



**Push-it Pull-it Lift-it**  
12-2-2006

<b>Bench Only</b>															
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Ueq</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	181.00	David Torrez	nm	1.0728	179.50	2.3717	int				396.83	0.00	180.00	0.00	180.00
1	220.00	Josh Mitchell	nm	1.1493	207.00	1.9585	hs				352.74	0.00	160.00	0.00	160.00
1	220.00	Gary Whitlow	nm	1.1861	220.00	1.8720	m5				347.22	0.00	157.50	0.00	157.50
1	308.00	John Jeter	nm	1.4130	300.50	2.2547	nov				479.50	0.00	217.50	0.00	217.50
1	308.00	John Jeter	nm	1.4130	300.50	2.2547	m1				479.50	0.00	217.50	0.00	217.50
1	308.00	John Jeter	nm	1.4130	300.50	2.2547	pure				479.50	0.00	217.50	0.00	217.50
1	308.00	John Jeter	nm	1.4130	300.50	2.2547	open				479.50	0.00	217.50	0.00	217.50
1	308.00	John Jeter	nm	1.4130	300.50	2.2547	mp				479.50	0.00	217.50	0.00	217.50
<b>Bench Un-Equipped</b>															
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Bench</u>	<u>Power</u>	<u>Ueq-BP</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	132.00	Maureen Hudson	nm	0.9255	128.00	0.5181			wm4		71.65	0.00	32.50	0.00	32.50
1	165.00	Anthony Montes	nm	1.0161	159.50	1.8960			int		297.62	0.00	135.00	0.00	135.00
1	181.00	Bill Hudson	nm	1.0643	176.50	0.8641			m4		143.30	0.00	65.00	0.00	65.00
1	198.00	Tom Kennedy	nm	1.0926	187.00	2.0610			pure		352.74	0.00	160.00	0.00	160.00
1	242.00	Jerry Whitlow	nm	1.2086	228.00	1.7529			m3		330.69	0.00	150.00	0.00	150.00
1	308.00	John Jeter	nm	1.4130	300.50	1.9178			nov		407.85	0.00	185.00	0.00	185.00
1	308.00	John Jeter	nm	1.4130	300.50	1.9178			m1		407.85	0.00	185.00	0.00	185.00
1	308.00	John Jeter	nm	1.4130	300.50	1.9178			pure		407.85	0.00	185.00	0.00	185.00
1	308.00	John Jeter	nm	1.4130	300.50	1.9178			open		407.85	0.00	185.00	0.00	185.00
1	308.00	John Jeter	nm	1.4130	300.50	1.9178			mp		407.85	0.00	185.00	0.00	185.00