

Iowa State PL/BP/PS Championships 3-15-98

Power Sports												
Wt.Cl.	Meet	Bench	Power	Pl.	<..... Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DL	>Total<
Bench Only												
Junior BP												
187.00			bpr	1	Travis McConnaha	ia	286.60	175.00	0.00	130.00	0.00	130.00
227.00			bpr	1	Nathan Kruse	ia	242.51	224.80	0.00	110.00	0.00	110.00
Masters 5 BP												
170.80			bpm5	1	Robert Olsen	ia	275.58	160.00	0.00	125.00	0.00	125.00
Natural BP												
187.00			bpn	1	Robert Olsen	ia	374.78	187.00	0.00	170.00	0.00	170.00
227.00			bpn	1	Roman Hellens	ia	385.81	222.90	0.00	175.00	0.00	175.00
Teenage BP												
170.80			bpt	1	Cal Olsen	ia	319.67	164.70	0.00	145.00	0.00	145.00
Curls												
187.00			cm1	1	Kevin Randall	ia	176.37	186.40	80.00	0.00	0.00	80.00
187.00			cm2	1	Harry Ruhser	ia	137.79	185.90	62.50	0.00	0.00	62.50
187.00			cm5	1	David Nelson	ia	126.76	175.80	57.50	0.00	0.00	57.50
Sub Masters Curls												
154.30			esm	1	Bob Burgess	ia	88.18	153.90	40.00	0.00	0.00	40.00
205.00			esm	1	Les Cushion	ia	159.83	201.70	72.50	0.00	0.00	72.50
205.00			esm	2	Edward Mendez	ia	137.79	203.60	62.50	0.00	0.00	62.50
227.00			esm	1	John Lambert	ia	110.23	216.00	50.00	0.00	0.00	50.00
280.00			esm	1	Roger McPherson	ia	137.79	262.10	62.50	0.00	0.00	62.50

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					High School							
154.30	hs			1	Tyler Kite	ia	981.05	150.80	170.00	82.50	192.50	445.00
205.00	hs			1	Matt Birdsley	ia	1146.39	205.00	190.00	125.00	205.00	520.00
					Junior							
127.80	jr			1	Health Hansen	ia	672.40	127.80	105.00	65.00	135.00	305.00
170.80	jr			1	Eric Buetel	ia	826.73	164.60	132.50	95.00	147.50	375.00
187.00	jr			1	Mike Sutter	ia	892.86	181.20	142.50	102.50	160.00	405.00
250.20	jr			1	Mike Swieter	ia	1521.17	238.40	250.00	177.50	262.50	690.00
shw	jr			1	Adam Miller	ia	1432.99	354.00	250.00	135.00	265.00	650.00
					Masters-1							
138.80	m1			1	Randy Williams	ia	992.07	137.80	185.00	95.00	170.00	450.00
187.00	m1			1	David Nelson	ia	843.26	175.80	125.00	122.50	135.00	382.50
227.00	m1			1	Noble Cozine	ia	1499.13	226.50	260.00	177.50	242.50	680.00
					Masters-2							
170.80	m2			1	Robert Weber	ia	1168.44	168.40	182.50	105.00	242.50	530.00
187.00	m2			1	Dale Rhoades	ia	1543.22	186.50	270.00	150.00	280.00	700.00
205.00	m2			1	Jim Ites	ia	1267.65	204.30	187.50	160.00	227.50	575.00
					Masters-5 (pure)							
187.00	m5			1	David Nelson	ia	843.26	175.80	125.00	122.50	135.00	382.50
227.00	m5			1	Dennis Swieter	ia	992.07	206.10	175.00	110.00	165.00	450.00
					Natural							
154.30	n			1	Bill Maynard	ia	1047.19	154.30	157.50	125.00	192.50	475.00
154.30	n			2	Eric Alter	mn	925.93	150.40	110.00	130.00	180.00	420.00
187.00	n			1	Dan Phipps	ia	1273.16	179.00	170.00	177.50	230.00	577.50
205.00	n			1	Edward Mendez	ia	1223.55	203.60	190.00	137.50	227.50	555.00
227.00	n			1	John Lambert	ia	1218.04	216.00	185.00	142.50	225.00	552.50
250.20	n			1	Robert Weber	ia	1686.52	244.50	315.00	175.00	275.00	765.00
280.00	n			1	Roger McPherson	ia	1245.60	262.10	185.00	150.00	230.00	565.00

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Wt.Cl.	Meet	Bench	Power	Pl.	Powerlifting <..... Name	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DL	>Total<
					Pure							
138.80	p			1	Karl Schneider	ia	986.56	133.70	155.00	115.00	177.50	447.50
154.30	p			1	Tyler Kite	ia	981.05	150.80	170.00	82.50	192.50	445.00
227.00	p			1	Damon Stowell	ia	1576.29	226.50	280.00	175.00	260.00	715.00
227.00	p			2	John Lambert	ia	1218.04	216.00	185.00	142.50	225.00	552.50
250.20	p			1	Wayne Hammes	ia	1752.66	248.60	305.00	197.50	292.50	795.00
250.20	p			2	Rich Brugman	ia	1333.78	247.70	217.50	160.00	227.50	605.00
280.00	p			1	Eric Ohnemus	ia	1444.01	268.80	260.00	150.00	245.00	655.00
280.00	p			2	Roger McPherson	ia	1245.60	262.10	185.00	150.00	230.00	565.00
					Pure Novice							
127.80	pn			1	Health Hansen	ia	672.40	127.80	105.00	65.00	135.00	305.00
154.30	pn			1	Eric Alter	mn	925.93	150.40	110.00	130.00	180.00	420.00
170.80	pn			1	James Reeves	ia	314.16	165.10	-130.00	90.00	182.50	142.50
187.00	pn			1	Dan Phipps	ia	1273.16	179.00	170.00	177.50	230.00	577.50
205.00	pn			1	Jeff Madsen	ia	1317.25	200.00	227.50	165.00	205.00	597.50
205.00	pn			2	Edward Mendez	ia	1223.55	203.60	190.00	137.50	227.50	555.00
227.00	pn			1	Chris Casson	ia	1328.27	224.90	230.00	142.50	230.00	602.50
227.00	pn			2	John Lambert	ia	1218.04	216.00	185.00	142.50	225.00	552.50
250.20	pn			1	Keith Kirchner	ia	1421.97	245.20	245.00	165.00	235.00	645.00
280.00	pn			1	Eric Ohnemus	ia	1444.01	268.80	260.00	150.00	245.00	655.00
280.00	pn			2	Roger McPherson	ia	1245.60	262.10	185.00	150.00	230.00	565.00
					Sub Masters-1							
205.00	sm1			1	Edward Mendez	ia	1223.55	203.60	190.00	137.50	227.50	555.00
227.00	sm1			1	Stewart Drake	ia	1603.85	221.50	282.50	177.50	267.50	727.50
280.00	sm1			1	Roger McPherson	ia	1245.60	262.10	185.00	150.00	230.00	565.00
					Sub Masters-2							
138.80	sm2			1	Karl Schneider	ia	986.56	133.70	155.00	115.00	177.50	447.50
154.30	sm2			1	Bob Burgess	ia	865.31	153.90	115.00	120.00	157.50	392.50
227.00	sm2			1	John Lambert	ia	1218.04	216.00	185.00	142.50	225.00	552.50
250.20	sm2			1	Wayne Hammes	ia	1752.66	248.60	305.00	197.50	292.50	795.00

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<u>Women's Powerlifting</u>												
<u>Wt.Cl.</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Pl.</u>	<u><..... Name</u>	<u>St.</u>	<u>Tl. Lbs.</u>	<u>B.W.T</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>>Total<</u>
					<u>Women's Teenage</u>							
127.80	t			1	Health Hansen	ia	672.40	127.80	105.00	65.00	135.00	305.00
shw	t			1	Adam Miller	ia	1432.99	354.00	250.00	135.00	265.00	650.00
					<u>Women's High School</u>							
110.20	whs			1	Robin Weber	ia	496.04	104.10	92.50	30.00	102.50	225.00
					<u>Women's Masters-1</u>							
127.80	wm1			1	Vanessa Bauer	ia	606.27	120.50	97.50	55.00	122.50	275.00
					<u>Women's Sub Masters-1</u>							
138.80	wsm1			1	Susan Andrews	ia	595.24	133.30	92.50	67.50	110.00	270.00
					<u>Women's Teenage</u>							
110.20	wt			1	Robin Weber	ia	496.04	104.10	92.50	30.00	102.50	225.00
					<u>Bench Press Only</u>							
<u>Wt.Cl.</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Pl.</u>	<u><..... Name</u>	<u>St.</u>	<u>Tl. Lbs.</u>	<u>B.W.T</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>>Total<</u>
					<u>High School</u>							
170.80		hs		1	Kraig Kincaid	ia	242.51	167.10	0.00	110.00	0.00	110.00
					<u>Intermediate</u>							
205.00		int		1	Joe Thompson	ia	479.50	199.50	0.00	217.50	0.00	217.50
					<u>Junior</u>							
187.00		jr		1	John Enslin	ia	292.11	184.80	0.00	132.50	0.00	132.50
					<u>Masters-1</u>							
187.00		m1		x	Bruce Wilson	ia	0.00	185.00	0.00	-170.00	0.00	-170.00
227.00		m1		1	Noble Cozine	ia	391.32	226.50	0.00	177.50	0.00	177.50
250.20		m1		1	Tim McAtee	ia	363.76	249.80	0.00	165.00	0.00	165.00
					<u>Masters-2</u>							
187.00		m2		1	Harry Ruhser	ia	314.16	185.90	0.00	142.50	0.00	142.50

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					Natural							
187.00		nat		1	Health Hagberg	ia	385.81	187.00	0.00	175.00	0.00	175.00
					Pure							
170.80		p		1	Dave Warren	ia	363.76	170.80	0.00	165.00	0.00	165.00
187.00		p		1	Dan Phipps	ia	391.32	179.00	0.00	177.50	0.00	177.50
205.00		p		1	Joe Thompson	ia	479.50	199.50	0.00	217.50	0.00	217.50
227.00		p		1	Damon Stowell	ia	385.81	226.50	0.00	175.00	0.00	175.00
					Pure Novice							
170.80		pn		1	Flint Wilson	ia	275.58	167.60	0.00	125.00	0.00	125.00
187.00		pn		1	Dan Phipps	ia	391.32	179.00	0.00	177.50	0.00	177.50
187.00		pn		2	Health Hagberg	ia	385.81	187.00	0.00	175.00	0.00	175.00
187.00		pn		x	Chris Eubanks	ia	0.00	179.00	0.00	-155.00	0.00	-155.00
205.00		pn		1	Jeff Madsen	ia	363.76	200.00	0.00	165.00	0.00	165.00
205.00		pn		2	Bill Denning	ia	336.20	196.20	0.00	152.50	0.00	152.50
					Sub Masters-2							
187.00		sm2		1	Joe Heather	ia	259.04	184.80	0.00	117.50	0.00	117.50
205.00		sm2		1	Les Cushion	ia	341.71	201.70	0.00	155.00	0.00	155.00
227.00		sm2		1	Steve Duff	ia	446.43	218.50	0.00	202.50	0.00	202.50
227.00		sm2		2	Kurt Bender	ia	385.81	214.30	0.00	175.00	0.00	175.00
250.20		sm2		1	Ron Sampson	ia	429.90	232.00	0.00	195.00	0.00	195.00
shw		sm2		1	Jerald Brantley	ia	440.92	372.10	0.00	200.00	0.00	200.00
					Teenage							
187.00		teen		1	Wayne Conley	ia	286.60	186.00	0.00	130.00	0.00	130.00
205.00		teen		1	Dan See	ia	352.74	199.00	0.00	160.00	0.00	160.00
					Bench Press Only							
Wt.Cl.	Meet	Bench	Power	Pl.	<..... Name>	St.	Tl. Lbs.	B.W.T	Best SQ	Best BP	Best DL	>Total<
					Women's BP Only							
					High School							
119.00		whs		1	Amanda Patterson	ia	104.72	114.50	0.00	47.50	0.00	47.50
					Junior							
119.00		wjr		1	Amanda Patterson	ia	104.72	114.50	0.00	47.50	0.00	47.50