

**Push-it Pull-it Lift-it**  
12-1-2007

<b>Power Sports</b>																		
<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Uneg</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>Sub TI</u>	<u>DL-4ar</u>	<u>Best DL</u>	<u>TL Kgs</u>
148.00	Jani Wood	nm	0.9652	142.00	2.4351		wm3			358.25		25.00	47.50	45.00	70.00		92.50	162.50
181.00	Ray Widdison	ut	1.0700	179.00	1.9768		bpsmp			330.69		0.00		150.00	150.00			150.00
181.00	Jaalah Sierer	nm	1.0388	168.00	2.4196		wm1			391.32		25.00		47.50	72.50		105.00	177.50
220.00	Matt Hunter	nm	1.1748	215.50	3.9360		sm2			722.01		50.00		105.00	155.00		172.50	327.50
242.00	Bob Koski	nm	1.1890	221.00	5.0409		smp			936.96		75.00		147.50	222.50		202.50	425.00
275.00	George Vigil	tx	1.2898	256.50	4.2403		sm1			843.26		60.00		147.50	207.50		175.00	382.50
308.00	Tyler Norwood	nm	1.3738	287.00	3.8254		hs			799.17		55.00		117.50	172.50		190.00	362.50
<b>Push Pull</b>																		
<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Uneg</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>Sub TI</u>	<u>DL-4ar</u>	<u>Best DL</u>	<u>TL Kgs</u>
148.00	Jani Wood	nm	0.9652	142.00	2.0604				wm3	303.13		0.00	47.50	45.00	45.00		92.50	137.50
165.00	Elaine Waugh	nm	1.0246	162.50	1.9808				wm3	314.16		0.00		45.00	45.00		97.50	142.50
181.00	Tony Duran	nm	1.0813	183.00	4.4290				sm1	749.56		0.00		142.50	142.50		197.50	340.00
198.00	Ernie Duran	nm	1.1011	190.00	4.6314				m2	799.17		0.00		142.50	142.50		220.00	362.50
198.00	Craig Harty	nm	1.1238	198.00	4.9738				open	876.33		0.00		170.00	170.00		227.50	397.50
220.00	Sean Smith	nm	1.1805	218.00	4.4470				teen	821.21		0.00		145.00	145.00		227.50	372.50
220.00	Mike Teupell	nm	1.1550	209.00	5.2388				m1	947.98		0.00		190.00	190.00		240.00	430.00
220.00	Ralph Garcia	nm	1.1833	218.50	5.2831				mp	975.54		0.00		192.50	192.50		250.00	442.50
220.00	Nathaniel Garcia	nm	1.1691	214.00	4.7573				nov	870.82		0.00		167.50	167.50		227.50	395.00
275.00	George Vigil	tx	1.2898	256.50	3.5752				sm1	710.98		0.00		147.50	147.50		175.00	322.50
			0.9000		#DIV/0!					0.00		0.00			0.00			0.00
<b>Bench Only</b>																		
<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Uneg</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>Sub TI</u>	<u>DL-4ar</u>	<u>Best DL</u>	<u>TL Kgs</u>
220.00	John Berlin	nm	1.1550	208.50	2.5036	m1				451.94		0.00		205.00	205.00		0.00	205.00
			0.9000		#DIV/0!					0.00		0.00			0.00		0.00	0.00
<b>Bench Un-Equipped</b>																		
<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Uneg-BP</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>C-4ar</u>	<u>Best-C</u>	<u>BP-4ar</u>	<u>Best BP</u>	<u>Sub TI</u>	<u>DL-4ar</u>	<u>Best DL</u>	<u>TL Kgs</u>
132.00	Mark Klett	nm	0.9368	132.00	1.5646			hs		220.46		0.00	105.00	100.00	100.00		0.00	100.00
132.00	Mark Klett	nm	0.9368	132.00	1.5646			teen		220.46		0.00	105.00	100.00	100.00		0.00	100.00
165.00	Ralph Archuleta	nm	1.0218	162.00	2.0163			int		319.67		0.00		145.00	145.00		0.00	145.00
220.00	Earl Evatt	az	1.1861	220.00	1.4263			m4		264.55		0.00		120.00	120.00		0.00	120.00
			0.9000		#DIV/0!					0.00		0.00			0.00		0.00	0.00