

Arizona State Championships 3-26-05

Powerlifting																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	165.25	Brianna Greene	az	1.0020	155.00	3.2066	wteen				496.04	0.00	67.50	57.50	100.00	225.00
1	242.50	Josh Carlile	az	1.2338	236.60	8.0187	teen				1537.71	0.00	270.00	172.50	255.00	697.50
1	275.50	Julien DeMaria	az	1.2562	245.00	6.6975	teen				1306.23	0.00	232.50	122.50	237.50	592.50
2	275.50	Dana Velasquez	az	1.2954	259.00	4.2176	teen				843.26	0.00	147.50	75.00	160.00	382.50
1	220.25	Bryan Thompson	az	1.1748	216.00	8.5733	sm1				1576.29	0.00	272.50	192.50	250.00	715.00
1	198.25	Chris Williams	az	1.0926	187.00	8.0828	sm1				1383.39	0.00	255.00	145.00	227.50	627.50
1	220.25	Bryan Thompson	az	1.1748	216.00	8.5733	sm1				1576.29	0.00	272.50	192.50	250.00	715.00
1	shw	Joseph Anderson	az	1.4830	370.00	6.4726	sm1				1614.87	0.00	260.00	185.00	287.50	732.50
1	165.25	Patrick Cousins	az	1.0246	163.00	6.4786	pure				1030.65	0.00	160.00	130.00	177.50	467.50
1	181.75	Dave Keating	az	1.0728	180.00	8.1793	pure				1372.36	0.00	217.50	170.00	235.00	622.50
1	220.25	Bryan Thompson	az	1.1748	216.00	8.5733	pure				1576.29	0.00	272.50	192.50	250.00	715.00
2	220.25	Jason Golea	ca	1.1861	220.00	8.3201	pure				1543.22	0.00	272.50	187.50	240.00	700.00
1	242.50	Josh Carlile	az	1.2338	236.60	8.0187	pure				1537.71	0.00	270.00	172.50	255.00	697.50
1	shw	William Carpenter	wa	1.4606	318.00	7.3666	pure				1603.85	0.00	295.00	170.00	262.50	727.50
X	220.25	Greg Gonzales	nm	1.1776	217.00	2.6320	nov				485.01	0.00	185.00	-130.00	165.00	220.00
1	198.25	Chris Williams	az	1.0926	187.00	8.0828	nat				1383.39	0.00	255.00	145.00	227.50	627.50
1	165.25	George Smith	az	1.0246	163.40	8.8473	mp				1410.94	0.00	240.00	145.00	255.00	640.00
X	181.75	James Coates Jr.	az	1.0643	176.80	2.4552	mp				407.85	0.00	-215.00	145.00	255.00	185.00
1	198.25	Pat Harrity	az	1.0983	189.00	6.6618	mp				1146.39	0.00	202.50	132.50	185.00	520.00
1	shw	Kenneth Halicek	az	1.4830	334.00	3.8421	mp				865.31	0.00	237.50	155.00	0.00	392.50
1	198.25	Fred Millan	az	1.1238	198.00	7.6641	m2				1350.32	0.00	250.00	117.50	245.00	612.50
1	132.25	John Bissen	az	0.9368	131.80	7.1689	m1				1008.60	0.00	177.50	95.00	185.00	457.50
1	181.75	Curtis Brown	az	1.0671	178.00	7.5995	m1				1267.65	0.00	205.00	142.50	227.50	575.00
1	181.75	David Torrez	nm	1.0671	178.00	9.0533	int				1510.15	0.00	277.50	175.00	232.50	685.00
1	220.25	Alvester Chee	az	1.1493	207.00	4.4677	hs				804.68	0.00	127.50	67.50	170.00	365.00
Push Pull																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	148.25	Diane Manno	az	0.9538	137.60	2.7889				wm1	402.34	0.00	0.00	67.50	115.00	182.50
1	148.25	Diane Manno	az	0.9538	137.60	2.7889				wmp	402.34	0.00	0.00	67.50	115.00	182.50
1	95.00	Tommy Manno	az	0.9000	94.20	1.9483				youth	203.93	0.00	0.00	27.50	65.00	92.50
Bench Only																
<u>Pl.</u>	<u>Wt.Cl.</u>	<u>Name</u>	<u>St.</u>	<u>Coef</u>	<u>B.W.T</u>	<u>TL Coef</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Push</u>	<u>Tl. Lbs.</u>	<u>Best-C</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>TL Kgs</u>
1	148.25	Brandi Colbert	az	0.9680	143.20	0.5588		wnov			82.67	0.00	0.00	37.50	0.00	37.50
1	148.25	Brandi Colbert	az	0.9680	143.20	0.5588		wint			82.67	0.00	0.00	37.50	0.00	37.50
1	198.25	Robert Serafin	az	1.1011	190.00	1.9484		sm2			336.20	0.00	0.00	152.50	0.00	152.50
2	198.25	Curtis Omatsu	az	1.1210	197.00	1.8817		sm2			330.69	0.00	0.00	150.00	0.00	150.00
1	220.25	James Marconato	az	1.1408	204.00	2.2499		sm1			402.34	0.00	0.00	182.50	0.00	182.50
1	165.25	Ty Thompson	az	1.0076	157.00	1.9455		pure			303.13	0.00	0.00	137.50	0.00	137.50
1	181.75	Ryan Thompson	az	1.0643	177.00	1.9884		pure			330.69	0.00	0.00	150.00	0.00	150.00
1	242.50	Mike DesRosiers	az	1.2198	232.00	2.9326		pure			557.76	0.00	0.00	253.00	0.00	253.00
1	165.25	Ty Thompson	az	1.0076	157.00	1.9455		nov			303.13	0.00	0.00	137.50	0.00	137.50
1	181.75	Victor Lozada	az	1.0728	180.00	2.0695		nov			347.22	0.00	0.00	157.50	0.00	157.50

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1	198.25	Curtis Omatsu	az	1.1210	197.00	1.8817		nov			330.69	0.00	0.00	150.00	0.00	150.00
1	181.75	Ryan Thompson	az	1.0643	177.00	1.9884		nat			330.69	0.00	0.00	150.00	0.00	150.00
1	198.25	Randy Hammonds	az	1.1068	192.00	1.7792		mp			308.64	0.00	0.00	140.00	0.00	140.00
1	181.75	Bob Calvan	az	1.0728	180.00	1.6096		m3			270.06	0.00	0.00	122.50	0.00	122.50
X	275.50	Frank Davis	az	1.3346	273.00	-1.5358		m3			-314.16	0.00	0.00	-142.50	0.00	-142.50
1	181.75	Dave Bjornstad	az	1.0756	181.00	1.8014		m1			303.13	0.00	0.00	137.50	0.00	137.50
1	198.25	Walt Sword	az	1.1210	197.00	2.0699		m1			363.76	0.00	0.00	165.00	0.00	165.00
1	165.25	Ty Thompson	az	1.0076	157.00	1.9455		jr			303.13	0.00	0.00	137.50	0.00	137.50
1	181.75	Victor Lozada	az	1.0728	180.00	2.0695		jr			347.22	0.00	0.00	157.50	0.00	157.50
1	181.75	David Torrez	nm	1.0671	178.00	2.3129		int			385.81	0.00	0.00	175.00	0.00	175.00
2	181.75	Ryan Thompson	az	1.0643	177.00	1.9884		int			330.69	0.00	0.00	150.00	0.00	150.00
1	198.25	J. J. Ambrose	az	1.1210	196.80	1.5069		hs			264.55	0.00	0.00	120.00	0.00	120.00
		Power Sports														
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	Power	Push	Tl. Lbs.	Best-C	Best SQ	Best BP	Best DL	TL Kgs
1	97.50	Kelsey Ishimatsu	az	0.9000	79.40	1.8742			youth		165.35	12.50	0.00	17.50	45.00	75.00
1	132.75	Teri Ishimatsu	az	0.9368	132.20	2.5386			wopen		358.25	25.00	0.00	50.00	87.50	162.50
1	132.75	Teri Ishimatsu	az	0.9368	132.20	2.5386			wm5		358.25	25.00	0.00	50.00	87.50	162.50
1	123.25	Judy Dutra	az	0.9057	121.00	2.9291			wm1		391.32	32.50	0.00	50.00	95.00	177.50
1	198.25	Jason Pothoff	az	1.1011	190.00	4.5036			teen		777.12	62.50	0.00	117.50	172.50	352.50
1	148.25	Norman Rosenberg	az	0.9765	146.00	1.0322			sqm3		154.32	0.00	70.00	0.00	0.00	70.00
1	220.25	Darren Diehl	az	1.1720	215.00	5.4981			sm2		1008.60	67.50	0.00	122.50	267.50	457.50
1	181.75	Aaron Whitten	az	1.0756	180.60	5.4489			nov		914.91	70.00	0.00	130.00	215.00	415.00
1	198.25	John Hamilton	az	1.1096	193.40	4.9013			m2		854.28	77.50	0.00	140.00	170.00	387.50
1	220.25	Robert Lacey	az	1.1691	214.00	5.1789			m2		947.98	70.00	0.00	132.50	227.50	430.00
1	220.25	Randy Cheatham	az	1.1720	214.60	4.7558			m1		870.82	57.50	0.00	150.00	187.50	395.00
1	148.25	Genaro Pineda	az	0.9567	139.00	4.6280			jr		672.40	60.00	0.00	117.50	127.50	305.00
1	148.25	Roderick Higginbotham	az	0.9822	148.00	5.0110			int		755.08	55.00	0.00	105.00	182.50	342.50
1	123.25	Isai Pineda	az	0.9113	123.00	4.0426			hs		545.64	42.50	0.00	90.00	115.00	247.50
1	198.25	Josh Vedder	az	1.1040	191.00	4.7021			hs		813.50	60.00	0.00	133.00	176.00	369.00
1	148.25	Norman Rosenberg	az	0.9765	146.00	1.4377			d1m3		214.95	0.00	0.00	0.00	97.50	97.50
1	198.25	Frank Giuffredn	az	1.1153	195.00	1.9544			d1m3		341.71	0.00	0.00	0.00	155.00	155.00
1	198+	Vanessa Stash	az	1.0898	186.00	1.6469			dlhs		281.09	0.00	0.00	0.00	127.50	127.50
1	181.75	Chris Coffman	az	1.0558	174.00	0.8695			cpure		143.30	65.00	0.00	0.00	0.00	65.00
1	148.25	Norman Rosenberg	az	0.9765	146.00	0.5161			cm3		77.16	35.00	0.00	0.00	0.00	35.00
1	181.75	Mike Stainbrook	az	1.0473	171.20	0.5395			cm3		88.18	40.00	0.00	0.00	0.00	40.00
1	181.75	Curtis Brown	az	1.0671	178.00	1.0243			cm1		170.86	77.50	0.00	0.00	0.00	77.50
1	148.25	Norman Rosenberg	az	0.9765	146.00	0.7741			bpm3		115.74	0.00	0.00	52.50	0.00	52.50