

Iowa State Championships 3.25.06

Power Sports																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	181.75	James Ferre	oh	1.0586	175.00	5.7011			jr			942.47	60.00	0.00	135.00	232.50	427.50
1	198.25	Thomas Boles	oh	1.0955	188.00	5.2028			jr			892.86	65.00	0.00	120.00	220.00	405.00
1	198.25	Ari Norman	oh	1.1181	196.00	5.0934			pure			892.86	50.00	0.00	112.50	242.50	405.00
1	275.50	Mike Long	oh	1.2842	255.40	4.6835			mp			931.44	70.00	0.00	125.00	227.50	422.50
1	242.50	Mike Brown	oh	1.2310	235.60	4.5788			m3			876.33	65.00	0.00	160.00	172.50	397.50
1	220.25	Thomas Wooten Jr.	oh	1.1691	213.80	3.6467			nov			666.89	45.00	0.00	112.50	145.00	302.50
1	275.50	Keenon Robbison	oh	1.2646	247.80	2.2783			bpmp			446.43	0.00	0.00	202.50	0.00	202.50
1	275.50	Keenon Robbison	oh	1.2646	247.80	2.1658			sqm1			424.39	0.00	192.50	0.00	0.00	192.50
1	275.50	Bob Engleman	oh	1.2814	254.00	1.5571			bpm3			308.64	0.00	0.00	140.00	0.00	140.00
1	220.25	Michael Brown	oh	1.1380	203.40	1.3260			bphs			236.99	0.00	0.00	107.50	0.00	107.50
1	275.50	Keenon Robbison	oh	1.2646	247.80	0.9001			cm1			176.37	80.00	0.00	0.00	0.00	80.00
1	242.50	Regal Summers	oh	1.2422	239.80	0.7709			cm1			148.81	67.50	0.00	0.00	0.00	67.50
Powerlifting																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	198.25	Tim Sansbury	oh	1.1040	191.00	9.4297	p+f					1631.40	0.00	302.50	185.00	252.50	740.00
1	181.75	Tyson's Garvey	oh	1.0728	179.80	8.5172	jr					1427.48	0.00	255.00	147.50	245.00	647.50
1	242.50	Dave Brown	oh	1.2086	227.60	7.6095	int					1432.99	0.00	227.50	155.00	267.50	650.00
1	242.50	Mike Wall	oh	1.1974	224.00	7.6012	m1					1421.97	0.00	240.00	165.00	240.00	645.00
1	275.50	Mike Long	oh	1.2842	255.40	6.2908	mp					1251.11	0.00	215.00	125.00	227.50	567.50
1	165.25	Titus Russell	oh	1.0218	161.80	6.1955	hs					981.05	0.00	182.50	87.50	175.00	445.00
1	181.75	Larry Donahue	oh	1.0728	180.20	5.3156	m2					892.86	0.00	142.50	107.50	155.00	405.00
1	275.50	Zach Jeffrey	oh	1.2814	254.40	4.1642	hs					826.73	0.00	102.50	102.50	170.00	375.00
Bench Only																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	275.50	John-Mark Kennedy	oh	1.3010	261.00	2.4451		sm1				490.52	0.00	0.00	222.50	0.00	222.50
1	198.25	Jason Gonzales	oh	1.0870	185.40	2.2943		jr				391.32	0.00	0.00	177.50	0.00	177.50
1	275.50	Gerard McWhorter	oh	1.2786	253.20	2.0874		teen				413.36	0.00	0.00	187.50	0.00	187.50
1	shw	Art Wooten	oh	1.4830	340.20	1.7539		m2				402.34	0.00	0.00	182.50	0.00	182.50
X	148.25	Sam Stewart	oh	0.9708	144.40	-2.0380		m2				-303.13	0.00	0.00	-137.50	0.00	-137.50
X	308.50	David Raines Jr.	oh	1.3626	283.40	-2.6500		sm1				-551.15	0.00	0.00	-250.00	0.00	-250.00
Unequipped PL'ing																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	198.25	Ray Cummerlander	oh	1.1153	195.20	8.4395				jr		1477.08	0.00	240.00	170.00	260.00	670.00
1	242.50	Dale Sledge	oh	1.2338	237.40	8.2495				int		1587.31	0.00	227.50	197.50	295.00	720.00
1	198.25	Mike Kolb	oh	1.1181	196.20	6.8785				pure		1207.02	0.00	205.00	135.00	207.50	547.50
1	275.50	Keenon Robbison	oh	1.2646	247.80	6.4973				mp		1273.16	0.00	192.50	202.50	182.50	577.50
1	165.25	Ben Wallace	oh	1.0048	156.20	6.0627				jr		942.47	0.00	155.00	120.00	152.50	427.50
1	220.25	Ryan Walls	oh	1.1776	217.00	5.8922				jr		1085.77	0.00	165.00	112.50	215.00	492.50
1	181.75	Sean Pomeroy	oh	1.0671	178.20	5.7427				nov		959.00	0.00	152.50	92.50	190.00	435.00
1	shw	Art Wooten	oh	1.4830	340.20	5.5740				m2		1278.67	0.00	202.50	182.50	195.00	580.00
1	165.25	Mike McGonagle	oh	1.0275	163.60	5.3654				m2		854.28	0.00	155.00	87.50	145.00	387.50
1	220.25	Thomas Wooten Jr.	oh	1.1691	213.80	4.4906				nov		821.21	0.00	115.00	112.50	145.00	372.50
1	220.25	Thomas Wooten Jr.	oh	1.1691	213.80	4.4906				open		821.21	0.00	115.00	112.50	145.00	372.50
1	220.25	Thomas Wooten Jr.	oh	1.1691	213.80	4.4906				pure		821.21	0.00	115.00	112.50	145.00	372.50
1	132.25	Avery Pence	oh	0.9255	127.80	3.3128				whs		457.45	0.00	72.50	52.50	82.50	207.50
1	132.25	Avery Pence	oh	0.9255	127.80	3.3128				wjr		457.45	0.00	72.50	52.50	82.50	207.50

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Unequipped BP																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	181.75	Erik Wright	oh	1.0671	178.00	2.0486				bpsmp		341.71	0.00	0.00	155.00	0.00	155.00
1	242.50	Regal Summers	oh	1.2422	239.80	1.6274				bpm1		314.16	0.00	0.00	142.50	0.00	142.50
1	114.50	Lisa Lowery	oh	0.9000	112.00	1.0186				wbpm1		126.76	0.00	0.00	57.50	0.00	57.50
Push Pull																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	275.50	John-Mark Kennedy	oh	1.3010	261.00	4.9726					pure	997.58	0.00	0.00	222.50	230.00	452.50
1	242.50	Dave Brown	oh	1.2086	227.60	4.9461					int	931.44	0.00	0.00	155.00	267.50	422.50
1	220.25	Charles Underhill	oh	1.1720	214.60	4.9364					pure	903.89	0.00	0.00	202.50	207.50	410.00
1	275.50	Brad Isaacs	oh	1.2646	247.60	3.8846					hs	760.59	0.00	0.00	117.50	227.50	345.00
1	165.25	Ben Wallace	oh	1.0048	156.20	3.8645					jr	600.75	0.00	0.00	120.00	152.50	272.50
1	shw	Art Wooten	oh	1.4830	340.20	3.6279					m2	832.24	0.00	0.00	182.50	195.00	377.50
1	181.75	Larry Donahue	oh	1.0728	180.20	3.4453					m2	578.71	0.00	0.00	107.50	155.00	262.50
1	220.25	Thomas Wooten Jr.	oh	1.1691	213.80	3.1042					nov	567.68	0.00	0.00	112.50	145.00	257.50
2	275.50	Mike Nelson	oh	1.3290	271.20	2.8359					hs	578.71	0.00	0.00	92.50	170.00	262.50
1	132.25	Avery Pence	oh	0.9255	127.80	2.1553					whs	297.62	0.00	0.00	52.50	82.50	135.00
1	132.25	Avery Pence	oh	0.9255	127.80	2.1553					wjr	297.62	0.00	0.00	52.50	82.50	135.00
1	114.50	Lyndi McGonagle	oh	0.9000	110.60	2.0182					wteen	248.02	0.00	0.00	37.50	75.00	112.50