50	150.00	195.00	517.50
1	181.75	Zac Trembly	WV	1.0558	174.20	7.6496	Teen				1262.13	0.00	195.00	137.50	240.00	572.50
<b>1</b>	<b>242.50</b>	<b>Sammy Sebok</b>	<b>WV</b>	<b>1.2478</b>	<b>241.80</b>	<b>8.4188</b>	<b>Int</b>				<b>1631.40</b>	<b>0.00</b>	<b>265.00</b>	<b>207.50</b>	<b>267.50</b>	<b>740.00</b>
<b>Unequipped PL</b>																
<b>Pl.</b>	<b>Wt.CI.</b>	<b>Name</b>	<b>St.</b>	<b>Coef</b>	<b>B.W.T</b>	<b>TL Coef</b>	<b>Meet</b>	<b>Bench</b>	<b>P/P</b>	<b>Power</b>	<b>Tl. Lbs.</b>	<b>Best-C</b>	<b>Best SQ</b>	<b>Best BP</b>	<b>Best DL</b>	<b>TL Kgs</b>
1	44.00	Hunter Trippett	WV	0.9000	38.00	2.3496	U-Youth				99.21	0.00	12.50	7.50	25.00	45.00
1	66.00	Madison Trippett	WV	0.9000	58.40	3.1427	U-Youth				203.93	0.00	30.00	20.00	42.50	92.50
1	123.25	Ricky Cross	WV	0.9000	119.00	5.1271	U-Nov				677.91	0.00	92.50	77.50	137.50	307.50
1	123.25	Ricky Cross	WV	0.9000	119.00	5.1271	U-Teen				677.91	0.00	92.50	77.50	137.50	307.50
1	123.25	Ricky Cross	WV	0.9000	119.00	5.1271	U-HSP				677.91	0.00	92.50	77.50	137.50	307.50
1	123.25	Ricky Cross	WV	0.9000	119.00	5.1271	U-Jr				677.91	0.00	92.50	77.50	137.50	307.50
1	148.75	Kristen Summers	WV	0.9595	140.40	3.6159	U-Pure				529.10	0.00	75.00	50.00	115.00	240.00
<b>1</b>	<b>165.50</b>	<b>Kevin Trippett</b>	<b>WV</b>	<b>1.0275</b>	<b>163.80</b>	<b>7.8965</b>	<b>U-SMP</b>				<b>1258.83</b>	<b>0.00</b>	<b>180.00</b>	<b>150.00</b>	<b>241.00</b>	<b>571.00</b>
1	181.75	Hunter Cooper	WV	1.0445	170.40	3.8176	U-Teen				622.80	0.00	100.00	72.50	110.00	282.50
1	181.75	Hunter Cooper	WV	1.0445	170.40	3.8176	U-HSP				622.80	0.00	100.00	72.50	110.00	282.50
1	181.75	Hunter Cooper	WV	1.0445	170.40	3.8176	U-Jr				622.80	0.00	100.00	72.50	110.00	282.50
1	181.75	Jason Coffey	WV	1.0671	177.60	6.9211	U-Nov				1151.90	0.00	190.00	142.50	190.00	522.50
1	181.75	Jason Coffey	WV	1.0671	177.60	6.9211	U-L/F				1151.90	0.00	190.00	142.50	190.00	522.50
1	198.50	Craig Meredith	OH	1.1068	191.60	5.9855	U-Nov				1036.16	0.00	147.50	127.50	195.00	470.00
1	198.50	Craig Meredith	OH	1.1068	191.60	5.9855	U-Int				1036.16	0.00	147.50	127.50	195.00	470.00
1	275.50	Sandy Burchett	WV	1.3346	272.60	7.3395	U-M5				1499.13	0.00	237.50	200.00	242.50	680.00
<b>Power Sports</b>																
<b>Pl.</b>	<b>Wt.CI.</b>	<b>Name</b>	<b>St.</b>	<b>Coef</b>	<b>B.W.T</b>	<b>TL Coef</b>	<b>Meet</b>	<b>Bench</b>	<b>P/P</b>	<b>Power</b>	<b>Tl. Lbs.</b>	<b>Best-C</b>	<b>Best SQ</b>	<b>Best BP</b>	<b>Best DL</b>	<b>TL Kgs</b>
<b>1</b>	<b>165.50</b>	<b>Brian Helmondollar</b>	<b>WV</b>	<b>1.0246</b>	<b>163.00</b>	<b>4.1920</b>				<b>MP</b>	<b>666.89</b>	<b>50.00</b>	<b>0.00</b>	<b>107.50</b>	<b>145.00</b>	<b>302.50</b>
1	165.50	Brian Helmondollar	WV	1.0246	163.00	4.1920				M2	666.89	50.00	0.00	107.50	145.00	302.50
1	165.50	Zack Burner	WV	1.0303	165.20	1.6156				B-HSP	259.04	0.00	0.00	117.50	0.00	117.50
1	198.50	Gary Combs	WV	1.1153	195.20	2.0595				B-M2	360.45	0.00	0.00	163.50	0.00	163.50
1	198.50	Gary Combs	WV	1.1153	195.20	2.0595				B-MP	360.45	0.00	0.00	163.50	0.00	163.50
1	220.25	Duane Taylor	WV	1.1465	206.40	2.2655				C-Pure	407.85	62.50	0.00	122.50	0.00	185.00
1	220.25	Duane Taylor	WV	1.1465	206.40	2.2655				C-M2	407.85	62.50	0.00	122.50	0.00	185.00
1	220.25	Duane Taylor	WV	1.1465	206.40	1.5001				B-M2	270.06	0.00	0.00	122.50	0.00	122.50
<b>Push Pull</b>																
<b>Pl.</b>	<b>Wt.CI.</b>	<b>Name</b>	<b>St.</b>	<b>Coef</b>	<b>B.W.T</b>	<b>TL Coef</b>	<b>Meet</b>	<b>Bench</b>	<b>P/P</b>	<b>Power</b>	<b>Tl. Lbs.</b>	<b>Best-C</b>	<b>Best SQ</b>	<b>Best BP</b>	<b>Best DL</b>	<b>TL Kgs</b>
1	165.50	Brian Helmondollar	WV	1.0246	163.00	3.4991				MP	556.66	0.00	0.00	107.50	145.00	252.50
1	165.50	Brian Helmondollar	WV	1.0246	163.00	3.4991				M2	556.66	0.00	0.00	107.50	145.00	252.50
1	181.75	Jeff Miller	WV	1.0586	175.20	4.5623				L/F	755.08	0.00	0.00	147.50	195.00	342.50
1	198.50	Troy Bickers	WV	1.1068	191.60	4.5846				L/F	793.66	0.00	0.00	155.00	205.00	360.00
<b>1</b>	<b>220.25</b>	<b>Scotty Cook</b>	<b>WV</b>	<b>1.1691</b>	<b>214.00</b>	<b>6.1123</b>				<b>L/F</b>	<b>1118.83</b>	<b>0.00</b>	<b>0.00</b>	<b>245.00</b>	<b>262.50</b>	<b>507.50</b>
1	242.50	Sammy Sebok	WV	1.2478	241.80	5.4040				Int	1047.19	0.00	0.00	207.50	267.50	475.00

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<u>Equipped BP</u>																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	220.25	Scotty Cook	WV	1.1691	214.00	2.9508		L/F			540.13	0.00	0.00	245.00	0.00	245.00
1	242.50	Sammy Sebok	WV	1.2478	241.80	2.3607		Int			457.45	0.00	0.00	207.50	0.00	207.50
1	275.50	Rick Cornett	KY	1.2842	254.80	1.7778		M2			352.74	0.00	0.00	160.00	0.00	160.00
<u>Unequipped BP</u>																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>P/P</u>	<u>Power</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	165.50	Brian Helmondollar	WV	1.0246	163.00	1.4897		U-M2			236.99	0.00	0.00	107.50	0.00	107.50
1	165.50	Brian Helmondollar	WV	1.0246	163.00	1.4897		U-MP			236.99	0.00	0.00	107.50	0.00	107.50
1	165.50	Kevin Trippett	WV	1.0275	163.80	2.0744		U-SMP			330.69	0.00	0.00	150.00	0.00	150.00
1	165.50	Zack Burner	WV	1.0303	165.20	1.6156		U-HSP			259.04	0.00	0.00	117.50	0.00	117.50
1	198.50	HR Lockhart	WV	1.1011	190.00	1.8526		U-Nov			319.67	0.00	0.00	145.00	0.00	145.00
1	198.50	HR Lockhart	WV	1.1011	190.00	1.8526		U-SM2			319.67	0.00	0.00	145.00	0.00	145.00
1	242.50	Jerry Forren	WV	1.2002	225.00	2.1579		U-M5			404.54	0.00	0.00	183.50	0.00	183.50
1	275.50	Sandy Burchett	WV	1.3346	272.60	2.1587		U-M5			440.92	0.00	0.00	200.00	0.00	200.00