

Jr. Nat. Nationals Powerlifting Championships 8-2/3-97

Power Sports

<u>Wt.Cl.</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Pl.</u>	<u>Name</u>	<u>St.</u>	<u>B.W.T</u>	<u>Best Curl</u>	<u>Best BP</u>	<u>Best DL</u>	<u>Total</u>	<u>Age</u>	<u>Coeff.</u>	<u>Age Co</u>	<u>O.L. TI.</u>
170.80			bpir	x	James Delp	nc	163.00	0.00	-102.50	0.00	0.00	22	0.6720	1.0000	0.0000
170.80			bpm1	1	Archie Scales	nc	160.30	0.00	162.50	0.00	162.50	32	0.6820	1.0000	110.8250
187.00			bpm5	1	Joe Caldwell	nc	180.40	0.00	132.50	0.00	132.50	43	0.6238	1.0180	84.1413
shw			bpp	1	Keith Pane	nc	371.10	0.00	162.50	0.00	162.50	37	0.4635	1.0000	75.3188
227.00			bpsm	1	Rodney Galloway	nc	211.70	0.00	147.50	0.00	147.50	34	0.5643	1.0000	83.2343
shw			bpsm2	1	Keith Pane	nc	371.10	0.00	162.00	0.00	162.00	37	0.4635	1.0000	75.0870
170.80			cjr	1	James Delp	nc	163.00	47.50	0.00	0.00	47.50	22	0.6720	1.0000	31.9200
187.00			cjr	1	Matthew Edmonson	nc	182.20	45.00	0.00	0.00	45.00	18	0.6190	1.0000	27.8550
187.00			cm5	1	Joe Caldwell	nc	180.40	52.50	0.00	0.00	52.50	43	0.6238	1.0180	33.3390
187.00			csm	1	Brian Yarborough	nc	185.60	60.00	0.00	0.00	60.00	38	0.6099	1.0000	36.5940
250.20			m1	1	Larry Bizzell	nc	247.70	82.50	165.00	227.50	475.00	45	0.5337	1.0480	265.6759
250.20			m5	1	Larry Bizzell	nc	247.70	82.50	165.00	227.50	475.00	45	0.5337	1.0480	265.6759
250.20			pn	x	Rick McCasin	nc	247.80	65.00	-165.00	210.00	110.00	36	0.5337	1.0000	58.7070
170.80			sm	1	David Hedgecock	nc	163.90	60.00	102.50	195.00	357.50	?	0.6688	1.0000	239.0960
187.00			sm	1	Brian Yarborough	nc	185.60	60.00	135.00	177.50	372.50	38	0.6099	1.0000	227.1878
205.00			sm1	1	Greg Permell	sc	204.20	72.50	182.50	245.00	500.00	30	0.5760	1.0000	288.0000

Powerlifting

<u>Wt.Cl.</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Pl.</u>	<u>Name</u>	<u>St.</u>	<u>B.W.T</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>Total</u>	<u>Age</u>	<u>Coeff.</u>	<u>Age Co</u>	<u>O.L. TI.</u>
250.00	hs			1	Adam Singleton	nc	240.50	172.50	87.50	220.00	480.00	17	0.5379	1.0000	258.1920
280.00	int			1	Jeremy Haller	nc	274.20	285.00	190.00	320.00	795.00	24	0.5220	1.0000	414.9900
154.30	jr			1	Brian Chisholm	nc	148.70	217.50	127.50	205.00	550.00	20	0.7250	1.0000	398.7500
250.00	jr			x	Spencer McKnight	mo	279.90	x	0.00	0.00	0.00	23	0.5186	1.0000	0.0000
187.00	m1			1	Micheal Brady	nc	181.40	185.00	142.50	222.50	550.00	47	0.6214	1.0920	373.2128
227.00	m1			1	William Thacker	va	220.60	217.50	145.00	205.00	567.50	49	0.5535	1.1440	359.3433
227.00	m2			1	Jim McCann	nc	224.20	195.00	150.00	215.00	560.00	54	0.5504	1.3300	409.9379
280.00	m2			1	William Morris	va	253.00	250.00	192.50	247.50	690.00	53	0.5316	1.2810	469.8759
280.00	n			1	Terry Tsouroutis	va	277.40	280.00	215.00	257.50	752.50	28	0.5186	1.0000	390.2465
205.00	p			1	Bill Schmidt	nc	205.00	272.50	150.00	285.00	707.50	37	0.5843	1.0000	413.3923
205.00	p			2	Richard Palgonia	nc	198.80	230.00	172.50	260.00	662.50	29	0.5843	1.0000	387.0988
250.00	p			x	Spencer McKnight	mo	279.90	-280.00	0.00	0.00	0.00	23	0.5186	1.0000	0.0000
315.00	p			1	Ronnie Armstead	va	298.90	310.00	240.00	280.00	830.00	31	0.5083	1.0000	421.8890
315.00	pn			1	Ronnie Armstead	va	298.90	310.00	240.00	280.00	830.00	31	0.5083	1.0000	421.8890
170.80	sm1			1	Mike Puckett	nc	161.60	200.00	102.50	227.50	530.00	31	0.6753	1.0000	357.9090
205.00	sm2			1	Charles Nichols	va	203.20	220.00	155.00	260.00	635.00	37	0.5776	1.0000	366.7760
227.00	sm2			1	Mark Mckinneey	nc	224.00	272.50	155.00	272.50	700.00	38	0.5504	1.0000	385.2800
154.30	teen			1	Micheal Fletcher	nc	150.10	120.00	82.50	122.50	325.00	18	0.7207	1.0000	234.2275

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Bench Press Only

<u>Wt.Cl.</u>	<u>Meet</u>	<u>Bench</u>	<u>Power</u>	<u>Pl.</u>	<u>Name</u>	<u>St.</u>	<u>B.W.T</u>	<u>Best SQ</u>	<u>Best BP</u>	<u>Best DL</u>	<u>Total</u>	<u>Age</u>	<u>Coeff.</u>	<u>Age Co</u>	<u>O.L. Tl.</u>
127.80		teen		1	Tim Young	nc	127.00	0.00	50.00	0.00	50.00	15	0.8483	1.0000	42.4150
138.80		Jr		1	Trevor Owens	nc	138.50	0.00	95.00	0.00	95.00	18	0.7790	1.0000	74.0050
154.30		sm1		1	Minh Chu	nc	144.90	0.00	145.00	0.00	145.00	33	0.7432	1.0000	107.7640
170.80		m3		1	Larry Dacey	fl	165.30	0.00	97.50	0.00	97.50	61	0.6656	1.7000	110.3232
170.80		m5		1	Larry Dacey	fl	165.30	0.00	97.50	0.00	97.50	61	0.6656	1.7000	110.3232
187.00		sm1		1	George Martin	va	182.50	0.00	165.00	0.00	165.00	34	0.6190	1.0000	102.1350
187.00		m1		1	Billy Ray Barbour	nc	177.30	0.00	162.50	0.00	162.50	45	0.6313	1.0480	107.5104
187.00		m2		1	Clay Kimrey	nc	182.50	0.00	162.50	0.00	162.50	53	0.6190	1.2810	128.8526
187.00		m5		1	Clay Kimrey	nc	182.50	0.00	162.50	0.00	162.50	53	0.6190	1.2100	121.7109
205.00		nat		1	John Shifflet	va	198.60	0.00	157.50	0.00	157.50	35	0.5843	1.0000	92.0273
205.00		bpsm		1	Charles Nichols	va	203.20	0.00	155.00	0.00	155.00	37	0.5776	1.0000	89.5280
205.00		sm2		1	John Shifflet	va	198.60	0.00	157.50	0.00	157.50	35	0.5843	1.0000	92.0273
227.00		bppn		1	Charles Nunnaly	va	216.80	0.00	172.50	0.00	172.50	33	0.5580	1.0000	96.2550
227.00		bpsm		1	Charles Nunnaly	va	216.80	0.00	172.50	0.00	172.50	33	0.5580	1.0000	96.2550
227.00		sm1		1	Rodney Galloway	nc	211.70	0.00	157.50	0.00	157.50	34	0.5643	1.0000	88.8773
227.00		bpjr		1	Jeffrey Jackson	nc	215.60	0.00	155.00	0.00	155.00	22	0.5604	1.0000	86.8620
227.00		bpp		1	Jeffrey Jackson	nc	215.60	0.00	155.00	0.00	155.00	22	0.5604	1.0000	86.8620
227.00		m2		1	Jim McCann	nc	224.20	0.00	150.00	0.00	150.00	54	0.5504	1.3300	109.8048
227.00		m1		1	William Thacker	va	220.60	0.00	145.00	0.00	145.00	49	0.5476	1.1440	90.8359
250.00		jr		1	Spencer McKnight	mo	279.90	0.00	192.50	0.00	192.50	23	0.5186	1.0000	99.8305
250.20		bppn		1	Shawn Semones	va	248.20	0.00	172.50	0.00	172.50	33	0.5337	1.0000	92.0633
250.20		bpint		x	Raymond Dowe	va	247.20	0.00	-170.00	0.00	0.00	28	0.5342	1.0000	0.0000
280.00		bpsm		1	Theodore Walker	nc	272.70	0.00	210.00	0.00	210.00	35	0.5227	1.0000	109.7670
280.00		bppn		1	Bo Perdue	va	259.70	0.00	197.50	0.00	197.50	32	0.5289	1.0000	104.4578
280.00		bpsm		2	Bo Perdue	va	259.70	0.00	197.50	0.00	197.50	32	0.5289	1.0000	104.4578
shw		bpjr		1	John Gregory	pa	299.30	0.00	150.00	0.00	150.00	23	0.5083	1.0000	76.2450