

# Oklahoma Unified State Championships 3.11.06

Bench Only																	
Pl.	Wt.Cl.	Name	St.	Org	Coef	B.W.T	TL Coef	Meet	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	242.50	Nick Dwinell	ok		1.2142	229.70	2.5929		m2			490.52	0.00	0.00	222.50	0.00	222.50
1	shw	Jason Freeman	ok		1.4830	351.50	2.2556		sm1			534.62	0.00	0.00	242.50	0.00	242.50
1	198.25	Joe Parsons	ok		1.1238	197.70	2.0677		m2			363.76	0.00	0.00	165.00	0.00	165.00
1	275.50	Michael Wren	ok		1.3178	266.60	1.9888		m1			402.34	0.00	0.00	182.50	0.00	182.50
X	148.75	Ryan Ballard	ok		0.9793	147.40	0.0000		jr			0.00	0.00	0.00	-152.50	0.00	-152.50
Powerlifting																	
Pl.	Wt.Cl.	Name	St.	Org	Coef	B.W.T	TL Coef	Meet	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	242.50	David Scott	ok	nasa	1.2422	240.10	9.0107	m1				1741.63	0.00	320.00	185.00	285.00	790.00
1	165.25	Marchand Fleming	ok	uspf	1.0303	165.00	8.6382	open				1383.39	0.00	227.50	150.00	250.00	627.50
1	198.25	Gary Bishop	ok	aau	1.1238	198.00	8.2271	aau				1449.52	0.00	240.00	180.00	237.50	657.50
1	198.25	Gary Bishop	ok	aau	1.1238	198.00	8.2271	aau				1449.52	0.00	240.00	180.00	237.50	657.50
1	220.25	John Donaldson	ok	nasa	1.1805	218.30	7.9578	m1				1471.57	0.00	245.00	182.50	240.00	667.50
1	308.50	Ray Lepley	ok	uspf	1.4242	305.30	7.5332	uspf				1614.87	0.00	260.00	200.00	272.50	732.50
1	220.25	Carmen Caputo	ok	uspf	1.1635	211.60	7.3945	m3				1344.81	0.00	200.00	165.00	245.00	610.00
1	242.50	Rich Carlson	ok	uspf	1.2282	234.50	7.2167	m2				1377.88	0.00	217.50	160.00	247.50	625.00
1	198.25	Jon Dotson	ok	uspf	1.1238	197.90	7.0107	m1				1234.58	0.00	215.00	147.50	197.50	560.00
1	132.50	Derek Underwood	ok	uspf	0.9312	129.70	6.3709	teen				887.35	0.00	152.50	82.50	167.50	402.50
1	198.25	Bob Crouch	ok	aau	0.9765	146.00	6.2298	m3				931.44	0.00	165.00	75.00	182.50	422.50
1	181.75	Roger Werner	ok	aau	1.0728	179.90	5.9160	m2				992.07	0.00	155.00	117.50	177.50	450.00
1	220.25	David Carter	ok	uspf	1.1805	217.60	5.5914	sm				1030.65	0.00	145.00	120.00	202.50	467.50
2	220.25	Brad Young	ok	nasa	1.1351	201.60	4.0032	sm				710.98	0.00	102.50	62.50	157.50	322.50
1	165.25	Jacob Wren	ok	nasa	0.9850	149.20	3.8569	hs				584.22	0.00	95.00	60.00	110.00	265.00
1	148.75	Caleb Wren	ok	nasa	0.9567	138.80	3.4570	youth				501.55	0.00	75.00	52.50	100.00	227.50
1	shw	Shane Williams	ok	aau	1.4802	325.00	3.2381	open				710.98	0.00	115.00	92.50	115.00	322.50
X	275.50	Randy Henshaw	ok	aau	1.3402	275.00	0.0000	m1				0.00	0.00	242.50	-160.00	0.00	0.00
Power Sports - NASA Only																	
Pl.	Wt.Cl.	Name	St.	Org	Coef	B.W.T	TL Coef	Meet	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Joe Rocker	tx		1.1691	214.00	5.8112			sm		1063.72	82.50	0.00	187.50	212.50	482.50
1	275.50	Kevin Golding	tx		1.3262	270.20	5.1398			sm		1047.19	70.00	0.00	160.00	245.00	475.00
1	148.75	George McGuire	ok		0.9793	146.50	4.5095			m3		674.61	66.00	0.00	97.50	142.50	306.00
1	308.50	Josh Brown	tx		1.4102	300.00	2.2799			bpjr		485.01	0.00	0.00	220.00	0.00	220.00
1	148.75	George McGuire	ok		0.9793	146.50	2.1000			d1m3		314.16	0.00	0.00	0.00	142.50	142.50
1	181.75	Jared Powell	tx		1.0700	179.30	2.0063			bpopen		336.20	0.00	0.00	152.50	0.00	152.50
1	181.75	Jared Powell	tx		1.0700	179.30	2.0063			bpsm		336.20	0.00	0.00	152.50	0.00	152.50
1	242.50	Chris Hickson	tx		1.2282	235.00	1.9299			bpnov		369.27	0.00	0.00	167.50	0.00	167.50
1	148.75	George McGuire	ok		0.9793	146.50	1.4369			bpm3		214.95	0.00	0.00	97.50	0.00	97.50
1	114.50	Nicole Owen	ok		0.9000	111.20	1.1152			wbpopen		137.79	0.00	0.00	62.50	0.00	62.50
1	148.75	George McGuire	ok		0.9793	146.50	0.9726			cm3		145.50	66.00	0.00	0.00	0.00	66.00
1	242.50	Chris Hickson	tx		1.2282	235.00	0.8354			cnov		159.83	72.50	0.00	0.00	0.00	72.50
1	242.50	Chris Hickson	tx		1.2282	235.00	0.8354			copen		159.83	72.50	0.00	0.00	0.00	72.50
Push Pull																	
Pl.	Wt.Cl.	Name	St.	Org	Coef	B.W.T	TL Coef	Meet	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Paul Daniels	ok		1.1521	207.70	5.8698				m1	1058.21	0.00	0.00	215.00	265.00	480.00
1	242.50	David Scott	ok		1.2422	240.10	5.3608				m1	1036.16	0.00	0.00	185.00	285.00	470.00
1	198.25	Gary Bishop	ok		1.1238	198.00	5.2241				m1	920.42	0.00	0.00	180.00	237.50	417.50