

WV Regional PL/BP /PS/PP Championships
11-13-2004

Powerlifting																
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	P/P	Power	TL Lbs.	Best-C	Best SC	Best BP	Best DL	TL Kqs
1	114.00	Matt Carden	WV	0.9000	108.60	4.9329	HSP				595.24	0.00	92.50	52.50	125.00	270.00
1	123.00	Will Brezenski	WV	0.9000	119.00	3.3764	HSP				446.43	0.00	60.00	60.00	82.50	202.50
3	148.00	Shawn Blankenship	WV	0.9737	145.20	3.6590	HSP				545.64	0.00	77.50	55.00	115.00	247.50
2	148.00	Blake White	WV	0.9708	143.80	4.0185	HSP				595.24	0.00	80.00	57.50	132.50	270.00
1	148.00	Anthony Burkhardt	WV	0.9822	148.00	4.2429	HSP				639.33	0.00	82.50	70.00	137.50	290.00
1	165.00	Dan Lester	WV	1.0190	160.80	5.4486	HSP				859.79	0.00	130.00	85.00	175.00	390.00
1	181.00	Jeff Renn	WV	1.0360	167.20	4.2688	HSP				688.94	0.00	97.50	70.00	145.00	312.50
1	181.00	Candace Box	WV	1.0728	179.60	4.8000	HSP				803.58	0.00	143.50	83.50	137.50	364.50
3	220.00	Mike Dye	WV	1.1720	215.00	3.7856	HSP				694.45	0.00	112.50	65.00	137.50	315.00
2	220.00	Steve Stovall	WV	1.1380	203.00	4.2947	HSP				766.10	0.00	102.50	92.50	152.50	347.50
1	220.00	Russell Elm	WV	1.1465	206.40	4.4086	HSP				793.66	0.00	97.50	80.00	182.50	360.00
1	242.50	Kevin Poff	WV	1.2394	239.20	4.8548	HSP				936.96	0.00	137.50	105.00	182.50	425.00
1	SHW	Ali Sears	WV	1.1266	199.20	3.7717	HSP				666.89	0.00	87.50	85.00	130.00	302.50
1	165.00	Marcus Muchek	WV	1.0218	161.80	7.9010	Jr				1251.11	0.00	202.50	160.00	205.00	567.50
1	275.00	Jim Compton	WV	1.3262	270.40	8.0554	Jr				1642.43	0.00	285.00	195.00	265.00	745.00
1	198.00	Paul Eliot	WV	1.1068	192.00	7.4663	M1				1295.20	0.00	230.00	130.00	227.50	587.50
1	308.00	Rick Knically	WV	1.4158	302.20	6.9717	M1				1488.11	0.00	250.00	160.00	265.00	675.00
1	181.00	Richard Simpson	WV	1.0473	171.00	6.1773	M2				1008.60	0.00	155.00	120.00	182.50	457.50
1	198.00	Steve Lamneck	OH	1.1238	198.00	8.8215	M2				1554.24	0.00	265.00	180.00	260.00	705.00
1	198.00	Paul Eliot	WV	1.1068	192.00	7.4663	M5				1295.20	0.00	230.00	130.00	227.50	587.50
1	165.00	Marcus Muchek	WV	1.0218	161.80	7.9010	NAT				1251.11	0.00	202.50	160.00	205.00	567.50
1	198.00	Paul Eliot	WV	1.1068	192.00	7.4663	Nov				1295.20	0.00	230.00	130.00	227.50	587.50
1	181.00	Ken Moody	WV	1.0615	175.80	7.5876	Pure				1256.62	0.00	182.50	132.50	255.00	570.00
1	308.00	Todd Schott	OH	1.4186	303.20	9.0770	Pure				1940.05	0.00	345.00	245.00	290.00	880.00
1	220.00	Scott Criser	WV	1.1861	220.00	4.7543	SM1				881.84	0.00	227.50	172.50	0.00	400.00
1	242.00	Roger Nicosia	NC	1.2310	236.00	8.5383	SMP				1636.92	0.00	277.50	175.00	290.00	742.50
2	242.50	Jim Adkins	WV	1.2366	237.60	8.4047	SMP				1614.87	0.00	277.50	210.00	245.00	732.50
1	SHW	Ali Sears	WV	1.1266	199.20	3.7717	Teen				666.89	0.00	87.50	85.00	130.00	302.50
Bench Only																
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	P/P	Power	TL Lbs.	Best-C	Best SC	Best BP	Best DL	TL Kqs
1	148.00	Jeff Keseker	Wv	0.9567	138.80	1.6335	HSP				236.99	0.00	0.00	107.50	0.00	107.50
1	SHW	Courtney Rader	OH	1.2366	238.20	0.7725	HSP				148.81	0.00	0.00	67.50	0.00	67.50
1	308.50	Clarence Pruitt	WV	1.3234	269.00	2.0879	M1				424.39	0.00	0.00	192.50	0.00	192.50
1	275.00	Butch Schafer	WV	1.3122	264.60	2.1319	M2				429.90	0.00	0.00	195.00	0.00	195.00
1	220.00	David Taylor	WV	1.1578	209.80	2.1291	NAT				385.81	0.00	0.00	175.00	0.00	175.00
1	181.00	Stephen Offutt	WV	1.0615	178.00	1.9612	Nov				325.18	0.00	0.00	147.50	0.00	147.50
1	242.00	Warren Shamblin	WV	1.2114	229.40	2.3575	Nov				446.43	0.00	0.00	202.50	0.00	202.50
1	220.00	Chad Hayes	OH	1.1776	216.60	1.4383	PN				264.55	0.00	0.00	120.00	0.00	120.00
1	275.00	Clint Selvaige	WV	1.2506	243.20	2.1823	PN				424.39	0.00	0.00	192.50	0.00	192.50
1	123.00	Stephen Caldwell	WV	0.9113	123.00	1.5517	Pure				209.44	0.00	0.00	95.00	0.00	95.00
1	242.50	Jim Adkins	WV	1.2366	237.60	2.4095	Pure				462.97	0.00	0.00	210.00	0.00	210.00
1	181.00	Sherry Taylor	WV	1.0615	176.00	0.7313	SM2				121.25	0.00	0.00	55.00	0.00	55.00
1	165.00	Chad Boram	WV	1.0190	161.00	1.8488	SMP				292.11	0.00	0.00	132.50	0.00	132.50
1	242.00	Warren Shamblin	WV	1.2114	229.40	2.3575	SMP				446.43	0.00	0.00	202.50	0.00	202.50
Push Pull																
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	P/P	Power	TL Lbs.	Best-C	Best SC	Best BP	Best DL	TL Kqs
1	123.00	Satin Blackwell	WV	0.9113	122.80	1.7178			Teen		231.48	0.00	0.00	35.00	70.00	105.00
1	123.00	Michael Manley	WV	0.9000	118.40	2.7651	HSP				363.76	0.00	0.00	55.00	110.00	165.00
2	165.00	Daniel Easter	Wv	0.9992	154.20	2.8571	HSP				440.92	0.00	0.00	67.50	132.50	200.00
1	165.00	Taylor Mills	WV	1.0161	160.00	2.8701			Teen		451.94	0.00	0.00	72.50	132.50	205.00
1	165.00	Derik Board	WV	1.0161	159.80	3.7849	HSP				595.24	0.00	0.00	110.00	160.00	270.00
1	165.00	Marcus Muchek	WV	1.0218	161.80	5.0817	NAT				804.68	0.00	0.00	160.00	205.00	365.00
1	220.00	Stephen Knoyer	WV	1.1351	202.20	3.8056	Jr				677.91	0.00	0.00	102.50	205.00	307.50
1	220.00	Matt Morrison	WV	1.1776	216.60	4.4048	SMP				810.19	0.00	0.00	170.00	197.50	367.50
1	242.00	Roger Nicosia	NC	1.2310	236.00	5.3472	SMP				1025.14	0.00	0.00	175.00	290.00	465.00
1	275.00	Butch Schafer	WV	1.3122	264.60	4.9745	M2				1003.09	0.00	0.00	195.00	260.00	455.00
1	308.00	Rick Knically	WV	1.4158	302.20	4.3896	M1				936.96	0.00	0.00	160.00	265.00	425.00
1	66.00	Will VanHoose	WV	0.9000	62.40	1.5899			Youth		110.23	0.00	0.00	12.50	37.50	50.00

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Power Sports																
Pl.	Wt.Cl.	Name	St.	Coef	B.W.T	TL Coef	Meet	Bench	P/P	Power	TL Lbs.	Rest-C	Rest-SC	Rest BP	Rest DL	TL Kgs
1	220.00	Jerry Forren	WV	1.1295	199.80	2.1810				B-M1	385.81	0.00	0.00	175.00	0.00	175.00
1	275.00	Kent Burgess	WV	1.3234	268.60	2.2376				B-M1	454.15	0.00	0.00	206.00	0.00	206.00
1	165.00	Richard Budrow	WV	1.0275	164.40	1.7223				B-M5	275.58	0.00	0.00	125.00	0.00	125.00
1	198.00	David Smith	WV	1.1181	196.00	0.7546				C-M1	132.28	60.00	0.00	0.00	0.00	60.00
1	275.00	Kent Burgess	WV	1.3234	268.60	0.8961				C-M1	181.88	82.50	0.00	0.00	0.00	82.50
1	165.00	Richard Budrow	WV	1.0275	164.40	0.7923				C-M5	126.76	57.50	0.00	0.00	0.00	57.50
1	242.00	Jim Barker	WV	1.2282	234.80	0.6919				C-M5	132.28	60.00	0.00	0.00	0.00	60.00
1	275.00	Kent Burgess	WV	1.3234	268.60	0.8961				C-Pure	181.88	82.50	0.00	0.00	0.00	82.50
1	66.00	Scott Cremeans	WV	0.9000	65.00	0.6105				D-Youth	44.09	0.00	0.00	0.00	20.00	20.00
1	198.00	John Belue	WV	1.0813	183.40	0.8449				D-Youth	143.30	0.00	0.00	0.00	65.00	65.00
1	198.00	David Smith	WV	1.1181	196.00	2.6410				M1	462.97	60.00	0.00	150.00	0.00	210.00
1	181.00	Tom Ballengee	WV	1.0643	176.60	3.7866				M2	628.31	50.00	0.00	90.00	145.00	285.00
1	242.00	Jim Barker	WV	1.2282	234.80	2.5947				M5	496.04	60.00	0.00	165.00	0.00	225.00
1	220.00	Ross Mitchum	WV	1.1493	206.60	4.9976				Nat	898.37	67.50	0.00	135.00	205.00	407.50
2	220.00	Terry Brown	WV	1.1465	206.20	4.7806				Pure	859.79	65.00	0.00	115.00	210.00	390.00
1	220.00	Ross Mitchum	WV	1.1493	206.60	4.9976				Pure	898.37	67.50	0.00	135.00	205.00	407.50
1	308.00	Matt Dotson	WV	1.3710	286.20	4.9636				Pure	1036.16	72.50	0.00	170.00	227.50	470.00
1	198.00	Patrick Schafer	WV	1.1238	198.20	5.0626				SMP	892.86	57.50	0.00	120.00	227.50	405.00
1	308.00	Matt Jones	WV	1.3682	285.40	4.6503				SMP	970.02	60.00	0.00	167.50	212.50	440.00