

# Unequipped Championships 10.21.06

Power Sports																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Bob Koski	nm	1.1805	218.00	5.0439			pure			931.44	75.00	0.00	147.50	200.00	422.50
1	220.25	Bob Koski	nm	1.1805	218.00	5.0439			smp			931.44	75.00	0.00	147.50	200.00	422.50
1	165.25	Bill Exham Jr.	az	1.0275	163.60	3.9115			m3			622.80	50.00	0.00	95.00	137.50	282.50
1	275.50	Joe Dentice	az	1.3122	265.00	2.7837			d1m1			562.17	0.00	0.00	0.00	255.00	255.00
1	220.25	Robert Phillips	az	1.1493	207.00	2.6929			d1sm2			485.01	0.00	0.00	0.00	220.00	220.00
1	114.80	Kelsey Ishimatsu	az	0.9000	108.00	1.9750			youth			236.99	17.50	0.00	27.50	62.50	107.50
1	198.25	Matt Schmuecker	az	1.1125	193.60	1.9636			bpm1			341.71	0.00	0.00	155.00	0.00	155.00
1	220.25	Charley Jones	az	1.1776	217.00	0.6580			cm2			121.25	55.00	0.00	0.00	0.00	55.00
1	165.25	Mike Stainbrook	az	1.0105	158.20	0.5633			cm4			88.18	40.00	0.00	0.00	0.00	40.00
Powerlifting																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	198.25	Eric Midkiff	az	1.1096	193.00	8.5554	jr					1488.11	0.00	272.50	175.00	227.50	675.00
1	198.25	Eric Midkiff	az	1.1096	193.00	8.5554	open					1488.11	0.00	272.50	175.00	227.50	675.00
1	198.25	Eric Midkiff	az	1.1096	193.00	8.5554	p+f					1488.11	0.00	272.50	175.00	227.50	675.00
1	220.25	Darren Diehl	az	1.1748	216.00	8.2735	open					1521.17	0.00	260.00	157.50	272.50	690.00
1	148.75	Spencer Westwood	ut	0.9680	143.20	7.7866	pure					1151.90	0.00	205.00	130.00	187.50	522.50
1	148.75	John Bissen	az	0.9765	146.40	7.1686	m1					1074.74	0.00	195.00	92.50	200.00	487.50
1	148.75	Anthony Adame	az	0.9708	143.80	6.6603	teen					986.56	0.00	140.00	112.50	195.00	447.50
1	198.25	Amy Lignoski	az	1.1153	195.00	3.5621	wmp					622.80	0.00	90.00	62.50	130.00	282.50
Unequipped BP																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Bob Koski	nm	1.1805	218.00	1.7609				bpsmp		325.18	0.00	0.00	147.50	0.00	147.50
1	165.25	Mike Stainbrook	az	1.0105	158.20	1.2674				bpm4		198.41	0.00	0.00	90.00	0.00	90.00
1	132.25	Teri Ishimatsu	az	0.9312	129.80	0.8303				bpwm2		115.74	0.00	0.00	52.50	0.00	52.50
1	198.25	Amy Lignoski	az	1.1153	195.00	0.7881				bpwmp		137.79	0.00	0.00	62.50	0.00	62.50
Unequipped PL																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Jonathan Wiseman	az	1.1691	214.40	7.8440				m1		1438.50	0.00	257.50	152.50	242.50	652.50
1	242.50	Jay Carlile	az	1.2422	240.00	7.6166				jr		1471.57	0.00	260.00	142.50	265.00	667.50
1	220.25	Bob Koski	nm	1.1805	218.00	6.4466			pure			1190.48	0.00	192.50	147.50	200.00	540.00
1	220.25	Bob Koski	nm	1.1805	218.00	6.4466			smp			1190.48	0.00	192.50	147.50	200.00	540.00
1	308.50	Matthew Hietala	wa	1.4242	304.60	6.0301			int			1289.69	0.00	230.00	135.00	220.00	585.00
1	308.50	Matthew Hietala	wa	1.4242	304.60	6.0301			pure			1289.69	0.00	230.00	135.00	220.00	585.00
2	220.25	Michael White Eagle	az	1.1805	218.00	5.9393			smp			1096.79	0.00	172.50	125.00	200.00	497.50
1	198.25	Amy Lignoski	az	1.1153	195.00	3.5621			wmp			622.80	0.00	90.00	62.50	130.00	282.50
1	132.25	Teri Ishimatsu	az	0.9312	129.80	3.4400			wm2			479.50	0.00	65.00	52.50	100.00	217.50
1	220.25	Pat Kelly	az	1.1465	206.00	3.0061			m3			540.13	0.00	55.00	90.00	100.00	245.00
1	165.25	Gayle Clawson	az	1.0218	162.20	2.9165			m3			462.97	0.00	60.00	50.00	100.00	210.00
Push Pull																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	220.25	Bob Koski	nm	1.1805	218.00	4.1485					smp	766.10	0.00	0.00	147.50	200.00	347.50
1	308.50	Matthew Hietala	wa	1.4242	304.60	3.6593					int	782.63	0.00	0.00	135.00	220.00	355.00
1	308.50	Matthew Hietala	wa	1.4242	304.60	3.6593					pure	782.63	0.00	0.00	135.00	220.00	355.00
1	220.25	Charley Jones	az	1.1776	217.00	3.3199					m2	611.78	0.00	0.00	137.50	140.00	277.50
1	198.25	Amy Lignoski	az	1.1153	195.00	2.4273					wmp	424.39	0.00	0.00	62.50	130.00	192.50
Bench Only																	
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Uneq	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	242.50	Jimmy Seaver	az	1.2058	227.00	2.8691		pure				540.13	0.00	0.00	245.00	0.00	245.00
1	242.50	Jimmy Seaver	az	1.2058	227.00	2.8691		smp				540.13	0.00	0.00	245.00	0.00	245.00
1	198.25	Leif Olson	az	1.1040	191.40	2.1618		int				374.78	0.00	0.00	170.00	0.00	170.00
1	220.25	Joel Olson	az	1.1861	220.00	1.7829		m2				330.69	0.00	0.00	150.00	0.00	150.00
1	220.25	Joel Olson	az	1.1861	220.00	1.7829		p+f				330.69	0.00	0.00	150.00	0.00	150.00
1	181.75	John Lopez	az	1.0643	177.00	1.6902		m4				281.09	0.00	0.00	127.50	0.00	127.50
1	181.75	John Lopez	az	1.0643	177.00	1.6902		mp				281.09	0.00	0.00	127.50	0.00	127.50
1	148.75	Lance Janhunen	az	0.9822	148.00	1.2802		m3				192.90	0.00	0.00	87.50	0.00	87.50
1	165.25	Mike Stainbrook	az	1.0105	158.20	1.2674		m4				198.41	0.00	0.00	90.00	0.00	90.00
1	shw	Dawna Porivic	az	1.1946	222.60	0.5916		wm2				110.23	0.00	0.00	50.00	0.00	50.00